



WILLOUGHBY GIRLS HIGH SCHOOL

A Leader in Girls Education

NEWSLETTER

Phone : 9958 4141

<https://willoughbg-h.schools.nsw.gov.au/>

<https://facebook.com/WilloughbyGirlsHighSchool>

1 JULY 2022

PRINCIPAL'S REPORT

Mrs Adrienne Scalse, Principal

YEAR 9 AND 11 PARENT TEACHER EVENING

This week, we welcomed Year 9 and 11 parents on site for Parent-Teacher evening. For many, it was their first time on site for a number of years, and it was wonderful to be able to provide an opportunity for parents, students and teachers to meet and discuss student's learning across subjects.

P&C MEETING

Our P&C continues to be a great support of our school and I would like to thank them for their continued contribution. At our last P&C meeting, parents in attendance were able to see our new COLA which was funded through the P&C. The addition of this COLA is a great asset to Willoughby Girls and will be used by all students.

SILVER ASSEMBLY

This week we celebrated the achievements of a number of students across Years 7 - 12 at our Silver Assembly. Congratulations to all our award recipients who were recognised for their commitment and dedication during Semester 1. Thank you to all parents who joined us for the assembly and to Mrs Blomfield for her organisation.

WELL BEING AT WGHS

This term with the support of personnel from the Department of Education, we have been looking at our wellbeing processes and procedures. Students have been surveyed, and focus groups have been held, as we focus on having all students connect, succeed and thrive.

PYJAMA DAY

Pyjama Day was a joint initiative of students from Year 10 and the Social Justice Club. The day was held to raise awareness and funds for youth homelessness. Year 10 students worked together in homeroom to make blankets and the Social Justice Club has been busy the past week organising donations into care packages. Thank you to all students involved in this initiative.

NAIDOC ASSEMBLY

Get up! Stand up! Show Up! – is the National NAIDOC Theme for 2022 and today we celebrated with



Congratulations to Terra G (10) for her success in the NSW Brain Bee Challenge

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WGHS P&C



Facebook.com/wghspandc
secretary@wghspandc.org.au



Next P&C Meeting will be held:
Tuesday 16 August 2022 - 7pm at school, K Block

- ✓ Please follow our Facebook page to stay informed of interesting things happening in the parent community. You don't have to be a Facebook member to access the page
- ✓ All parents are welcome at P&C meetings, held twice per term at 7.00pm in the staff common room (Access via front door) or online
- ✓ Any queries or matters to be raised can be raised via the Secretary at the above email address at any time.

PRINCIPAL'S REPORT

Continued from page 1

an assembly. We were very fortunate to hear from our Aboriginal Studies students and our guest Di Ellis. Year 10 were able to enjoy the assembly from the hall with all other years watching via a live stream.

It has been an incredibly busy term, and despite this, every staff member has continued to give their all. I greatly appreciate their commitment and dedication which is evidenced in everything they do.

I wish all students and staff a wonderful break full of relaxation and enjoyment. I look forward to seeing all the students back at school on Tuesday 19 July 2022.

Mrs Adrienne Scalese
Principal



2022 CALENDAR*

TERM 3: 19 July – 23 September

Tuesday 19 July

First Day of TERM 3

Y8 Information Night 5pm (Parents only)

19-22 July

Y10 Subject Selection Week

Friday 22 July

CHS (State) Cross Country

25-26 July

Sydney North Regional Athletics

Tuesday 26 July

Y10 Information Night 5pm (Parents only)

Monday 1 August

Y8 Parent Teacher night

Y10 Parent Teacher night

Tuesday 2 August

Y10 Be Street Smart Excursion

3-5 August

Year 8 & 9 Ski Trip

Tuesday 9 August

Y7 Gala Day (with Y10 PASS student coaches)

1-15 August

Y12 Trials

Monday 15 August

PISA Testing

TERM 4, 2022: 10 October - 20 December

**Subject to changes due to Covid restrictions*

FROM THE DEPUTY PRINCIPAL

Mrs Jennifer Watts, Deputy Principal - Wellbeing



YEAR 8 into YEAR 9 2023 SUBJECT SELECTION

In Year 9 & 10, students study three (3) elective subjects in addition to their core subjects (English, Mathematics, Science, Geography, History, Personal Development/ Health/Physical Education and Sport). Every effort is made to give students their first-choice electives but this depends on the number of students who select each course. A subject will not be offered if there are not sufficient students electing it.

Students will choose from the following subjects:

| | | |
|--|---|--|
| <ul style="list-style-type: none">- Commerce- Food Technology- Information & Software Technology- Music- Textiles Technology | <ul style="list-style-type: none">- Design & Technology- French- iSTEM- Physical Activity & Sports Studies- Visual Arts | <ul style="list-style-type: none">- Drama- History Elective- Japanese- Photographic & Digital Media- Visual Design |
|--|---|--|

Students will need to select 5 subjects in order of preference. Students must choose carefully as they will study these subjects for two years (Year 9 and 10) and they will be unable to change them.

Subject Selection forms will be available to students the day after the Year 8 Parent Information night on 19 July 2022 and must be completed by Monday 25 July 2022.

2023 TERM DATES

Here are next year's term dates for your planning purposes. (Please organise travel outside of school terms):

| TERM | First Day | Last Day |
|--------|---|----------------------|
| Term 1 | Tuesday 31 January (Y7, Y11, Y12 & new girls) or Wednesday, 1 February (Y8, Y9 & Y10) | Thursday, 6 April |
| Term 2 | Wednesday 26 April Monday 12 June (<i>Queens Birthday Public Holiday</i>) | Friday, 30 June |
| Term 3 | Tuesday 18 July | Friday, 22 September |
| Term 4 | Monday 9 October | Monday, 18 December |

SCHOOL TOURS HAVE RESUMED

With the easing of Covid restrictions, we are excited to offer small group Guided Tours of the school. If you have a daughter who is hoping to start at Willoughby next year, and would like **to organise a tour, of if you have any questions about enrolment, please contact us on 02 9958 4141 or email willoughbg-h.school@det.nsw.edu.au**

We also have a virtual tour online where you can meet and hear from teachers and students and find out about opportunities for your daughter, subjects, extra-curricular activities and more. [Click here.](#)



FROM THE DEPUTY

Ms Janet Atchison, Deputy Principal – Curriculum & Assessments



SUBJECT SELECTION PROGRAM FOR STUDENTS IN YEAR 10 GOING INTO YEAR 11 IN 2023

Decisions about subject selections for Year 11 2023 are very important. To assist students and parents with this decision, we will conduct:

1. Subject Selection Week for all Year 10 students on Tuesday 19 July – Friday 22 July.
2. [Year 10 Parent Information evening](#) on 26 July (Please RSVP by 20 July to assist with arrangements).

All students should bring a fully charged laptop with headset as they will be sitting three (3) Minimum Standards tests over the course of the week.

Following the parent evening, Subject selection forms will be made available to students and students will be asked to select their subjects.

Below is the Timetable for Year 10 Subject Selection Week:

Tuesday 19th July

| | Students | Activity | Location |
|------|-----------------|--|---|
| p1/2 | English classes | Minimum Standards Writing Test | Normal English classes Disability Provisions – Library |
| p3 | All | Intro Session | MPH |
| p4 | Core classes | Virtual Work Experience | 10B – B1 10E – B6 10G – B7 10R – Rm 8 10S – Rm 9 10W – Rm 17 |
| p5/6 | Core B/W | Curriculum Q&A Art, Music, LOTE, Social Sci | MP1/MP2 |
| | Core E/S | Curriculum Q&A History, Science, Drama | B1/B2 |
| | Core G/R | Curriculum Q&A Maths, PE, TAS | G1/G2 |

Wednesday 20th July

| | Students | Activity | Location |
|------|--------------|--|---|
| p1/2 | Core B/W | Curriculum Q&A History, Science, Drama | B1/B2 |
| | Core E/S | Curriculum Q&A Maths, PE, TAS | G1/G2 |
| | Core G/R | Curriculum Q&A Art, Music, LOTE, Social Sci | MP1/MP2 |
| p3/4 | Core classes | Minimum Standards Numeracy Test | 10B – Rm 8 10E – Rm 9 10G – Rm 10 10R – G1 10S – G4 10W – G5 Disability Provisions – Rm 5 |
| p5/6 | All | Normal Sport | |

Thursday 21st July

| | Students | Activity | Location |
|------|-----------------|-----------------------------------|--|
| p1 | Core B/W | Student Panel | Rooms 7/8 |
| | Core E/S | Parent Panel | Library |
| | Core G/R | NESA/ATAR Presentation | C13 |
| p2 | Core B/W | Parent Panel | Library |
| | Core E/S | NESA/ATAR Presentation | C13 |
| | Core G/R | Student Panel | Rooms 7/8 |
| p3/4 | Core classes | Minimum Standards Reading Test | 10B – Rm 6 10E – Rm 11 10G – Rm 8 10R – B1 10S – G1 10W – Rm 19 Disability Provisions – Rm 5 |
| p5 | English classes | Careers Match | Normal English classes |

Friday 22nd July

| | Students | Activity | Location |
|------|----------|--|-------------|
| p1/2 | Core B/W | Curriculum Q&A Maths, PE, TAS | G1/G2 |
| | Core E/S | Curriculum Q&A Art, Music, LOTE, Social Sci | MP1/MP2 |
| | Core G/R | Curriculum Q&A History, Science, Drama | B1/B2 |
| p3 | Core B/W | NESA/ATAR Presentation | C13 |
| | Core E/S | Student Panel | Rooms 10/14 |
| | Core G/R | Parent Panel | Library |
| p4 | All | Closing session | MPH |
| p5/6 | All | Extended lunch + fun activity | MPH |

NAIDOC ASSEMBLY

This morning we had a special Assembly to celebrate NAIDOC week, where as a school we celebrated and recognised the history, culture and achievements of Aboriginal and Torres Strait Islander People.



Abbey T, our School Captain, explained the theme for this year's NAIDOC week celebrations is "Get Up! Stand Up! Show Up!" focusing on actions all Australians can take to provide greater recognition and support for Indigenous people. This theme aims to bridge the gap between First Nations and Non-Indigenous Australians.

The assembly began with an Acknowledgement of Country by Ella W (Year 8). Following this, the Year 10 Aboriginal Studies students shared their thoughts about the importance of NAIDOC Week and this year's theme. Jessica D (Year 9) shared that she is a proud Garigal woman, and that there are many things WGHS students can do to get involved to help enact change for the future. This has started at WGHS, with the development of a Reconciliation Action Committee which includes students and teachers. They will work on initiatives within the school to show respect and love for the land our school sits on today.

We welcomed a special guest speaker, Di Ellis, a proud Indigenous Australian, who's connection to country comes from Wiradjuri people in Central NSW and also the island of Badu near Thursday Island. She is the National Indigenous Manager for NRMA, where she oversees all Indigenous matters including employment, connection to country and community engagement. She also has over 10 years' experience in developing reconciliation plans.

Di explained how she grew up in a mission without a mum or dad, and without people who gave her any confidence that she could amount to anything, just because she was Aboriginal. She has overcome this stereotype by living by the motto of a baseball player – "Smash-em!". She believes everyone can follow her belief – "what you see you can be". She hoped that all Willoughby Girls could be brave and help make change and let Aboriginal Australians have a voice. The Aboriginal people do not want to take over, but would like to stand beside Australians.

She said the Aboriginal people have brains and lots of experience in Environment, Sustainability and Governance which they would like to share.

The Assembly ended with some words from Ms Scalese, acknowledging that life is not about one moment in time, but a combination of ongoing events and actions.



NAIDOC display in K Block

WELLBEING CONFERENCE

Mrs Scalse recently surveyed students across Years 9-12. In response to the survey results, the Wellbeing team had a planning day on Friday 16 June to implement student's ideas.



SILVER MERIT ASSEMBLY

On Monday 27 June, our Silver Merit Assembly was held, with parents in attendance for the first time since Covid restrictions have been lifted. Parents, Prefects and Year 7 were in the audience and the assembly was live streamed to classrooms so the whole school could be part of it.

Mrs Scalse did speech about the three ingredients essential in creating “big life moments”: Stretch yourself, Back yourself and Apply yourself. She said the Silver Awards celebrated how students from Years 7 to 12 have used all three ingredients to work towards personal best.

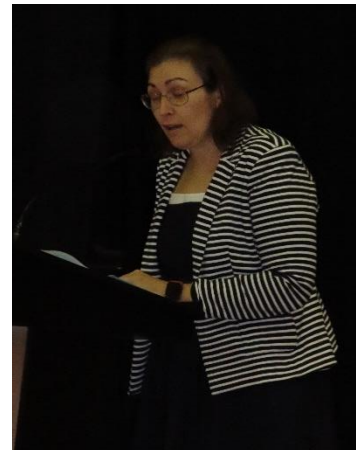
All students should think about this:

Stretching yourself enables you to create opportunities and situations where you have to step up, even if it means going outside your comfort zone.

Backing yourself means showing courage and tenacity to back yourself.

Applying yourself – greatness, mastery and success are the product of a steady application, a strategic focus, patience and resolve. Almost anything is possible in your life, but everything takes time and dedication.

We were treated to some beautiful singing by the Senior Vocal Ensemble who sang “Singing Gently” by Eric Whitacre, and the school song. This was the first time the Year 7 students and Ms Scalse had heard the school song.



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SILVER MERIT ASSEMBLY *continued from previous page*

Silver Certificates are rewarded to students who receive five (5) or more bronze awards in one Semester. Each semester Bronze awards are awarded to students by teachers for demonstrating school values including improving in learning, showing kindness, community service within and outside the school. community, leadership and so on.



Congratulations to the recipients of Silver Merit Certificates:

Year 7 – Chelsea B, Srijani C, Nina H, Emily P

Year 8 – Hannah LD, Maisie L, Ariel S

Year 9 – Sophie GJ, Caitlin J, Michelle L, Heather R

Year 10 – Audrey A, Emma L, Madeleine RC

Year 11 – Emma L, Sophie H, Arabella T, Amelia T

Year 12 – Poroshat A, Hafsa A, Mila B, Aleah D, Dimantha T, Angeline D, Gemma F, Madeline H, Brianna H, Lara H, Yuna H, Rosie K, Isabel K, Tak Hay L, Annabel LC, Georgie P, Nicole Y

Following the Assembly, parents and students had a morning tea on the Senior Lawn.



BRONZE CERTIFICATE MERIT AWARDS

In Semester 1, each teacher nominated 30 students from Years 7 to 12 to receive a Bronze Award and these awards were handed out to students in Year Assemblies and Home Rooms. Congratulations to all recipients.



Above: Year 8 Bronze Recipients



12.3 Bronze Award Recipients

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BRONZE AWARDS *continued from previous page*



Year 9 Students who received three or more Bronze Awards (missing: Heather R, Michelle L)



Year 7 (left and below)



YEAR 11 EARTH & ENVIRONMENTAL SCIENCE EXCURSION

Mr Jim Mackintosh, Science Teacher

This term, Year 11 Earth and Environmental Science Students had an excursion to Geo Sciences at Sydney University. Students toured the Marsden Building at Sydney University and learned about its long history in developing Australian geoscience, an area where Australia is, and has always been, strong.

In the labs, students listened to information about plate tectonics from Australia's leading geoscientists Dr Nicky Wright and Dr Sabin Zahirovic. They then examined rocks, crystals and sediments collected from the ocean floor, and continental rock under Polarised Light Microscopy and Binocular Microscopy.

Students drew pictures of mineral crystals they observed in rocks. Georgie and Arabella were awarded 3D printed fossils for their efforts.

Students then visited the Chau Chak Wing Museum at Sydney University. An incredible new museum which is open to the public for free.

We were shown large meteorites dated at 4,500 million years old. The Earth formed through the accretion of these meteors. By studying the meteors, the earth scientists are able to confirm the age of the Earth and the Solar System, and the elements from which they were formed.

Students heard how entrepreneurs are interested in space exploration because of the potential to mine meteors and return them to Earth. SpaceX's recently approved Starship for example, has a payload capacity of 100+tonnes.

Students enjoyed lunch at the university with Nicky and Sabin, then we returned to school.



YEAR 9 DRAMA

Ms Josie Hattingh, English & Drama Teacher

During Term 2, Year 9 Drama had a Commedia Dell'arte workshop. We learnt about all of the Commedia Dell'arte characters from the old Il Dottore to the young, boisterous Harlequino. We got to see how their characters reacted to each other and learn about their speech, movement and mannerisms.

"The workshop was a lot of fun and we all learnt whilst having a good time. We were even taught what gestures and walks some of the characters used and how their movement reflected and accentuated their personality. We learnt about the history of Commedia Dell'arte and how it has been around for hundreds of years. It even included the first roles that women were allowed to play on stage. Commedia Dell'arte is the building block for contemporary tv shows, movies and plays. It was fascinating to see the actors perform Commedia Dell'arte and to learn about the old art form that is still relevant today." -Aurora H



YEAR 10 MADE TOP 10 IN NSW BRAIN BEE COMPETITION

Ms Natasha Lemaic, Science Teacher

Three Year 10 students (Terra G, Grace S and Remi H) participated in the Brain Bee competition at UNSW on Friday 24th June. They had dedicated more than 100 hours into studying the complexity of the brain before going head-to-head with other schools. Students thoroughly enjoyed the day and were able to get a taster for potential future professions. Congratulations to Terra who made it into the top 10 of the NSW Competition. Terra has written about the experience below:



“Remy, Grace and I qualified to compete in the NSW finals for the Brain Bee were held at UNSW. Besides competing in the final rounds, there was a full day of events about neuroscience.

Four PhD students from UNSW and Western Sydney University presented their neuroscience doctoral projects in the lecture theatre. Research topics included Alzheimer’s disease, nociceptive sensations such as allodynia and primary hyperalgesia and rTMS. It was so interesting to see such a variety of topics rooting from neuroscience and it showed how the field of neuroscience is multifaceted and extensive in all aspects.

During breaks, there were fun neuroscience games. One was a mindball game where two players concentrate on a ball, which would help move it to the other side. It used an EEG where electrode headbands detect brain waves and mental activity. We also visited the Museum of Human Disease which was fascinating.



The neuroscience workshop expanded our understanding of proprioception and involved lots of demonstrations and experiments where students could volunteer to participate in. The professor of neuroscience did a brief lecture on how the movement of fluid within semicircular canals impacts our sense of balance. With student volunteers on rotary chairs, , we were

able to witness post-rotational horizontal saccades in the eye (rapid, involuntary eye movement that transitions the centre of gaze to direct sight towards an object of interest). I volunteered to test the limb muscle vibration effect on proprioception and we learned that tactile and visual cues are crucial in proprioception.

I managed to place in the top 10 based on the preliminary round and in the end coming in equal fourth. It was a nerve-wracking experience as all ten questions were about little details about the learned material, whereas I expected them to be about general concepts.



Overall, participating in the Brain Bee challenge was a substantial experience that further provoked my interest towards the field of neuroscience and medicine. I know this competition is available for Year 10s only, but if I could I would most definitely want to do it again!”

Terra G (Year 10)

YEAR 11 TEXTILES & DESIGN CORSETS

Ms Kirsty Stringer, Technical & Applied Studies
Teacher

In Year 11 Textiles and Design, the students have designed and produced corsets based on their individually chosen concepts.

Through the production of their corsets, they have used a variety of embellishment techniques such as freehand machine embroidery, beading and applique.



WGHS HOCKEY IS HAVING A GREAT SEASON

Sasha Campbell, WGHS P&C Hockey Coordinator

WGHS Hockey Club is having a great season. We have 26 players, and two teams, and are playing a full-field mixed grass competition with the Warringah Hockey Association. The teams are coached by two recently graduated WGHS Hockey players who are dedicated and enthusiastic.

We had our first game on grass this past weekend, and the players loved it. We had previously been playing smaller team games on all-weather courts as the grass fields were wet, and frogs had apparently taken up residence!!!

We'll start promoting our indoor hockey, and social hockey, summer competitions next term. If you are interested in joining the hockey club, please email wghshockeyclub@gmail.com.



CONGRATULATIONS TO OUR YEAR 10 PEER SUPPORT LEADERS

Ms Alex Parker, Teacher Librarian / Peer Support Coordinator

Peer Support sessions started this week and will continue in Terms 3 and 4. The weekly sessions will allow groups of approximately ten Year 7 students to meet with three Year 10 student leaders and enjoy a program of specially developed activities to promote student agency, sense of self, responsibility for self and others, and positive relationships.

Congratulations to the following Year 10 students who will be our **Peer Support Leaders in 2022**:

Diantha A, Devika A, Pari A, Matilda B, Snehal B, Tia B, Charlotte B, Elise C, Chantal C, Jasmine D, Isla D, Lucy F, Claire F, Ashley GT, Ava G, Eleanor H, Terra GG, Annie W, Sophie I, Laura J, Sophie L, Emma L, Nadia Liu, Sabina Kim, Rachel Li, Stela LK, Imogen M, Jasmine M, Sunshia M, Lana, Annie M, May M, Samantha P, Hayley P, Jamie P, Emma P, Ava Q, Rose S, Victoria S, Kimberly S, Katya T, Mia T, Grace S, Ava W, Alice W



HOW TO FOLLOW OUR NEW WGHS FACEBOOK PAGE

It is very exciting that we are on Facebook! To ensure you never miss a post, please follow us today.

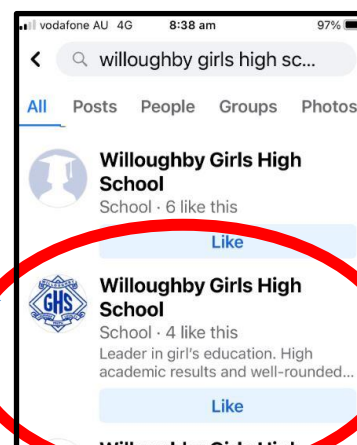
To follow us you can either:

Click <https://www.facebook.com/WilloughbyGirlsHighSchool> and then “like” and “follow” the page.

or

In facebook, search for “Willoughby Girls High School”.

Please ensure you find the official page (the one with the blue WGHS logo next to it (circled in this picture))



PYJAMA DAY ON FRIDAY 24 JUNE

Madison K, Year 10

Thank you everyone for helping out with our initiative associated with youth homelessness. It's very exciting to see our ideas come to life and to have the chance to spread so much awareness throughout the school and get everyone involved to help the homeless. Pyjama day was such a success! We raised \$973.10 towards the charity Mission Australia through our gold coin donations.



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PYJAMA DAY *continued from previous page*



SYDNEY NORTH CROSS COUNTRY

Mrs Jenni Carruthers, PDHPE Teacher

The Sydney North Cross Country Carnival was held on Thursday 16th June at Gosford. Willoughby Girls High School had 17 students from Years 7– 12 representing North Shore Zone at the Carnival. The girls performed exceptionally well and the following students qualified for the CHS Cross Country Carnival (State) to be held on Thursday 22nd July at Eastern Creek:



Pin Pin M (Y8) – 13 Years

Zoe Browne (Y10) – 15 Years

Annabelle W (Y11) – 17 Years

Aurelia H (Y12) – 18+ Years

Good luck!

YEAR 10 FOOD TRUCK

Imogen M, Year 10

This term, Year 10 Food Technology has been learning about Food Service and Catering in the food/hospitality industry and the importance of addressing safe hygiene and preparation techniques when handling food. We have investigated a range of profit and non-profit food venues such as Meals on Wheels, which cater for the needs of the community while making food easily accessible. A component of our assessment unit consisted of designing a food truck, the type of staff and equipment required and visually drawing/creating a restaurant plan and dish.

For our practical, our class worked in groups to create a dish appropriate for distribution in a food truck, some of the ideas we came up with and cooked were poke bowls, sweet tacos, apple spring rolls etc. Overall our class has had plenty of fun enjoying learning about this topic and are keen to possibly have the opportunity of sharing these recipes with the rest of the school in Term 3.



YEAR 11 VISUAL ARTS

Ms Marie Drougas, Visual Arts Teacher

Year 11 Visual Arts are constructing individual ceramic vessels using brown earthenware clay. The surface of the vessel will represent the theme of Nature in Abstraction. Once these vessels are constructed, they will undergo two firing processes; a bisque firing and a glaze firing.



BASKETBALL SUCCESS

Ms Natasha Lemaic, Science Teacher

Willoughby Girls High School played against Fort Street High School in Round 2 of the Under 15's knockout basketball competition. It was a tough game in the first quarter with head-to-head scores. WGHS showed excellent sportsmanship and powered through leading and winning the game with an 84-27 Win.



YEAR 10 BLANKETS FOR MISSION AUSTRALIA

As part of Pyjama Day, Year 10 undertook a great project in homeroom on Friday 24 June, creating many cozy felt tie blankets to be donated to the homeless in Sydney via Mission Australia.



OPEN SOCCER KNOCK OUT COMPETITION

Mr Kale Samios, English Teacher and Soccer Coach

Our WGHS Open Soccer team went out fighting on Friday 24 June, losing 3-2 in the Sydney North Final. They should be very proud of their effort- on another day we would have got the win. We had a fantastic season and the school is very proud of the team's achievements.



YEAR 7 HOCKEY PLAYER SELECTED

Congratulations to Ava H in Year 7 for being selected to represent Sydney & Northern Beaches in the U13 Girls Hockey Team. Her representative team won every match at their recent tournament in Canberra and hope to do well in the State Championships in Bathurst in the holidays.



WINNER OF SCHOOL BASED APPRENTICE / TRAINEE OF THE YEAR

Congratulations to Olivia T (Year 12) for winning the "School Based Apprentice/Trainee of the Year" at the 2022 NSW Training Awards Central and Northern Sydney Region.

As part of her Year 11 and 12 studies, Olivia has been doing her Certificate 3 in Aquatics and Community Recreation. This is a school-based subject which duals as a job. Olivia's traineeship is with Lane Cove Aquatic Centre, and over two years, she must complete 760 hours doing life-guarding, swimming teaching and reception to receive her Certificate.



Ms Scalse, Olivia and Ms Morris

Olivia wants to go to university next year, so in order to get an ATAR, she studies 13 units (2 units are the traineeship). *"Doing the traineeship gives me a qualification coming out of school"* said Olivia. *"I would like to do forensic science at UTS and then work with the police. I believe that doing lifeguarding helps me establish authority which will be useful in this career path."*

WATERPOLO SUCCESS – AUSTRALIAN TEAM

Stela LK (10) will be representing Australia with the U16 Australian Cadet Water Polo team touring New Zealand in July. She has also been selected in the NSW CHS U17 Water Polo team and she will be representing Willoughby Girls High School in a Water Polo Exchange in Noosa from Friday 22nd to Sunday 24th July 2022.



YEAR 9 PASS – SQUASH

Ms Jenni Carruthers, PDHPE Teacher

Our Year 9 Students enjoyed playing squash during PASS this term.



YEAR 9 COMMERCE - OUR FUTURE CAREERS

Lydia A and Ciane P, 9Com3

In Year 9 Commerce in Term 2 we have studied 'Employment and Work Futures'. Our task was to conduct primary and secondary research into a certain career industry and create an informative website utilising all the information we collected. First, we had to complete a career quiz which gave us a wide range of careers and jobs suitable for us. We then needed to be grouped with others with similar job suggestions in the same field.



Our group researched the job of editing and publishing, including discovering qualifications and required degrees to be in the publishing field, annual pay, worker satisfaction and work life balance. We also conducted an interview with Mrs Penny Galligan who writes and arranges our school newsletter. We asked her questions regarding the various skills and tasks she does on a daily basis for working on the newsletter. Along with questions about pros and cons for working in this field.

Various other industries students looked at include nursing, arts and film industry, interior design, sports, travel and vet science. Some of the interviews of employees in these fields included Malia Steinmetz, a football player for Western Sydney Wanderers, about being a professional athlete and Louise Dodge an actress, director, producer and writer about the film and arts industry.

We are now finishing the term by investigating legal issues in the workplace including workplace health and safety, discrimination and unfair dismissal.

NATIONALLY CONSISTENT COLLECTION OF DATA ON STUDENTS WITH A DISABILITY (NCCD)

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the Disability Discrimination Act 1992 and the Disability Standards for Education 2005, in line with the NCCD guidelines (2019).

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- formally recognise the supports and adjustments provided to students with disability in schools
- consider how they can strengthen the support of students with disability in schools
- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability.

The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the Australian Government's Privacy Policy (<https://www.dese.gov.au/about-us/resources/department-education-skills-and-employment-complete-privacy-policy-0>).

Further information about the NCCD can be found on the NCCD Portal (<https://www.nccd.edu.au>).

[English fact sheet about NCCD](#)

[Chinese Fact sheet about NCCD](#)

If you have any questions about the NCCD, please contact the school

YEAR 11 BIOLOGY

EXCURSION

Ms Natasha Lemaic, Science Teacher

Year 11 Biology students attended Taronga Zoo on Wednesday 22 June to interact and participate in various workshops which linked in with Stage 6 content: "Biological Diversity".

Despite several interruptions, students showed maturity and resilience, adapting to different learning environments. Students thoroughly enjoyed visiting and observing the diverse range of animals.



FREE ENGLISH CLASSES FOR PARENTS/GRANDPARENTS/CARERS

22 June 2022

Ms Doina Dragoi, EALD Teacher

St Leonards TAFE NSW offers free English classes from Beginner to Advance levels, available for parents, grandparents and/or other carers of your school community. Please find the attached details of English courses in 2022 starting in July.

The English courses are government subsidised, hence free for Australian citizens, permanent residents and certain temporary / bridging visa holders (subject to eligibility check) to improve English speaking, listening, reading and writing skills.

They have been a great way for people from culturally and linguistically diverse backgrounds to connect and involve themselves in the community, either online or face to face, and have certainly improved communication skills of the residents who come from non-English speaking backgrounds

The course flyers attached are in [English](#), [Simplified Chinese](#), [Korean](#), [Arabic](#) and [Ukrainian](#).

PROGRAM FOR ADOLESCENTS & ADULTS TO BUILD ON SKILLS TO HELP MANAGE MOODS & IMPROVE RELATIONSHIPS

Ms Natasha Sekelja, Student Support Officer

In July / August, Lifeline and KYDS at Lindfield are offering 16-week psychological skills groups which will cover the following key components:

- Mindfulness skills – to stay focused on the present moment
- Emotion Regulation skills – to deal with intense negative emotions and develop emotional coping strategies
- Distress Tolerance skills – to effectively deal with painful emotions and situations
- Interpersonal Effectiveness skills – for assertive communication and building relationships

See the attached flyer and if you are interested contact LifelineH2H Group Services on 8287 1158 or PHNgroups.coordinator@lifelineh2h.org.au

<https://lifelineh2h.org.au/get-help/groups/managing-your-mood/>

THINGS TO DO IN THE HOLIDAYS

Willoughby Council

A half-day retreat to explore new ways to move our bodies; boxing with bikini bods, yoga, face masks and body-positive conversations

Thursday 14th July - 10-30 - 1.30 pm at Chatswood Youth Centre

[Glam Boxing 1/2 Day Retreat | Willoughby City Council \(nsw.gov.au\)](#)

First Aid Course for Young People aged 15-24

Boost your resume and skill set

July 5 at Chatswood Youth Centre

Cost: \$45

<https://www.willoughby.nsw.gov.au/Eventbrite/First-Aid-Course-348545277307>



PARENTING PROGRAMS

Please note you do not need to be Catholic to access our programs.
CatholicCare welcomes staff and clients from all different backgrounds and beliefs.



CIRCLE OF SECURITY

A 6 week program aimed at helping caregivers of children aged 0-5 years read and respond to the needs of their child and promote secure attachment.



Via Zoom
Wednesdays
3 August – 7 September 2022
10.00am – 11.30am

\$20.00

Register here:
<https://form.jotform.com/221660852499869>

TUNING INTO TEENS

A 5 week course for caregivers of children aged 12+ years on parenting with emotional intelligence. Learn how to communicate more effectively with your teenager, understand them better and how to help them manage their emotions.

Brookvale Family Centre
116/20 Dale Street

Wednesdays
3 August – 31 August 2022
10.00am - 12.00pm

\$20.00

Register here:
<https://form.jotform.com/221660141100839>

CONTACT US:

P: 1800 324 924
E: intakefs@catholiccaredbb.org.au
W: www.catholiccaredbb.org.au

THE WGHS STAFF WISH
ALL STUDENTS AND FAMILIES
A HAPPY AND SAFE HOLIDAY
AND WE LOOK FORWARD TO SEEING YOU
IN TERM 3

