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Newsletter 25 September 2020

Term 3 Week 10

Principal's Report

Congratulations to all Year 12 families on supporting your daughters through a difficult year. I hope everyone enjoyed the virtual experience of the graduation ceremony. There were some very emotional students in the hall and the emotions were shared across the school as teachers and students watched the ceremony on the big screens in classrooms.

Instead of our usual luncheon with Year 12 and all school staff, this year, due to Covid restrictions, we held a picnic on the basketball courts which was enjoyed by all. The girls each received a cuddly bear wearing a face mask made from the junior school uniform fabric. Covid has had such an impact on how we do things we decided to 'work with it' rather than pretending it hasn't happened. Ms Blomfield worked tirelessly to make the masks and accompanying bow ties. The girls were most appreciative, and very surprised.

Term 3 has been another challenging term for all of us. Some restrictions are slowly being lifted so we will keep you informed of any changes that affect your daughters. I am sure everyone is looking forward to a break and the opportunity for some relaxation. I know teachers are looking forward to catching their breaths after a busy ten weeks. I particularly wish to thank Ms Blomfield for organizing the year 12 picnic and the bears; Ms Allen and the History staff for organizing the graduation ceremony and the P&C for providing the live stream and professional film maker so families could enjoy the graduation ceremony.

I wish everyone a safe and restful break. All the best to Year 12 as they study in preparation for their HSC Examinations. I hope they all take time to relax as well as get plenty of exercise and sleep.

Year 7-11 students return on Monday 12 October.

Happy holidays

Ms Diprose
Principal





Lending a hand at P&C

Taking a role on the P&C is a wonderful way to keep up to date with what's going on at your daughter's school. There are two P&C meetings each term. P&C is a vibrant forum that is engaging and well supported by an involved Executive team and wider group of committed parents.

Social

Are you willing to lend a helping hand as part of a broader team? The Social role could suit you if you have limited time as it's about 30 minutes per week. Tasks include:

- Social & Event Eventbrite Registration for any of the events and talks that the school and P&C support (often the events are a repeat from a previous year so you don't need to start from scratch and full training is provided, no experience necessary)
- Admin for the WGHS P&C Facebook page
- Year 7 orientation
- Incoming Year 7 P&C club's expressions of interest at the end of each year

We would love to have you. If you are interested, please contact secretary@wghspandc.org.au or join the October meeting.

WGHS P&C

Next P&C Meeting will be held via ZOOM on Tuesday 20 October at 7pm

- ✓ Please follow our Facebook page to stay informed of interesting things happening in the parent community. You don't have to be a Facebook member to access the page
- ✓ All parents are welcome at P&C meetings. These will be via Zoom until further notice. Please download Zoom before joining the meeting
- ✓ Any queries or matters to be raised can be raised via the Secretary at the email address below at any time
- **Facebook:** Facebook.com/wghspandc
- **Email:** secretary@wghspandc.org.au

Details TBC



Leadership Investiture



2020-2021 Incoming Prefects



2020-2021 House Captains



2020-2021 SRC



2019-2020 Outgoing Prefects



OCTOBER 2020 CALENDAR

Week 1A

Monday 12 – Friday 16 October

Monday 12 October –

Tuesday 13 October –

Wednesday 14 October –

Thursday 15 October –

Friday 16 October - Leadership Day

Week 2B

Monday 19 – Friday 23 October

Monday 19 October – Year 7 Religious Seminars

Tuesday 20 October– HSC Commences

Wednesday 21 October– HSC

Year 9 Religious Seminars

Year 10 Religious Seminars

Thursday 22 October – HSC

SRC Planning Day

Friday 23 October – HSC

Term 4 Dates: 12 October – 18 December 2020



COMMUNITY NOTICE BOARD



PARENTING PROGRAMS AT HOME

ALL DELIVERED VIA ZOOM

Our Naremburn, Northern Beaches and Waitara Family Centres are delighted to provide a suite of parenting programs across October & November. Places are limited so please secure your spot as soon as possible and feel free to share with your friends and family. Those residing in Northern Sydney suburbs will be given priority.

WHAT YOU WILL NEED

Computer or laptop users will need a camera on this device, access to the internet and sound. Mobile or tablet users will need to download the free zoom app and have video, sound and internet.

CIRCLE OF SECURITY

A 7 week program for parents of 0 – 5 year olds. Focuses on how you can strengthen your relationship with your children by understanding and responding to your children's needs and behaviours. For further info visit www.circleofsecurity.net

Fridays
16, 23, 30 Oct & 6, 13, 20, 27 Nov 2020
10.00am – 12.00pm
FREE

TUNING INTO KIDS

A 6 week program for parents of primary school children. You will learn how to be better at talking with and understanding your child, help your child learn to manage their emotions, prevent behaviour problems in your child and teach your child to deal with conflict.

Tuesdays
20, 27 Oct & 3, 10, 17, 24 Nov 2020
10.00am – 12.00pm
FREE

TUNING INTO TEENS

A 6 week parenting program for parents of teens aged 10 – 18 years. Discover emotionally intelligent parenting including communicating more effectively with your teen, understand them better, help manage their emotions and prevent behaviour problems.

Wednesdays
21, 28 Oct & 4, 11, 18, 25 Nov 2020
6.00pm – 8.00pm
FREE

KEEPING KIDS IN MIND

A 5 week course for parents experiencing conflict after separation. This course is designed to assist parents to see through their children's eyes the experience of parental separation. You'll also develop a greater understanding about how to support your children.

Tuesdays
27 Oct & 3, 10, 17, 24 Nov 2020
6.00pm – 8.30pm
\$100

BOOKINGS ESSENTIAL

P: (02) 8425 8700
E: intakefs@catholiccaredbb.org.au

CatholicCare
Diocese of Broken Bay



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BEST SUMMER EVER! LEARN TO SAIL

@ Greenwich Flying Squadron
Bay St, Greenwich
Sundays from 17 October

www.juniors.gfs.org.au
juniorsailing@gfs.org.au





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AGE GROUPS:

U6/U7 4v4, no goalkeeper
Monday afternoons
(19th Oct - 14th Dec)

U8 - U16 5v5 with goalkeeper
Friday afternoon
(23rd Oct - 18th Dec)

M/W35 6v6 with goalkeeper
Monday evenings
(19th Oct - 14th Dec)

Summer Football kicking off in October at Northbridge Oval!

Kids play **FREE** with
Active Kids voucher*

Refer a new, non-Northbridge team
to take advantage of a Summer
Football promotion**

*Kids required to have played winter
Football, otherwise with Active Kids
voucher cost is \$7
**Check website for full detail





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28 SEPTEMBER - 9 OCTOBER

SEPT
28

DROP IN: BLOCK PRINTING WITH MATT

Come along to learn how to do some really easy and safe block printing techniques, take away your masterpiece at the end!
COST: Free **TIME:** 11AM-1PM. Lunch Included.

SEPT
29

EXCURSION: OP SHOP CRAWL

Come on an OP SHOP CRAWL to style an amazing outfit to compete to win a \$50 voucher. Choose an outfit, dress up, and feast on some really great food. **COST:** \$50 **TIME:** 11am-2pm.

SEPT
30

DROP IN: SUCCULENT WORKSHOP: PART 1

DAY 1 of 2. Book in for a free workshop, make your own concrete pot for your plant to live in. **COST:** FREE **TIME:** 11am - 2pm.

OCT
1

EXCURSION: BUSHWALK PHOTOGRAPHY

Come along to Synergy for a guided bushwalk photography tour using your phone or camera. **COST:** FREE **MEET:** At Synergy at 09:45am for a 10:00am departure.

OCT
2

DROP IN: SUCCULENT WORKSHOP: PART 2

DAY 2 of 2. Paint your pot, prepare and plant! You need to have attended day 1 for this workshop. **COST:** FREE **TIME:** 11am-2pm.

SYNERGY COVID-19 RESTRICTIONS

- If you are feeling sick or have any COVID-19 symptoms, please stay home
- Synergy Youth Centre will only be open during drop in hours, if you require pick up/drop off, please liaise with the Youth Workers to discuss.
- We have cancelled all activities that require public transport and attendance in high population areas.
- The Centre has a capacity of 8 young people at any time
- All events that have bookings required can only have a maximum of 8 young people.
- All young people attending must follow youth workers directions with regard to cleanliness & sanitisation requests, or you will be asked to leave
- Please note that all activities are subject to change/cancellation, please see our facebook page for up to date information.

SYNERGY IS MOVING

Synergy will be closed during the second week of holidays (October 5 - October 9). We are moving back to our old space under the pool grandstand.

Check out Lane Cove Library as an alternative space to hang out while we are closed.

FOR MORE INFORMATION CONTACT THE YOUTH SERVICES TEAM:



youth@lanecove.nsw.gov.au

facebook.com/SynergyYouthCentre

02 9911 3598 (Youth Team office)



0432 139 925 (Synergy)



178 Longueville Road, Lane Cove

Holiday Program

SYNERGY SCHOOL
HOLIDAY OPENING
HOURS: WE ARE ONLY
OPEN DURING ACTIVITY
TIMES

178 Longueville Road Lane
Cove (next to Living and
Learning Centre)

WE ARE NOW ONLINE:
Excursion and workshop
registration and payments
can now be completed
online via Eventbrite.

Please visit Lane Cove
Council's Eventbrite page
at
[www.lanecovecouncil.
eventbrite.com/](http://www.lanecovecouncil.eventbrite.com/)

For all enquiries regarding
our holiday program please
contact our Youth Services
Team at [youth@lanecove.
nsw.gov.au](mailto:youth@lanecove.nsw.gov.au)
or call 9911 3598

Synergy holiday
programming is
opening to young
people aged 10-18





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HOLIDAY DROP IN

MOSMAN YOUTH CENTRE

Monday 28 Sep to Friday 2 Oct } **2-4pm**

Activities from 2pm

- Dungeons & Dragons
- Hiphop & Break Dance
- Smash Comp
- Art Workshop

AND MUCH MORE ...

Visit mosmanyouth.com.au/holidays

MOSMAN YOUTH

Follow us on facebook and instagram
f @mosmanyouth



COMMUNITY NOTICE BOARD



Are your teens OK?

Join us for a zoom discussion with psychologist Ruth Fordyce, on how to meaningfully connect with your teenager to check if they are ok. Ruth will guide parents and friends on how to have these conversations as well as offer guidance on what you can do if you think your teenager is not ok.

Wednesday 7 October • 6:30pm-8pm

Bookings: kmc.nsw.gov.au/RUOKteens



RUOK?TM
A conversation could change a life.



COMMUNITY NOTICE BOARD



Teaching someone to drive can be a **happy** experience.

You can learn all the simple steps on how to teach a learner driver at a **FREE** online workshop.

TIME AND DATE:

Wednesday
28 October 2020
6.00pm - 7.15pm

VENUE:

Online
(via Zoom)

BOOK NOW ON:

willoughby.nsw.gov.au/gls

**Helping learner drivers
become safe drivers**

