



P: 9958 4141
W: willoughbg-h.schools.nsw.gov.au
E: willoughbg-h.school@det.nsw.edu.au

Newsletter 13 November 2020

Term 4 Week 5

We have reached the mid-point of Term 4 and another busy time in the Willoughby Girls calendar.

School Planning

We have started work on our next Strategic School Plan 2021-2024 and will shortly be seeking family input to assist with determining our priorities for the next four years. We are currently analyzing our achievements in student learning, teacher professional development, student wellbeing and student academic achievement. The next step is to survey students and families before linking these to teacher input and Departmental proprieties. Survey links will be sent to parents and carers next week and your engagement in this process will be much appreciated.

Changes to COVID restrictions

The Department of Education has recently updated Covid regulations for schools in Term 4. You can access these updates via <https://education.nsw.gov.au/covid-19/advice-for-families>.

Presentation Day – 4 December

Presentation Day will again be held at the Concourse, funded by the P&C Association. Due to Covid restrictions, we will be able to accommodate award recipients and two guests per student only. We will also hold two separate events – one for years 7, 8 and 11; one for Years 9 and 10, in order to comply with the Concourse Covid restrictions of a maximum of 350 people, as well as the Department of Education's requirement that we minimize the mixing of year groups. This event is being held earlier than usual this year as we originally scheduled it to fit in with the planned Music Tour to the USA. Another case of 'the best laid plans' being thwarted by Covid.

Higher School Certificate

The HSC Examinations finished on Wednesday this week, much to everyone's relief. I congratulate all students and teachers for their efficient management of the whole school evacuation that occurred in the middle of the Legal Studies Examination. While these students were unable to finish their exam, and the Visual Art students were relocated to Cammeraygal High School for the afternoon exam, NESA has processes in place to ensure they will not be disadvantaged by this disruption. I congratulate all these affected students on the mature way they dealt with this and thank the rest of the students on their admirable conduct throughout that difficult day.

P&C AGM

The P&C Association's Annual General Meeting followed by their regular monthly meeting is being held at the school on Tuesday 17 November. I encourage parents and carers to attend and ask that you let the P&C know if you intend to do so. This is to ensure we the meeting is held in a space large enough to comply with Covid restrictions.

Elizabeth Diprose

Principal





WGHS P&C

Next P&C Meeting will be held face to face in the Staff room on Tuesday 17 November (AGM) at 7pm

- ✓ Please follow our Facebook page to stay informed of interesting things happening in the parent community. You don't have to be a Facebook member to access the page
- ✓ All parents are welcome at P&C meetings.
- ✓ Any queries or matters to be raised can be raised via the Secretary at the email address below at any time

- **Facebook:** Facebook.com/wghspandc
- **Email:** secretary@wghspandc.org.au

NOVEMBER 2020 CALENDAR

Week 6B

Monday 16 – Friday 20 November

- Monday 16 November –
- Tuesday 17 November – P&C Meeting
- Wednesday 18 November – Year 7 Religious Seminars
Year 8 Religious Seminars
- Thursday 19 November –
- Friday 20 November –

Week 7A

Monday 23 – Friday 27 November

- Monday 23 November –
- Tuesday 24 November – Year 7 Swim School
- Wednesday 25 November – Year 7 Swim School
Year 9 Religious Seminars
Year 10 Religious Seminars
- Thursday 26 November – Year 7 Swim School
- Friday 27 November –

Term 4 Dates: 12 October – 18 December 2020



North Sydney Health – Webinars/Seminars

[Parents, Teenagers, Parties, Alcohol And Other Drugs: What's Happening Now And What Can We Expect In A Post Covid World?](#) Online seminar on Thursday 19th November

[Body Confident Children & Teens Webinar Practical tips to help parents better understand and promote positive body image in the home.](#) Thursday 26th November

[Alcohol, drugs, parties & teens online masterclass](#) with Maggie Dent and Paul Dillon. Tuesday 8th December

School TV: Having the Alcohol Discussion

With the impending festive season and end of school celebrations, some teenagers may be feeling ready to party, wanting to put the disruptions, frustrations and disappointments of this past year, behind them.

To ensure our young people stay safe during this time, parents and carers are encouraged to have the alcohol discussion - no matter how difficult or overwhelming it may be. It is important to outline the rules and boundaries around age-appropriate alcohol consumption and what the legal implications may be.

Young people are at greater risk of alcohol-related harm than adults because their brains continue to develop until their mid-twenties. The safest level of alcohol consumption for teenagers, is no alcohol at all, but this may be difficult to enforce and may not prevent them from experimenting. However, parents and carers can influence sensible drinking habits and help minimise the risks.

In this Special Report, a series of discussion points are offered to help make the conversation about alcohol consumption a little easier. We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to your special report [https:](https://willoughby-h.schools.nsw.schooltv.me/wellbeing_news/special-report-having-alcohol-discussion-au)

[//willoughby-h.schools.nsw.schooltv.me/wellbeing_news/special-report-having-alcohol-discussion-au](https://willoughby-h.schools.nsw.schooltv.me/wellbeing_news/special-report-having-alcohol-discussion-au)





Band Practice – COVID safe

How nice is it that Senior Wind Ensemble can practise COVID safe together.





Parent Webinar Recording - Technology, Gaming & Online Safety

Northern Beaches Council recently held a parent webinar on [Technology, Gaming & Online Safety](#) with Dr. Michael Carr-Gregg, Game Aware and ySafe and a recording has now been published for parents and educators who were unable to attend.

The recording is on YouTube and can be accessed here: <https://youtu.be/8h49FvwQ5ms>

Watch the recording from a recent webinar with leading Child and Adolescent Psychologist Dr. Michael Carr-Gregg, Game Aware Founder Andrew Kinch, and ySafe Executive Director Yasmin London. Moderated by local Northern Beaches Psychotherapist Mike Burns, this panel based webinar covers some important issues parents are facing in our current world as young people are required to utilise technology and the internet in education, recreation and their personal lives

More info can be found here: <https://www.northernbeaches.nsw.gov.au/things-to-do/whats-on/webinar-recording-technology-gaming-online-safety>





COMMUNITY NOTICE BOARD

WE'RE COVID SAFE

1-28 NOVEMBER

2020 MINI-MOS UNSTOPPABLE FUN RUN

2K - 5K - 10K

FOUR WEEKS TO JOIN THE FUN, RUN AS MANY TIMES AS YOU LIKE

ADULT \$15 CHILD \$10 REGISTER NOW!

LOT'S OF PRIZES TO BE WON!

REGISTER AT [MINI-MOS.COM](https://mini-mos.com)



DAVID MURPHY.

PROUD MAJOR SPONSOR



CHARITY PARTNER



BROUGHT TO YOU BY
MPS P&C ASSOCIATION



COMMUNITY NOTICE BOARD



Does your child love playing football? Is she or he ready to develop greater football skills with other players of similar commitment?

TRIALS FOR THE LANE COVE SAP LEAGUE & LANE COVE/ST. MICHAEL'S 2021 DEVELOPMENT SQUAD TEAMS - NOW OPEN FOR REGISTRATION

There will be three trial sessions and candidates are expected to participate in all sessions for their 2021 age group (with a minimum of two sessions, if prior commitments present a scheduling conflict). Please indicate upon registration if you anticipate any scheduling conflicts.

Trial Session 1: Thursday, 5 November, 2020 @ Blackman Park

Trial Session 2: Thursday, 12 November, 2020 @ Blackman Park

Trial Session 3: Thursday, 19 November, 2020 @ Blackman Park

4:00pm – 5:15pm for U8-U10

5:15pm – 6:30pm for U11-U14



Please arrive 15 minutes early to check in for trials. All triallists must pre-register for the sessions, as we are following Covid Safety Plan protocols.

For more information and to register for the 2021 trials, please head to our website:
<https://lcfc.com.au/registration/development-squad-trials/>

For any enquiries, please email us:
admin@lcfc.com.au



COMMUNITY NOTICE BOARD

Lane Cove Youth Centre

Term 4

Term
Programming is
open to young
people aged
11-18

13 OCTOBER - 16 DECEMBER 2020

SKATE WORKSHOPS

The team from TOTEM Skateboarding will be coming out to the Centre for some learn to skate workshops. No equipment required - just rad energy.

WHEN: Tuesday 3 November & Tuesday 17 November, 4:00pm - 5:30 pm

WHERE: Lane Cove Youth Centre
COST: Free!

RECYCLED ART WORKSHOPS

The team from The Bower in Marrickville will be coming out to show us how to make art from recycled materials

WHEN: Saturday 31 October, 1:00pm - 3:00pm

WHERE: Lane Cove Youth Centre
COST: Free!

Bookings Essential - to be made via eventbrite.

OUR REGULAR PROGRAMMING

Don't forget our regular activities that we run every week, these are always FREE! Because of COVID-19, all cooking activities will be completed by the Youth Workers. However, you will be able to eat what we cook!

TUESDAY: Small Snacks & Baking

WEDNESDAY: Mid-Week Mindfulness

FRIDAY: Friday Night Feast

NAIDOC WEEK 2020

To help celebrate Naidoc Week 2020, we're teaming up with Council's Cultural Programs team. Please stay tuned to our Facebook for further details.

END OF YEAR SKATE JAM

It's finally time to say farewell to 2020! We're excited. Good vibes, free food, great music, plus the team from TOTEM Skateboarding will back to have a skate jam with us.

WHEN: Saturday 12 December, 12:00pm - 6:00pm

WHERE: Lane Cove Youth Centre
COST: Free!

CURRENT UPDATES: COVID-19

- If you are feeling sick or have any COVID-19 symptoms, **please stay home**
- The new Youth Centre has a capacity of **30 young people** at the one time
- If you're a parent, and you'd like to check out our new space, please let us know first so we can sign you in.
- All young people attending must follow Youth Workers directions in regards to cleanliness & sanitising requests, or you will be asked to leave.
- Please note that all activities are subject to change/cancellation, please see our Facebook page for up to date information.

LANE COVE YOUTH CENTRE OPENING HOURS

TUESDAY - THURSDAY:
3:00pm - 6:00pm

FRIDAY: 3:00pm - 8:00pm
SATURDAY: 12:00pm - 5:00pm

FOR MORE INFORMATION:

@ youth@lanecove.nsw.gov.au

f facebook.com/SynergyYouthCentre

☎ 02 9911 3598 (During office hours)

☎ 0432 139 925 (during opening hours)

📍 8 Little Street, Lane Cove

