



WILLOUGHBY GIRLS HIGH SCHOOL

A Leader in Girls Education

NEWSLETTER

Phone : 9958 4141

<https://willoughbg-h.schools.nsw.gov.au/>

1 APRIL 2021

PRINCIPAL'S MESSAGE

Ms Elizabeth Diprose, Principal

Literacy and Numeracy

A key focus of our Strategic Improvement Plan 2021-2024 is for all students to improve their literacy and numeracy development, including reading comprehension, vocabulary development, numeracy across the curriculum and writing for a range of purposes. Our starting point is to ensure we have accurate data on where students are currently sitting in relation to expected literacy and numeracy standards. As Year 7 and Year 9 did not sit NAPLAN last year, those students, now in Year 8 and Year 10, will be undertaking a series of 'check-in' tests early Term 2. In addition, all students will complete a writing task during Home Room in Week 1. Year 7 and Year 9 NAPLAN tests are scheduled for May.

Teachers will spend time in Term 2 analysing this test data to identify strengths and weaknesses across each cohort as well as identifying students who might benefit from additional support in their learning. Our aim is to ensure all students are provided with opportunities to excel in their areas of interest and improve all their skills where they can.

Thank you

Term 1 seems to have flown by and we are all looking forward to the two-week break to catch our breath. I take this opportunity to commend and thank all students for their hard work and support of each other throughout Term 1.

I also thank our wonderful teachers who, as always, work hard to ensure students are encouraged and supported in their learning and wellbeing.

Thank you to Mathematics teacher, Iris Bramley, who is moving to Asquith Girls High School at the beginning of Term 2. We are sorry to see her go after six years at Willoughby. She has made an invaluable contribution and I wish her all the best in her new school.



Pictured: Ms Bramley

Corona Virus

I hope the recent restrictions in Brisbane do not interrupt any planned family holidays, and we are all hoping that this recent outbreak is brought under control very quickly. Parents are advised to check the NSW Health Website for updates.

I wish you all happy and safe holidays and I look forward to students returning on Tuesday 20 April.

Elizabeth Diprose – Principal



WGHS P&C



Facebook.com/wghspandc
secretary@wghspandc.org.au



Next P&C Meeting will be held:
Tuesday 18 May 2021

- ✓ Please follow our Facebook page to stay informed of interesting things happening in the parent community. You don't have to be a Facebook member to access the page
- ✓ All parents are welcome at P&C meetings, held twice per term at 7.00pm in the staff common room (Access via front door)
- ✓ Any queries or matters to be raised can be raised via the Secretary at the above email address at any time

FROM THE DEPUTY PRINCIPAL

Mrs Watts, Deputy Principal, Wellbeing

Building Works

Over the holidays the construction of the external lift for the main block will commence. Building work will continue for the next six months. We hope disruption will be kept to a minimum.

Holidays

I wish you happy and safe holidays. Staff will return on Monday 19 April and all Students will return on Tuesday 20 April.

Congratulations

Mila B (Year 11) is the recipient of the 2020 University of Sydney Academic Achievement Award.

Mila was nominated by Willoughby Girls High School for her outstanding academic success during 2020 and her nomination was selected from amongst many high achievers from other schools.

Mila received the award at the school during a year assembly, as COVID restrictions prevented on site access to Sydney University's Great Hall where a ceremony is usually held for these awards.



Pictured: Mrs Watts and Mila B

TERM 1 2021 CALENDAR

2 – 19 April

Term 1 Holidays

TERM 2: Tues 20 April – Fri 25 June
(Summer uniform to be worn til 10 May)

Friday 23 April

Anzac Assembly

26-30 April

Year 8 Check-In Assessments

Year 10 Benchmark Testing

Tuesday 27 April

Year 12 Parent Teacher Interviews

29-30 April

Year 7 Camp

Monday 10 May

Athletics Carnival

11-20 May

NAPLAN (Years 7&9)

Friday 14 May

Zone Athletics Carnival

Thursday 20 May

Zone Cross Country

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TERM 3: Tues 13 July – Fri 17 September

(Winter uniform)

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TERM 4: Tues 5 October – Thurs 16

December (Summer uniform)

YEAR 8 CHECK-IN ASSESSMENTS

Ms Atchison, Deputy Principal – Curriculum & Assessments

Year 8 students will participate in two online Check-in assessments: Reading and Numeracy, in Week 2 during school hours next term.

The check-in assessment is a NSW Department of Education online reading and numeracy assessment available to support schools to assess and monitor Year 8 student learning following the period of learning from home.

The check-in assessments can supplement existing school practices to identify how students are performing in literacy and numeracy and to help teachers tailor their teaching more specifically to student needs.

Students with disabilities may receive the same level of support during the assessment that they would normally receive in the classroom.

Each assessment consists of approximately 40 multiple choice questions.

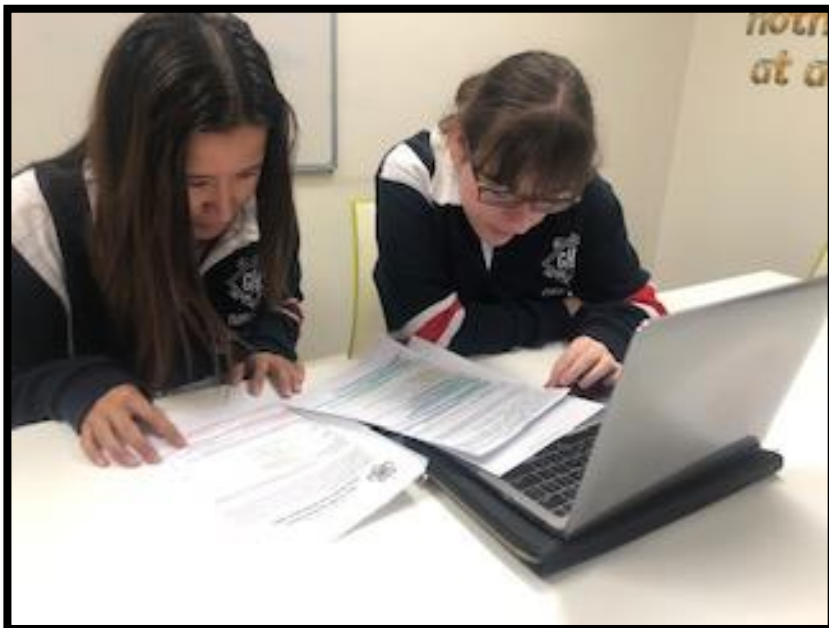
Students are required to use their own headphones or earphones and devices: laptop or tablet, during the assessment.

For more information please contact Ms Atchison.



YEAR 11 & 12 PARENT INFORMATION NIGHT – MANAGING ACADEMIC STRESS

Ms Jarvis, Year 11 Year Advisor



On Tuesday 4 May at 6pm, Willoughby Girls will be hosting an online seminar for Year 11 and 12 parents.

Professor Viviana Wuthrich from the Macquarie University Centre for Emotional Health will present the latest research findings related to the management of Academic Stress. The presentation will include skills and strategies for parents to assist their daughters to keep stress levels in check during Year 11 & 12.

The details for how to access this event will be emailed to all Year 11 and 12 parents in early Term 2. We do hope you can join us.

WELLBEING NEWS – TERM 1 WRAP

Mrs Dianne Topic, Head Teacher, Well Being



As we approach the school holidays, I would like to commend you and your daughters on such a positive start to 2021. The beginning of a new school year can be overwhelming – new teachers, new classes, new subjects and a new phase of learning and growth as individuals. Your daughters have embraced these new experiences and have shown us that 2020 may have taught us all a little bit more about facing challenges in our lives, finding moments of joy in everyday and appreciating what we have.

During the school holidays, it is important to encourage your daughters to take some time to reflect and recharge. It is also important that you take time to have conversations with your daughter about the year so far and what her needs might be as she moves into Term 2.

Some topics for consideration –

- What brings your daughter joy? What are her interests and passions? How might she pursue these at school and outside of school?
- What were her greatest achievements in Term 1? What did she learn about herself from these moments?
- What were some of her greatest challenges in Term 1? What strategies did she use to overcome these challenges? What might she be able to do in the future should such challenges arise?
- Who would she identify as support people she could talk to if needed? Consider teachers, peers, family.

For some more tips about how to connect with your teenager, the following article has some useful ideas:

<https://www.abc.net.au/everyday/the-case-for-building-a-strong-relationship-with-your-teenager/11267052>

In addition, please see the following links from SchoolTV, which may be of interest to you and your family:

Happiness and Gratitude

<https://willoughbg-h.schools.nsw.schooltv.me/newsletter/happiness-gratitude#block-views-newsletter-factsheets-block>

<https://willoughbg-h.schools.nsw.schooltv.me/newsletter/happiness-gratitude>

Wellbeing News continued from Previous page

Managing Exam Stress

<https://willoughbg-h.schools.nsw.schooltv.me/newsletter/exam-jitters>

Year 12 – Surviving the Final Year

<https://willoughbg-h.schools.nsw.schooltv.me/newsletter/surviving-year-12>

Wellbeing Term 2 2021 – Some things to look forward to!

Wellbeing Monday and Fun Friday – every week, the Wellbeing Team prepares lessons relating to student wellbeing, which are delivered through homeroom. Topics covered are varied and based on the needs and learning stage of the year group. Please check in with your daughters and ask them about what they are doing in Homeroom every Monday and Friday, and how they might apply some of what they have learnt to their own lives to enhance their wellbeing.

Homeroom Reading – every Tuesday, Wednesday and Thursday, students read silently for 20 minutes. This is a school wide initiative designed to encourage our students to read more, as well as give them time to relax each day. You might want to discuss what your daughter read during homeroom this term, and help guide her choices for next term.

Wellbeing Days – in Term 1, Years 10, 11 and 12 had a Wellbeing Day where they engaged in activities to support their wellbeing. This will be happening for Years 7, 8 and 9 in Term 2. We are also planning parent information sessions and will update you next term.

SRC – the SRC have several initiatives planned for students next term, such as National Sorry Day and World Environment Day, to name a few.

We look forward to another exciting term, and wish you all a safe and relaxing holiday period!

Kind regards,

Mrs Dianne Topic and the Wellbeing Team



STUDY SKILLS TIP FOR APRIL – LOOKING AHEAD TO NEXT TERM

Mrs Dianne Topic, Head Teacher, Well Being

Our school has a subscription to ELES, which has useful tips for students and parents about how to develop healthy and productive study habits.

<https://willoughbg-h.schools.nsw.gov.au/eles-online-study-skills-handbook.html>

Username: willoughbygirls

Password: 151success

Please take the time to have a look at the link and share the following study tips with your daughter in preparation for Term 2.

Are you riding a rollercoaster at school? Rollercoaster study is where you stay up late doing last minute assignments, then you take it easy for a while and do very little, then panic again when something is due and have to spend huge amounts of time at the end completing the work. If you plan ahead and are prepared, you will find school much less stressful and more rewarding.



Here are the top tips for thinking ahead:

1. **STUDY NOTES:** If you know that you have a test at the end of each topic or examinations approaching, then on the nights you do not have much homework start working on your study notes and summaries. File them in folders at home, so they are ready to go when you need them.
2. **ASSIGNMENTS:** Always start the assignment the day it is given to you, even if it is just a little bit. Make sure you understand the requirements and if you do not ask your teacher straight away, ask the next day. Brainstorm the steps the first night and do a rough plan of when you will complete each step.
3. **ASK FOR HELP EARLY:** There is nothing more frustrating than a student who says 'I haven't understood anything we did in the last 3 weeks'. Ask for help as soon as you have a problem. Keep a list of questions for your teacher on a post-it in your textbook or sticky notes on your computer or a list in your phone. Don't let problems or issues build up, ask for help early and often.
4. **THINK ABOUT WHO YOU SIT NEXT TO:** Choose wisely who you will sit with in class. This can make a world of difference to your results. If you sit with someone where you have a productive relationship, you encourage and help each other, to stay on task in the classroom so you will understand your work better and have less to do at home.
5. **CONSIDER YOUR WEEK:** Plan ahead for busy times. If you know you have nights where you can't do much work or a busy weekend, plan ahead and get things done early. Always look ahead for possible times where you could be caught short of time and make plans to avoid problems.

YEAR 8 MOUSE TRAPS

Marcella L and Tiffany P

This term, in Science, Year 8 has been working on a Mousetrap Project.

The goal was to construct a contraption that would be able to trap an object through a series of simple machines inspired by the board game Mousetrap. As it was a group work project, we had the chance to interact with others and share as well as combine our ideas.

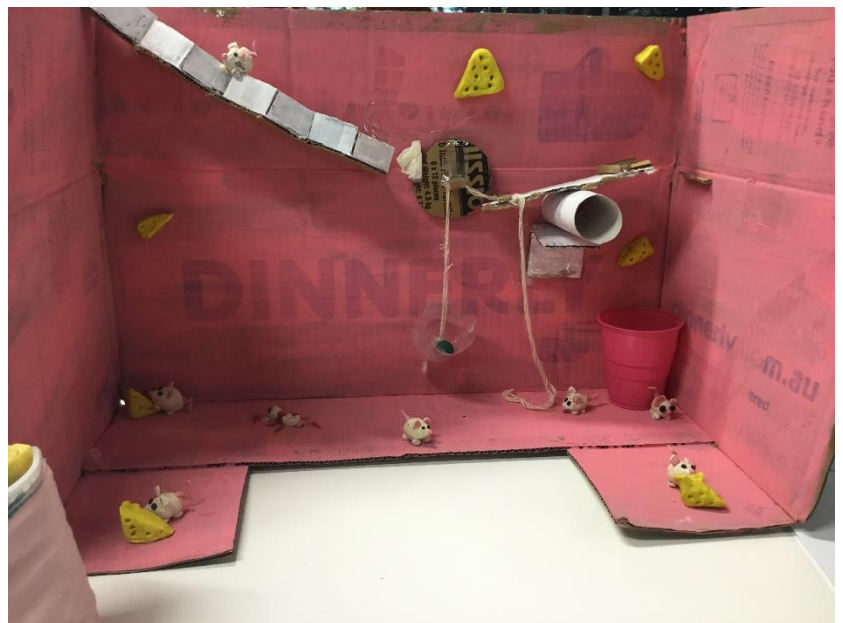
We encountered many challenges, such as sacrificing lunchtimes, carrying materials from home (in the rain), painting and decorating the machine, time management, as well as trying to cooperate with team members. Although the process was difficult, it was extremely rewarding because our work paid off in the end.

Our group started with planning the design. At first, we were not sure where to start as we have never done these types of projects, but as we got closer to the end, things began to come into their place like a puzzle slowly forming its picture.

We drew our blueprint and incorporated at least three simple machines using recycled materials such as cardboard (lots of cardboard), jar lids, marbles, and chocolate boxes. Creativity was shown in every step of the process.

After planning and researching other Rube Goldberg machines, we tied in our knowledge of energy transfers and transformations. In the design, mostly kinetic energy was transferred from objects to another with the help of some gravitational potential energy. It was both exciting and nerve-wracking to witness our mousetrap machines function.

Overall, this science project has taught us many things about technological and scientific advancements and energy transfers and transformations. We applied engineering skills and learnt how to collaborate as a team. We had a lot of fun doing this project and would definitely like to see more of these in the future.



LIFE READY – Year 11

Ms Morgan, PDHPE Teacher

This term Year 11 participate in the Life Ready program. This is a program designed to support senior students as they become more independent and gain more responsibilities. Throughout the term Year 11 have reflected on a range of health issues facing young people. Some of these issues include safe travel, mental health, wellbeing, relationships, sexuality and sexual health and drugs and alcohol.

This term, Year 11 have been given the opportunity to hear from many professional presenters including police officers, doctors, inspirational speakers, mental health advocates and road safety groups. Each week they hear from a different speaker and engage in different discussions and activities. Overall it has been a valuable program for the students, and one which we hope allows them to successfully transition to post-school employment or further education. We hope this program assists our girls to lead safe lives, which promote respect, responsibility and inclusion.

<u>Year 11 Life Ready Program Term 1</u>		
<u>Date</u>	<u>Activity</u>	<u>Presenter</u>
Week 2	Mental Health How to deal with cyberbullying, depression and teenage mental health <i>Mental Health and Wellbeing</i>	Batyr
Week 3	Relationships focusing on domestic violence Relationships <i>Relationships/ Interdependence</i>	Enough is Enough
Week 4	IDEA-Independent Drug Education Australia <i>Drugs and Alcohol</i>	Tom Reynolds IDEA
Week 5	Party safe <i>Relationships/ Drugs and Alcohol</i>	Red Frogs
Week 6	Back Off!! Sexual assault and the psychological profile of the date rapist Sexual Health <i>Sexuality and Sexual Health</i>	Brent Saunders Former Police Officer
Week 7	Life after School <i>Relationships/ Interdependence</i>	Red Frogs
Week 8	Road Safety/ Independence <i>Safe Travel</i>	Youth Safe
Week 9	Hour of Power Reframing negative thoughts and building resilience Mental Health <i>Mental Health and Wellbeing</i>	Glen Gerreyn Oxygen Factory
Week 10	GP's in Schools Accessing health services, supporting self and others, sexual health. <i>Mental Health and Interdependence</i>	James Carrington and 12 GP's.

YEAR 11 HOSPITALITY POPS

Ms Cheryl Blomfield, Head Teacher, TAS

This term, Year 11 Hospitality students have been learning many new skills. They have been working on precision cuts, plating and presenting food to industry standards. They have learnt how to use a range of equipment specific to the Hospitality industry and even dabbled in making ice cream. The students are learning how to become more precise and patient in their approach to practical tasks.

This week, students had the opportunity to develop skills making cake pops. These required creativity, planning and patience.

Below are cake pops made by Isabella K, Abbey B, April V, Paris V and Lara H.



HARMONY DAY

SRC Team

Harmony Week is held all over Australia to celebrate the multicultural nature of our country. Harmony Week always encompasses the 21st of March (Harmony Day) to align with the UN's International Day for the Elimination of Racial Discrimination.

From one of the oldest cultures of Indigenous Australians, to new arrivals from all over the world, Australian culture is full of diversity. On Harmony Day, orange is worn to celebrate and support the various cultures that make up Australia as it represents freedom, inclusivity and respect.

Here at Willoughby Girls, Harmony Day was held on Friday 19 March. Orange accessories were worn in the spirit of Harmony day to celebrate diversity in our school community and Australia. These accessories included orange socks, headbands and ribbons and it was wonderful to see everybody getting so involved.

A short video was viewed in homeroom by teachers and students to deepen our understanding of what Harmony Day means and how it will look in the future. The video allowed students to hear from teenagers and learn relatable insights into what Harmony Day means to them.

Willoughby's acknowledgement and celebration of Harmony Day encouraged students to have respectful and meaningful conversations about diversity and culture both within our school and the wider community.

Click on this link to see the video:

<https://www.youtube.com/watch?v=bBkqT5YYSIc>



YEAR 10 WHEEL CHAIR BASKET BALL

Roslyn D, Year 10 PASS



This term for theory in Year 10 PASS, we have learned about the topic “sport for specific groups” with a focus on Sport for the physically impaired. We were fortunate enough to have a special visit from Wheelchair Sports NSW.

Rick, who is wheelchair bound, travels around schools speaking to groups about road safety and responsible behaviour while also providing opportunities for students to experience what it is like to be in a wheelchair. While this is confronting, Rick was able to show us that no obstacle should stand in your way and that you can still enjoy an active lifestyle even if confined to a wheelchair.

Rick talked us through how to move in these wheelchairs, where to position our feet and how to turn. He also explained how the rules of wheelchair basketball are different to a regular game of basketball.

As no-one had ever experienced playing sport in a wheelchair, each of us was super eager to try using the wheelchairs and excited to play.

Personally, I found it quite difficult to turn and move swiftly across the court in the wheelchair, and multitasking to play the game was pretty challenging. Some of us had trouble reaching the hoop while sitting in the chair, however, everyone tried their hardest, and we were all smiling by the end.

At one point two teams joined to verse Rick on his own. We were in awe as he teased us with his incredible skill: he zoomed through all ten players on the court and won each game he played.

Rick demonstrated to us that having a disability does not mean that you cannot participate in sport or reach your full potential in physical activity. We as a class had mountains of fun during this session with Rick playing wheelchair basketball, and I feel so honoured to have experienced this opportunity.

WGHS ALL-AGE RELAY TEAM MADE IT TO STATE SWIMMING

Olivia T

On 25 March, Willoughby Girls High School had 21 girls competing for the lower North Shore at the Regional Swimming competition.

We had 6 relay teams competing, with a small number of girls competing in individual events. The relay teams did incredibly well, with many 4th and 6th places.

In the individual events, some highlights were Stela L, who won her 100m Breaststroke event, and the majority of her events and Haylee H, who won her 100m freestyle event. Both qualified for Combined High Schools (CHS) State Swimming Championships.

After a long day, one event remained; The 6x50m freestyle relay, where one girl from each age group competes to swim one lap of the pool.

This year, we had Olivia T (17), Ansley X (16), Stela L (15), Marcella Leung (14), Haylee H (13) and Mila L (12). After a very close swim, WGHS placed second, meaning that all six girls are now off to the State CHS competition!

Overall, an incredible day of racing for Willoughby Girls and congratulations to everyone who participated!



YEAR 12 GEOGRAPHY CAMP

Year 12 Geography class

On 24 March, Ms Tyerman and Mr Palmer took us on a geographical adventure of a lifetime.

We started with a bush walk around Wentworth Falls Lake with Nathan Summers from Blue Mountains City Council. We learned about the Indigenous heritage, water management and the unique hanging swamps found in the Blue Mountains. After our tour, we went to a cafe in Wentworth Falls while we waited for our train to Katoomba.

In Katoomba, we were welcomed with dinner of burritos and tacos prepared in our home-away-from-home for the next two nights, which we discovered was owned by a retired Russian figure skater.

Despite the windy conditions and the haunted nature of the house we all slept beautifully, preparing ourselves for the hike the next day. Thursday was the highlight of our trip, where we met Neil from the NSW National Parks and Wildlife Service who took us on a four hour hike around the Blue Mountains, exploring the Heritage Centre and learning about the importance of fire and water management in the bush. In addition, we witnessed the crippling effects of fires and floods, opening our eyes to the human impacts on the environment from urban areas.

Exhausted, we indulged in a great night of bingo and greasy food at the Katoomba RSL. Despite being the largest group in the bingo room, we were cursed with a streak of unluckiness and did not win a single round or a meat tray to represent our efforts! There were hot chocolates and lollies for everyone and we discussed the dark secrets of Katoomba's famous Yellow Deli Cafe. That that night we slept like babies undisturbed by the racket made by the ghosts determined to infiltrate our nightmares.

Friday was the last day of our camp. With our stomachs full of toast and avocado, we packed our bags and made our way to Scenic World – Disneyland of the Blue Mountains. Taking the skyrail, the cableway and the famous vertical railway we were able to appreciate the scenery of the Blue Mountains and enjoy the sunshine. We enjoyed a final walk to The Three Sisters.

A special thanks to Ms Tyerman and Mr Palmer for their efforts in organising a fantastic Geography camp, where we were able to study crucial case studies for our HSC course.



SECOND HAND WGHS UNIFORMS

Brenda Bridson, Volunteer Uniform Shop Coordinator

Just a reminder there are second hand uniforms available for purchase in Forestville.

With winter coming up its time for everyone to get their winter dresses. There are dresses available in most sizes - lots of size 10 (summer and winter). Also available are Senior and Junior Blazers, music shirts and netball skirts.

By appointment - Please email Brenda at - Brenda.bridson31@gmail.com or message 0432 715 066. (Appointment times are flexible - weekdays or weekends if preferred.)



What's next for your child?

YOUR CAREER

Parents and guardian's guide to your child's education, training and work opportunities in 2021

YourCareer.gov.au
1800 CAREER

TAFE INFORMATION GUIDE FOR PARENTS

Ms Morris, Careers Advisor

Please click on this link to find a TAFE guide especially for Parents and Carers of students who may be interested in TAFE.

<https://yourcareer.gov.au/media/111fn3at/parentsandguardiansguideforschoolleavers.pdf>

YEAR 12 PARENT TEACHER MEETINGS

Mr Palmer, Head Teacher, Social Science

Student progress meetings with teachers are scheduled for Tuesday 27 April 2021 5.00pm - 7.00pm. Meetings will occur via Zoom.

Parents will need to book times to speak with teachers by logging onto the parent portal on Sentral. Parents can select teachers and meeting times.

Registrations will be open from 6.00pm on Sunday 18 April and close at 6.00pm on Sunday 25 April 2021.

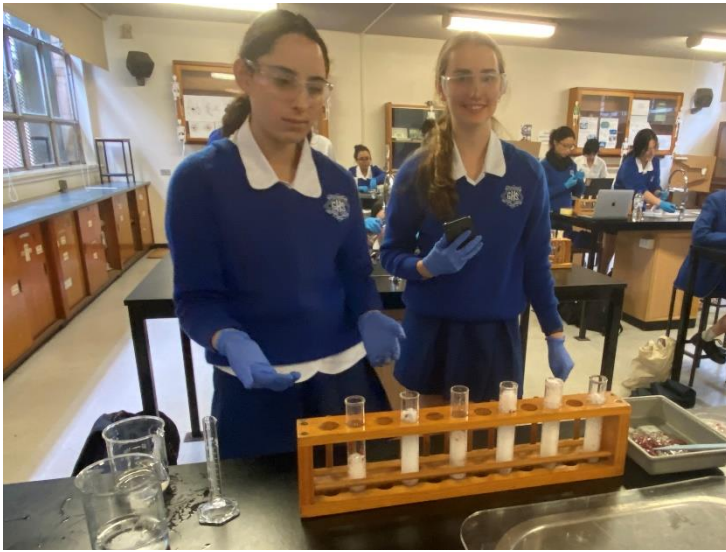
If there is a problem logging onto the Sentral parent portal, please contact the school for assistance.

To access the Zoom meetings, parents will need to have their child with them to log into each meeting. Each student will receive information from their teachers regarding how to access the zoom meetings.

Please ensure you leave at least 5 minutes between bookings so you can get to each session on time.

Year 11 BIOLOGY DEPTH STUDY – ENZYME ACTIVITY

Victoria D



Preliminary Biology students have spent the past few weeks conducting practical investigations into factors that affect the activity of the enzyme catalase.

Students needed to develop a hypothesis based on secondary research and design a valid experiment to test it. Many groups found they needed to modify their original plan to achieve accurate results. A summary of one group's results follow:

“Our group performed an investigation into how acidic and alkali environments affect the activity of the enzyme catalase. Based on the secondary research of Claire Gillespie’s work, which states “In humans, catalase works only between pH 7 and pH 11. If the pH level is lower than 7 or higher than 11, the enzyme becomes denatured and loses its structure”.

It was predicted that the results of the experiment would follow the restrictions of the pH range, in that, the most neutral substrate being the hydrogen peroxide would have the highest reaction rate.

To find the reaction rate we counted the number of oxygen bubbles produced in each 30 second trial, and the measured volume of gas that displaced the water. It was found that the most neutral substrate had produced the most oxygen bubbles and the highest water displacement, with the alkaline substrate of sodium hydroxide (0.1 molL^{-1}) having the second highest reaction rate.

This research can be applied to the medical industry, where catalase is used as a treatment for a multitude of oxidative stress-related diseases, due to its antioxidative qualities within the human body.



TERM FEES

Ms O’Connell, School Administration Manager

Thank you to all those families who have paid your Statement of Accounts. Your attention to this matter is appreciated.

YEAR 10 COMMERCE GOVERNMENT ELECTIONS

Tivija K and Yuri S, Year 10

Year 10 Commerce classes have been learning about the Australian government and its political system. This term we completed three activities:

1. writing policies for our political parties,
2. partaking in an election campaign, including the voting process
3. and writing a reflection about our experience of the election

We were put into groups and worked diligently to establish our party's mission and to create various political material as a means of promoting our party. Through these processes, we were able to get a deep understanding of the job of politicians and how they are elected.

Mrs Imer and Mr Ismail guided us with the relevant theory as well as commenting on our parties' material that was continually being posted prior to the election date.

Every party created their own Edmodo account on which we posted our political materials. This included videos, teacher endorsements, infographics, memes, pod-casts and more, so electronics became important.



From the 15 to 24 March, each party posted their political materials on a daily basis on Edmodo. Through the posters and infographics, they described their three policies and what they were aiming for. For example, through the infographics, the parties explained why they decided to do those policies and the statistics supported their policies. Also, each party needed to comment on other parties' posts at least once every day, to give them feedback on what they could have done to improve their political materials.

During lunchtime, on 25 March, Year 10 Commerce students gathered in the hall to hold an election. There were 19 parties and each party had its specific policies to improve their topic such as the environment, education, etc. Every voter couldn't vote for their own party, however, they needed to write the numbers, 1 to 18 as we used the preferential voting method.

Overall, this was a great learning experience for Year 10 Commerce students as we were able to learn about Australia's political system and the voting process.

YEAR 10 DUKE OF EDINBURGH HIKE

Ms Parker, Teacher Librarian

Twenty-six Year 10 students are to be congratulated on completing their Bronze Duke of Edinburgh Test hike on Monday 29th and Tuesday 30th March, hiking from Hornsby to Mt Kuring-gai following the Great Northern Walk. They survived steep descents, "the Staples", steep ascents, creek crossings, leeches, a downpour and the "soul destroying" final ascent.



The students shared a word or a phrase to sum up their two day experience:

A lesson of perseverance!
Slow and steady wins the race.

Eventful

The best experience one can have, that trains you both physically and mentally.

Adventure

Inspiring

Uplifting

An adventure, a lesson, an unforgettable experience.

Mosquito cloud.

Exhilarating

Rewarding

Extremely challenging but an amazing experience

Sore but so very worth it :))

Ouch!

AHMAZING!!

Fun

Good

Worth all of it

Adventurous

Sweaty

Rocky and Sticky

Friendship

Surprising

Torture

Proud

Overexertion

Hard but definitely worth it:))



MUSIC OPPORTUNITIES FOR YEARS 7 AND 8

Mr Burgman, Head Teacher, Music

CALLING YEAR 7 & 8

Are you missing out on one of the best things at WGHS?

2020 was a tough year for music and musicians, but this year we're back to full rehearsals with performances starting soon. More than 130 students are involved, so don't miss out!

What does the **WGHS Music Ensembles Program** offer?

- SIX ensembles, with options for everyone – beginners through to experienced players
- weekly rehearsals with friends in Years 7 to 12
- performances around Sydney
- tours around NSW and even overseas!

This year, we are looking to boost numbers in **Accelerate Ensemble** (for beginners) and **Percussion Ensemble** (all welcome). So right now we are offering **50% OFF** the membership fee for those two ensembles.

You don't need ANY musical experience – or you might have played an instrument since you were three – it doesn't matter! If you'd like to get involved, please contact the school Music Faculty or email the coordinator of the parent committee (musicwghs@gmail.com) for more information.



YEAR 7 LEARNING CONFERENCES

Mr Palmer, Head Teacher Social Sciences

Student progress meetings known as 'Learning Conferences' are scheduled for Thursday 27 May, 2021. The Learning Conferences will take place in the school K Block between 6.00pm and 7.00pm.

Learning Conferences are designed to support each student in their first year at WGHS. Students will reflect on their progress to date and discuss examples of tasks they have completed. Learning Conferences also provide an opportunity for students to set learning goals for the future.

It is essential that students are present in the Learning Conference with their parents / carers.

Please notify the school via email at www.willoughbg-h.school@det.nsw.edu.au to request to attend a Learning Conference by Friday 7th May, 2021. Please indicate clearly in the email the name/s of the parents/carers attending and the name of the student. The school will reply by email to confirm receipt.

After requests are received, each student will be assigned one Learning Conference of 10-15 minutes facilitated by one of their class teachers between 6pm and 7pm.

On Monday 17th May parents/carers can access the school portal for details about the teacher, time and room location of the Learning Conferences for their child.

If there are any questions, please contact the school for assistance.

HAPPY EASTER AND HAPPY HOLIDAYS

Mrs Blomfield, Head Teacher, Technological and Applied Studies

Our Year 12 Hospitality Chefs used their creative skills to bake and ice their Easter creations today.



