



WILLOUGHBY GIRLS HIGH SCHOOL

A Leader in Girls Education

NEWSLETTER

Phone : 9958 4141

<https://willoughbg-h.schools.nsw.gov.au/>

<https://facebook.com/WilloughbyGirlsHighSchool>

12 AUGUST 2022

PRINCIPAL'S REPORT

Mrs Adrienne Scalse, Principal

YEAR 12 MAJOR PROJECTS

It is the time of the year when our Year 12 students Major Projects for the HSC are completed and submitted or performed for HSC marking. Our HSC Textiles and Design students' Major Projects to be submitted for marking by NESA are stunning. They demonstrate the enormous talent and commitment of both our teachers and students in producing such beautiful pieces. Also, our HSC Drama students' HSC works are outstanding, while our Languages students are preparing for their Orals. Again, the standard of the work supervised by the skilful expertise of our teachers is exemplary. Our Music students are producing excellent performances. The Visual Arts HSC Body of Works display some amazing pieces that demonstrate the creativity and talent that our students possess. The HSC Design & Technology Major Projects are being prepared in readiness for HSC Marking. The quality of the work, the creativity combined with meticulous skills and comprehensive portfolios, are outstanding. In all this work, the expertise and guidance of our teachers have been instrumental.



Year 8 & 9 Ski Trip

2022-2023 PREFECT APPLICATIONS

We are currently in the process of electing our new Prefect body for 2022-2023. I would like to congratulate all students who completed an application and the students who then moved to the next stage and created a 1 minute video on leadership. Voting by students and staff is currently underway and I look forward to sharing with our community in the coming weeks those students who have been elected to the prefect body

YEAR 8 & 9 SKI TRIP

Last week we saw 130 students across Years 8 and 9 head off to the snow for a 3 day ski trip. Students and staff were challenged by the weather on Thursday and alternative arrangements needed to be made, however, Friday was a great day and students were able to hit the slopes. The Ski Trip was a fun and memorable occasion for all students in which they challenged themselves against the physical and psychological elements to ski.

I would like to give my sincere thanks to all staff who attended the camp and ensured its success - Ms Best, Ms Budd, Ms Blomfield, Ms Chevell, Ms Tilson, Ms Lemaic, Mr Smith, Mr Reid, Ms Harris, Ms Moloney, Ms Cornell, Mr Briggs and Mr Glazebrook. I also pass on my thanks to all students and parents for your support in working with us around COVID guidelines.

Continued next page



WGHS P&C



Facebook.com/wghspandc
secretary@wghspandc.org.au



Next P&C Meeting will be held:
Tuesday 23 August 2022 - 7pm, Meeting Room, Block A (Main Building)

- ✓ Please follow our Facebook page to stay informed of interesting things happening in the parent community. You don't have to be a Facebook member to access the page
- ✓ All parents are welcome at P&C meetings, held twice per term at 7.00pm in the Meeting Room, Block A (Access via front door) or online
- ✓ Any queries or matters to be raised can be raised via the Secretary at the above email address at any time.

PRINCIPAL'S REPORT

Continued from page 1

Y11 DRAMA PERFORMANCE – LORD OF THE FLIES

Congratulations to Ms Henzell, Mr Leung and our Year 11 Drama students on their outstanding performance of Lord of the Flies on 30 July and thank you Willoughby Public School for allowing us to use their hall for the performance.

YEAR 11 MUSIC RECITAL

I am looking forward to attending the Year 11 Music Recital next Tuesday. One of the many privileges of being Principal is enjoying evenings like this in which students can showcase their talents to an audience.

NEXT P&C MEETING

The next P&C Meeting will be on 23 August at 7pm in the Meeting Room, Block A. P&C meetings are an opportunity for parents to get involved in the school and collaborate with teachers and other parents to create the best outcomes for our students. New parents or parents have not come before are welcomed. I would love to see you there.

Mrs Adrienne Scalse
Principal



2022 CALENDAR*

Tuesday 16 August
Y8 Science Incursion
Y11 Music Recital 7pm

Thursday 18 August
Y7 Wellbeing Day

Friday 19 August
Y12 Festival of Friday Fun 3.30pm-9pm

Monday 22 August
Y10 History Incursion

Tuesday 23 August
P&C Meeting 7pm
Y11 Stress Management workshop P3-4

24-26 August
Y12 Visual Arts Exhibition

Thursday 25 August
Y10 Vaccinations

Friday 26 August
Y10 Commerce Excursion

Tuesday 30 August
Y8 Geography Excursion
Y12 Music Recital

Wednesday 31 August
Y11 Study Day
Y8 Well Being Day

1-12-September
Y11 Yearly Exams

7-9 September
CHS Athletics

19 September
Y10 Drama Evening

20 September
Y11 Leaders induction
P&C meeting 7pm

20 September
Y12 Review Rehearsal

22 September
Y12 Review & Luncheon

23 September
Last Day Term 3
Y12 Graduation

TERM 4, 2022: 10 October - 20 December

**Subject to changes due to Covid restrictions*

2023 TERM DATES

Here are next year's term dates for your planning purposes. (Please organise travel outside of school terms):

TERM	First Day	Last Day
Term 1	Tuesday 31 January (Y7, Y11, Y12 & new girls) or Wednesday, 1 February (Y8, Y9 & Y10)	Thursday, 6 April
Term 2	Wednesday 26 April Monday 12 June (<i>Queens Birthday Public Holiday</i>)	Friday, 30 June
Term 3	Tuesday 18 July	Friday, 22 September
Term 4	Monday 9 October	Monday, 18 December

SCHOOL TOURS

If you or a friend have a daughter who is hoping to start at Willoughby next year, and would like **to organise a small group tour**, if you have any questions about enrolment, please contact us on **02 9958 4141** or email willoughbg-h.school@det.nsw.edu.au

We also have a virtual tour online where you can meet and hear from teachers and students and find out about opportunities for your daughter, subjects, extra-curricular activities and more. [Click here.](#)



HOW TO FOLLOW OUR NEW WGHS FACEBOOK PAGE

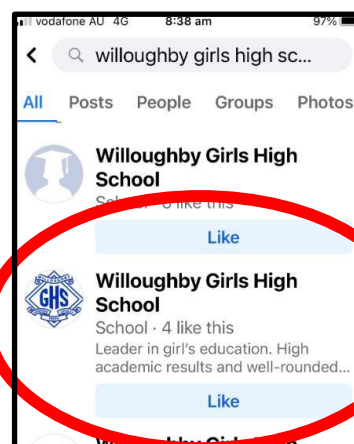
It is very exciting that we are on Facebook! To ensure you never miss a post, please follow us today.

To follow us you can either:

Click <https://www.facebook.com/WilloughbyGirlsHighSchool> and then "like" and "follow" the page.

or

In Facebook, search for "Willoughby Girls High School". **Please ensure you find the official page** (the one with the blue WGHS logo next to it (circled in this picture))



FROM THE DEPUTY

Ms Janet Atchison, Deputy Principal – Years 10 ,11, 12



YEAR 10 SUBJECT SELECTION

A Subject selection link was emailed to all students in Week 3 and they must complete the online subject selection process by Week 5, Friday 19 August with a signed PDF of the form returned to Ms Atchison's office by Friday 26 August 2022.

YEAR 11 FINAL EXAMINATIONS

Our Year 11 students will sit their Yearly examinations from Thursday 1 September to Monday 12 September 2022. All exams will be at school. For exams where lots of students are involved, such as English and Mathematics, students should arrive half an hour before the start time of the exam so students can be seated on time. For smaller exams, students should arrive 20 minutes before the start time. Students who are Covid positive, or showing any flu-like symptoms, should not attend, and should follow assessment protocols for Illness and Misadventure. Students should wear full school uniform. Best of luck to all our Year 11 Students

YEAR 11 DISCONTINUATION OF SUBJECTS

Time is of essence for doing well in the HSC, so it is worthwhile students thinking about if they would like to discontinue any subjects. This important decision preferably needs to be made by the **end of Term 3** with discontinuation starting from Term 4. To discontinue a subject, parents must email the school attention Janet Atchison. If students need guidance with this decision, they should talk to the relevant teachers or me.

YEAR 11 EXTENSION SUBJECTS

WGHS offers students the opportunity to study HSC extension units in English (Extension 2), Mathematics (Extension 2), History, Science, Music, French and Japanese. Interested students should discuss their interest with Head Teachers, who will assist them to sign up if it is appropriate by **Friday 16 September** (Week 9). Extension subjects will start in Term 4.

YEAR 12 TRIALS UNDERWAY

Our Year 12 students will finish their Trial Examinations on Monday 15 August. They should return to school on Tuesday 16 August for their final chapter of their high school journey.

Here are some photographs of our students during the exam period.



SYDNEY MORNING HERALD STUDY GUIDE

This year's HSC Study Guide is jam packed full of useful information to help HSC students prepare for their exams including:

- Strategies to manage and reduce exam stress
- Top scoring exam answers in 2021
- Study and exam advice from past HSC students

FROM THE DEPUTY PRINCIPAL

Mrs Tania Prowle, Relieving Deputy Principal – Years 7, 8, 9



YEAR 7 LANGUAGE CHOICES FOR YEAR 8 2023

In Year 8, students study a language in addition to their core subjects of English, Mathematics, Science, Geography, Personal Development/ Health/Physical Education, Design and Technology, Visual Arts, Music and Sport. Students must choose ONE language subject: Japanese or French.

A subject selection link will be emailed to students in Week 5, Tuesday 16 August 2022. The on-line selection process must be completed by Week 7, Monday 29 August 2022 with a signed form returned to Mrs Prowle's office by Monday 5 September 2022. We will have a year meeting with Year 7 next week to outline the process and members of the Language faculty with talk to the students about the language options.

The flyer pictured was emailed to parents and students during the week. Please discuss the options with your daughter, then carefully select the subject she would like to study. If you have any questions or concerns, please email the school.

YEAR 8 INTO YEAR 9 2023 SUBJECT SELECTION

A subject selection link was emailed to all students in Week 3 and they must complete the online subject selection process by Week 5, Friday 19 August with a signed PDF of the form returned to Mrs Prowle's office by Friday 26 August 2022. Students are asked to select six subjects and order them from 1-6 according to preference.

YEAR 8 & 9 SKI TRIP

The recent ski trip was another successful Willoughby event. The students and staff had an enjoyable time away. Despite the alpine winds closing the snow fields (once in 45 years), they managed to make the most of spending time together and having fun. Thank you to all those involved in making this trip happen for the students.

Please see later in this newsletter for an overview from a student and photos.

YEAR 8 FRENCH AND JAPANESE

Through learning languages, students engage in purposeful communication and reflect on the heritage, culture and identity of themselves and others. The study of one or more additional languages strengthens literacy skills in a student's first language, and supports participation in the global community.

What do students learn?

Students interact with others in French or Japanese to exchange information and ideas on topics of interest, and engage in collaborative tasks and activities that involve making plans and arrangements.

They identify main ideas and specific information in a range of written, spoken and digital texts, and respond in French, Japanese or English to information and ideas, in a range of formats for specific contexts.

They compose informative and imaginative texts for different purposes and audiences, using known linguistic structures with the support of stimulus materials and modelled language, and create bilingual texts and learning resources for the classroom.

Why learn French

French is the living and working language of over 300 million people in the world. There are 49 countries which use French as their official language. Learning French improves your capacity to think and problem solve. It is a great language if you wish to travel and you like learning about French culture.

Why learn Japanese

Japanese is the official language of Japan, one of Australia's northern neighbours in the Asia region. Students engage with elements of modern Japan, including popular culture such as anime, manga, pop music and fashion, as well as with the rich cultural tradition of this part of Asia.

What topics do we learn?

- Family
- Friends
- Hobbies
- Food
- Animals
- School life
- Celebrations

Willoughby Girls' High School

Academic Excellence Student Centred Learning Empowering Young Women Good Citizenship & Values Learning Community

STUDENT REPRESENTATIVE COUNCIL (SRC) ELECTIONS

Ms Kirsty Stringer, Technical & Applied Studies Teacher

Do you care about WGHS? Do you feel connected to your year group's wants and needs? Would you like to represent the student body and be a voice at WGHS? You should run for the SRC!

The SRC is a group of students from Year 8 to Year 12 who advocate for WGHS students, run initiatives like Harmony Day, Friendship Day, the Christmas Hamper Drive amongst many other events. If you would like to work with a group of like-minded students, we would love your expression of interest!

You will need to create a short 30-45 second video introducing yourself and responding to the following questions:

- Why do you want to be part of the SRC body at WGHS?
- How do you imagine your tenure with the SRC will benefit the school community?



Harmony Week 2022

HOW TO APPLY:

1. Join the SRC 2022/23 Google Classroom – qeyj2td and complete the expression of interest form by [Monday Week 5](#).
2. Upload your video to the Google classroom by [Friday Week 6](#).

Voting will commence during Friday Homeroom in Week 7.

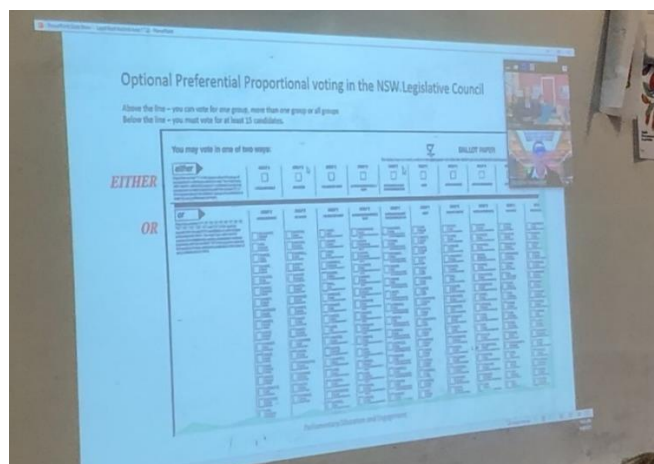
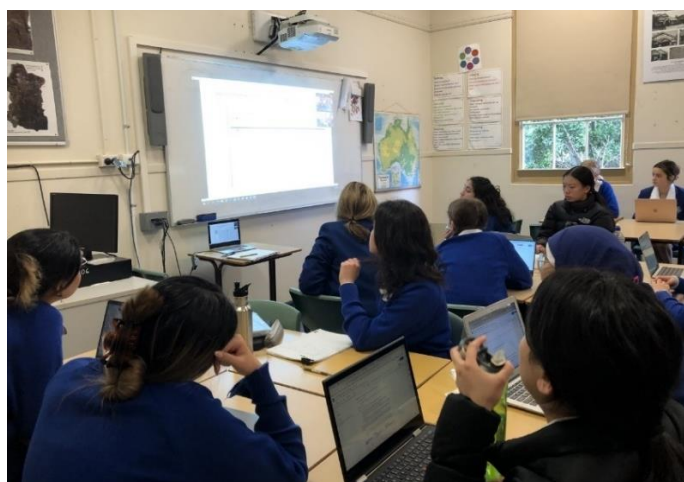
If you have any questions, please see Ms Stringer in the TAS staff room or Mr Leung in the Social Sciences Staff room.

YEAR 11 STUDENTS REVIEWED THE GOVERNMENT'S ROLE

Ms Jo Imer, Social Sciences Teacher

On Tuesday 9th August, Year 11 Legal Studies had a Zoom conference with Megan Perry from NSW Parliament Education Office (PEO) to review parliament and government's role in law making, and as an introduction to revise the Preliminary course before final examinations.

Megan spoke about the make-up of the NSW government and its role in the division of powers, separation of powers, introducing bills to parliament and making or changing laws. Students also learnt a little bit about the history of democracy in NSW and how to vote. There are many fantastic resources created by PEO to help students revise and quiz their knowledge of these topics, that we will continue to use.

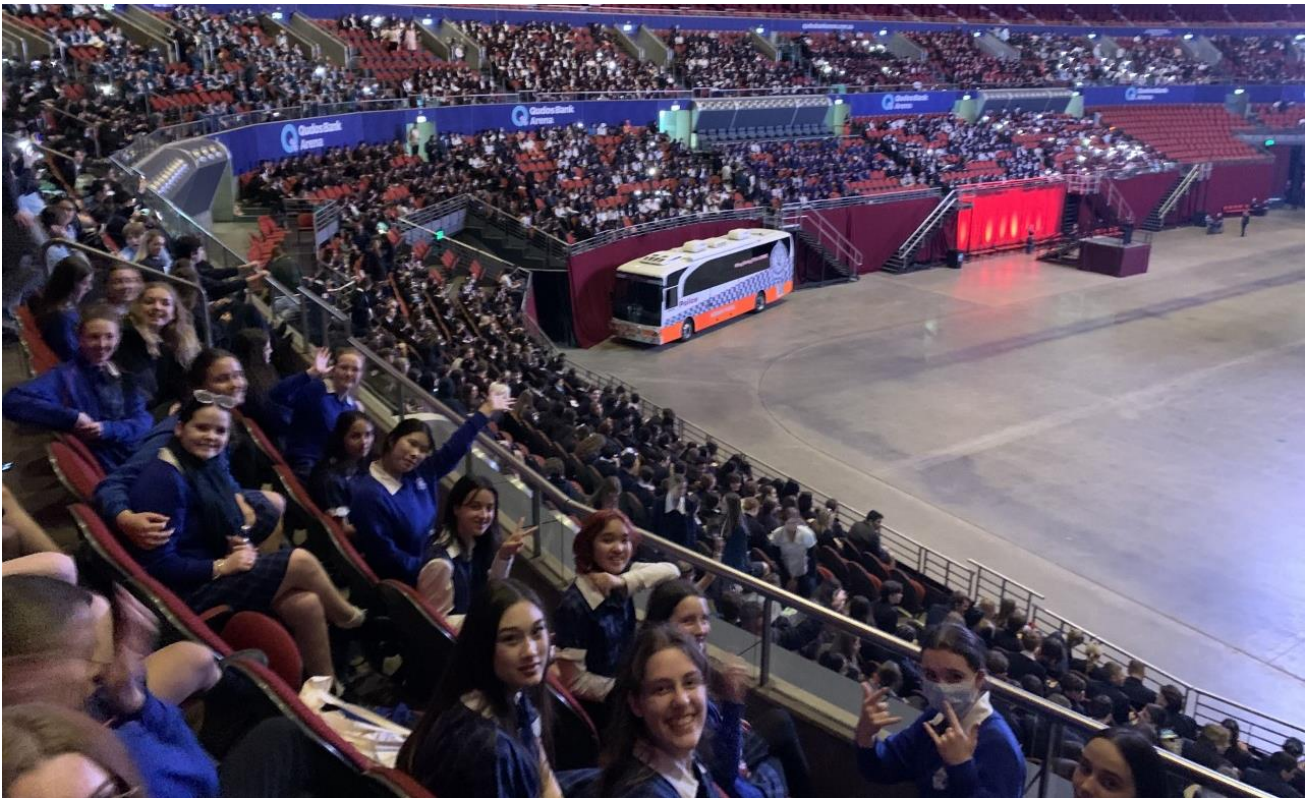


YEAR 10 BE STREET SMART EXCURSION

Madison K, Year 10

The 2022 Be Street Smart excursion last week was a great experience for our cohort. At the Qudos Bank Arena, we not only experienced an astonishingly realistic car crash re-enactment, but had the opportunity to hear from car crash victims, practice CPR, and of course, buy some great food!

Getting to hear from the speakers was extremely impactful and informative, and having the opportunity to learn skills first-hand made the day implausibly exciting and memorable. We were able to learn about the dangers of drink driving, and how to improve our road safety in an engaging way. I learned so much from this excursion, and am sure that future years will enjoy it just as much.

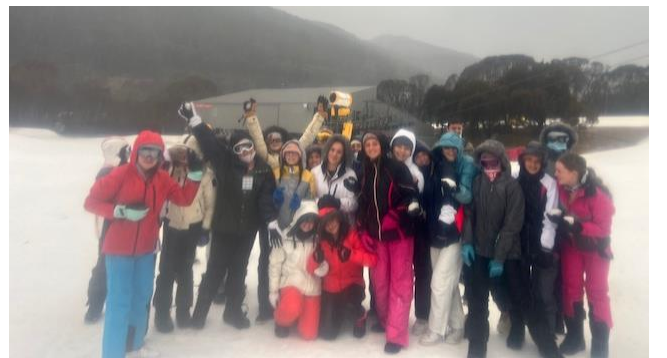


YEAR 8 & 9 SKI TRIP

Juliet D, Year 9

WGHS Students just had our first ski trip in three years and it was well worth the wait! There was some bad luck with the weather and we couldn't ski on Thursday but we made up for it by playing in the snow, doing yoga inside in the warm, going snowshoeing (which is way harder than it sounds) AND watching a movie. We did get a lot of skiing and snowboarding in on the third and final day.

One of the funniest moments of the trip was watching Claire's snowboard fall off her foot while we were on the ski lift. She had to walk all the way back down to get it! We also had a lot of fun in the cabins, staying up late, braiding people's hair and making loom bands for each other and some of the teachers. By dinner time on Friday, we were all ready for a good sleep on the bus home. However, this didn't go exactly to plan as we had a sing-a-long on the bus ride home. It was a great experience that I would thoroughly recommend for future year eights!



continued next page

YEAR 8 & 9 SKI TRIP *continued from previous page*



YEAR 7 GALA DAY - Netball

Mrs Jenni Carruthers, PDHPE Teacher

Year 7 Gala Day was held on Tuesday 9th August at John Fisher Park Netball Courts in Curl Curl. The day started a bit gloomy with a heavy shower of rain and the cancellation of the first round robin game. Although it was very cold and windy, the sun came out for the remainder of the carnival.

Willoughby Girls High School entered six Year 7 teams in to the competition against schools in the North Shore Zone – Mackellar, Forest, Davidson, Killarney, Cammeraygal and Mosman. Two Year 10 PASS students were allocated to each Year 7 team and they were required to supervise, mentor and coach the younger students. The girls participated with enthusiasm, showed great sportsmanship and team work and thoroughly enjoyed the experience.



Year 10 PASS students helped coach our Year 7 students on the day

YEAR 7 SOCCER & FRISBEE GALA DAY

Mr Andrew Reid, PDHPE Teacher

Our energetic and competitive Year 7 students enjoyed an eventful day playing 7-a-side soccer and ultimate frisbee on a soggy ground on Tuesday 9th August. They played in a round robin format against multiple schools in our zone. Teachers witnessed some amazing shots at goal, saves, sliding and tackling, catches and diving and were proud to see a great level of team spirit and sportsmanship.

Well done to all students involved in such a fun day!



YEAR 11 MUSIC RECITAL NIGHT – ALL WELCOME

Mrs Caroline Jarvis, Music Teacher

Students in Year 11 Music 1 and 2 classes are performing at a Recital evening on Tuesday, 16 August in the Hall. The night will start at 7pm and will conclude at around 8.30pm. Students would love family and friends to be in the audience.



Sylvia L practising for the Recital today

YEAR 10 DRAMA

Mr Daniel Yeung, English & Drama Teacher

Year 10 Drama students participated in a workshop on devising and Brechtian techniques in preparation for their upcoming topic on Play-building and Political theatre. The students explored a number of techniques for making dramatic meaning, including the importance of sound and movement and employing Frantic Assembly's Chair Duet's technique. The class worked with Julia from Little Eggs Collective.



YEAR 9 GEOGRAPHY EXCURSION TO PALM BEACH

Ms Amanda Eggleton, Social Sciences Teacher

On a windy, but sunny Friday, Year 9 made their way to Palm Beach in order to deepen our investigation of coastal landforms and management as part of our Year 9 Geography course.

We were lucky to be assisted by experts on coastal management from Gibberagong Environmental Education Centre who guided the students through activities on identifying coastal landforms, mapping skills, dune management, indigenous connections, and a survey of micro and macro plastics on the beach.

In addition, all students took on the challenge of the steep walk up to Barrenjoey Lighthouse and were rewarded with spectacular views from the top. An extremely busy and worthwhile day with some sore legs at the end!



YEAR 8 FRENCH

Ms Naoko Konishi, French Teacher

Year 8 French created a personalised birthday card to each other in French by using Canva online software. They have learnt how to say the days of the week, dates and months, so they can say their birthday in French. Bon anniversaire!



YEAR 8 DEBATING

Ms Constanza Hanich, English Teacher

On Tuesday Week 3, our Year 8 team debated St Ives High School in the first round of the 7 and 8 Premier's Debating Challenge.

The topic was 'That we should ban single sex school'. Rather appropriately, Willoughby argued the negative case, based on the issue of choice as part of a democracy. There were some powerful, and indeed, sophisticated arguments made, but in the end, St Ives were victorious, with their argument about inclusivity.

It was a challenging debate, and for the first time in at least two years, it was held live and in front of a Year 8 audience.

Congratulations to our young debaters for their efforts in what was a very good and very friendly debate. The debaters were Millie, Nikkola, Scarlett and Rinnah. Malak and Hannah assisted in the roles of chair and timekeeper. Thank you to Mr Glazebrook for training Year 8 in the art and skill of debating.



YEAR 10 DEBATING

Ms Constanza Hanich, English Teacher

On Friday, 29th of July, our Year 10 debaters participated in Round One of the Premier's Debating Challenge, against Killara High School.

The topic was 'That all schools should have a separate stream for academically gifted students'. The debate was held via zoom, with the Killara team appearing on our large screens, creating a good debating atmosphere.

WGHS won the debate, arguing the negative case.

Congratulations to our team of Emma L. Kimberley S., Isla D and Snehal. B. Our team was supported by Pari, Annie, Rachel and May in the audience.



YEAR 12 MUSIC PERFORMANCE EXAMS

Mrs Caroline Jarvis, Music Teacher

Year 12 students started their HSC Trial exams this week which will run until Monday 15th August. 12 Music 1 completed their performance exams on Thursday 4 August. Wishing them all the best!



YEAR 9 WELCOME MORNING TEA FOR NEW STUDENTS

Mr Daniel Yeung, Year 9 Year Advisor

On Monday 1 August, new Year 9 students to WGHS from Terms 1-3 attended a Welcome Morning tea to continue getting to know them and each other and to keep building relationships.

We also wanted to thank their buddies for assisting them in the transition to Willoughby. Ms Stankovski, our new Head Teacher, Wellbeing came along to welcome our new students and to introduce herself.



FRENCH CLUB PLAYED SHOPS!

Ms Nyssa Bunyan, French Teacher

Students in our French Club had lots of fun yesterday practising buying food in French. They had to know the name for each item, how to ask for it, and how to talk about paying for it.

French Club is open to all students, regardless of they study French or not. Just come to Room 8 on Thursday lunch times. We look forward to seeing you!



TIPS FOR PARENTS ABOUT MANAGING EXPECTATIONS

Ms Rana Morris, Careers Advisor

For the benefit of our students and parents, WGHS subscribes to Enhanced Learning Educational Services (ELES). This article is relevant many families.

Please see the Library if you would like our school login details for more ELES articles.

studyskillshandbook.com.au

MANAGING EXPECTATIONS



**Enhanced Learning
Educational Services**
"the study skills specialist"

Top 10 Tips for parents to manage and communicate expectations about schoolwork and results

If parental expectations are too low, students may not strive to achieve their personal best. If parental expectations are too high, this can contribute to high levels of student stress. So how can parents find the right balance? Some areas to consider are:

- 1. Understand your own motivations:** Why do you want your child to achieve particular marks in their studies? Is it because you have pressure from family/friends/society about what your child will achieve? Do you want them to follow in your career footsteps? Do you want them to have opportunities you never had as a child or young person? Understanding your own motivations will help you find balance in your expectations of your children.
- 2. Help your children to set realistic goals:** Keep talking to your children about what they want to achieve, in individual subjects, at school overall and in other aspects of their life. Their career goals may mean they want to focus intensively on something like art or music, rather than maths or science. Helping them to identify their goals will enable them to determine what subjects they need to focus on and what marks they are likely to need, which means that effort can be concentrated on the areas which will help them to achieve their goals.
- 3. Be involved in your children's learning:** Throughout the term talk to your children about what they are studying. Ask them to show you their bookwork and homework. The more you understand about what they are doing and how they are going along the way, the better you will be able to set and manage your expectations.
- 4. Make sure you really communicate what you expect:** Many students feel like they are not meeting their parents' expectations. Often this is a result of poor communication about expectations by both parties. Reflect on your motivations (see 1 above) and think about how you communicate your expectations to your children. Remember to praise them for the effort they make rather than the results they achieve, this way they are motivated to keep on trying, even when learning is difficult.
- 5. Develop an understanding of the school's assessment and reporting structures:** Assessment and reporting systems change over time and are different in different schools, states and countries. Making sure you really understand what your children's reports mean may help you to understand what they are actually achieving. Sometimes students are excelling in certain skills or areas, but reporting structures may not highlight these.
- 6. Remember nobody is perfect:** Even the brightest, most highly motivated child will struggle at times. They may struggle to understand a particular topic or concept, or they may struggle with motivation, particularly for a subject they don't particularly enjoy. Problems with teachers or peers can also contribute. It is unrealistic that anyone can work with 100% effort all the time.
- 7. Provide practical homework and exam support:** Provide practical help to your children with things like proofreading and reviewing drafts, checking work and listening to speeches. Remember though, it is not your work, so don't make changes, rather make suggestions and provide guidance.
- 8. Spend time together doing something fun:** Make sure your relationship with your child is about more than homework and study. Allocate some time to do fun things together. This is the time in which your child is most likely to open up to you about the things that they are struggling with and you can work out how best to help them. Ideas include going for a walk or run together, having a dinner date (even to Maccas) or having them show you the latest funny videos they like.
- 9. Support your child to do their best:** You can do this by providing healthy, nutrient rich food; opportunities for exercise, rest and relaxation and an environment which is supportive of and conducive to study.
- 10. Keep alert for the physical and mental signs of stress:** Familiarise yourself with how your child responds to stress. Do they withdraw? Act out? Work harder or stop working? When you notice that your child is stressed provide them opportunities to discuss what is worrying them and work with them to identify how you can help them. You may wish to involve the school counsellor, a teacher or tutor at this point.

Our school's subscription details to www.studyskillshandbook.com.au are –

Username:

Password:

COMMUNITY NOTICES



FREE
&
FUN

TEEBALL + SOFTBALL *Come and Try Days!*

Abbott Road Softball Fields, North Curl Curl
Sunday 28 August, 2:30-4.30pm
Monday 5 September, 4.30-6pm and 6.30-8.30pm



Register your interest now!
come-and-try.com

Free workshop for parents and supervisors of learner drivers



Helping learner drivers become safer drivers

The session will offer practical advice about:

- current driving rules and requirements for L and P platers
- how learners benefit from supervised on-road driving
- how you can help make learning to drive a safe and positive experience

6:00pm – 7:15pm
Thursday 25 August 2022
Online via Teams

Find out more at
www.teachingyourlearnerdriver.eventbrite.com.au

