



WILLOUGHBY GIRLS HIGH SCHOOL

A Leader in Girls Education

NEWSLETTER

Phone : 9958 4141

<https://willoughby-h.schools.nsw.gov.au/>

16 AUGUST 2019

AUGUST 2019 CALENDAR

Week 4B 19-23 August

- Monday 19** Year 12 Trial Exams
Year 10 Geography Excursion
Suginami Students
- Tuesday 20** TAFE HSC Trial Exams
Suginami Students
P&C Meeting – 7pm Staff
Common Room
Year 11 Music Recital – 7pm
School Hall
- Wednesday 21** Suginami Students
P&C – Rowan Kunz Evening –
6.30pm School Hall
- Thursday 22** Year 10 History Incursion
Suginami Students
- Friday 23** Year 7 Peer Support
Suginami Students - Farewell

Week 5A 26-30 August

- Monday 26**
- Tuesday 27**
- Wednesday 28**
- Thursday 29** Festival Creative Arts opens
- Friday 30** Festival Creative Arts
Ensemble Breakfast
Year 9 Beach Excursion
Year 7 Peer Support

(Red tynafaa denotes the event is open to the public)

Year 12 activities – Week 10, Term 3 2019

Uniform / Jerseys

Year 12 students are expected to wear full senior uniform every day including their HSC examination days. The Year 12 Jersey is a special provision and may be worn during examinations.

References

The Principal, issues these along with a folio after the Leaver's Form has been completed. Students are to return all textbooks and resolve any outstanding money matters. For the receipt of a reference, appropriate student behaviour is essential during this end of year time.

The Leaders Investiture takes place Monday 23 September. Outgoing prefects pass on their badge of office to the incoming Year 11 prefects for that year. A special morning tea is held for the incoming school leaders, their parents and school executive, during recess.

The Revue performed by Year 12, will take place on Tuesday 24 September Period 1. It is intended to be clever and humorous, and should in no way offend others. The revue in rehearsal is vetted by the Deputy Principals. Year 12 students will go home after the Revue once everything is cleaned up. They will return dressed appropriately for the luncheon.

The Luncheon will also take place on Tuesday 24 September with Year 12 arriving at 12.30pm for a 1.00pm start. It is a formal but relaxed occasion, involving speeches and presentations. Students wear appropriate day dress and should note that it is a school function where the rules regarding alcohol and smoking apply. Students in Years 7 – 11 will be dismissed at 1.00pm that day.

Both the revue and luncheon are in-school events, with no outside guests.

The Year 12 Graduation Ceremony will take place Wednesday 25 September, Periods 3 and 4 in the last week of Term 3. Year 12 students are presented with academic and special awards. It is coordinated by a member of the executive. Parents and relatives of Year 12 are invited to attend with a limit of two visitors per student.

Ms Jennifer Watts
Deputy Principal



WGHS P&C



Facebook.com/wghspandc



secretary@wghspandc.org.au



Next P&C Meeting will be held on:
Tuesday 20 August at 7.00pm

- ✓ Please follow our Facebook page to stay informed of interesting things happening in the parent community. You don't have to be a Facebook member to access the page
- ✓ All parents are welcome at P&C meetings, held twice per term at 7.00pm in the staff common room (Access via front door)
- ✓ Any queries or matters to be raised can be raised via the Secretary at the above email address at any time.

Voluntary Contribution Invoices

The School is currently sending invoices to all parents for various outstanding contributions, excursion costs and subject fees etc. The invoices are accompanied by a letter of explanation regarding the different kinds of items on the invoice, as detailed below.

Subject fees - These are used for consumable items (art supplies, timber, fabric & food for TAS subjects, sheet music, photographic materials, drama masks, etc.) used by your daughter according to her subject selections.

Voluntary School Contributions:

- While the General School Contribution is voluntary, we encourage all parents to pay if possible, as these funds provide additional resources to support students' learning (such as text books, printed resources and specialist equipment).
- The ICT Fee assists in the employment of our Technical Support Officer who helps students with their learning devices, manages the school network as well as maintaining the ICT resources within the school
-

Voluntary P&C Association Contributions:

- The P&C Association requests support to fund projects around the school, recent P&C funded items include: upgrade of the audio visual system in the hall, the hire of Chatswood Concourse for our annual Presentation Day, the large artwork display screens, the laser cutter and 3-D printers.
- The P&C Association also requests a tax deductible contribution to their Building Fund. This will contribute towards additional items in the new building, such as the artwork and design for the external decorative screen on the western side of the building. In the past this fund has provided the large shade structures and the painting and re-carpeting of classrooms. These funds will also be used for future upgrades of our current buildings.

If you require any assistance with any of these contributions, please contact the school.

Excursion costs are sometimes included in these invoices – all excursion costs must be paid in order for your daughter to attend. As with subject fees, if you are unable to pay these for any reason, please contact the school office so alternative arrangements can be made. It is important that no student misses out on important school activities.

Ms Elizabeth Diprose
Principal

Useful information for parents and students (Years 10 and 11)

<http://educationstandards.nsw.edu.au/wps/portal/nesa/11-12/hsc/hsc-minimum-standard>

WHAT IS THE HSC MINIMUM STANDARD?

A minimum standard of literacy and numeracy is required to receive the **HSC from 2020** to reflect the importance of literacy and numeracy for success in daily life.

HSC students will need to meet the HSC minimum standard in three areas – reading, writing and numeracy.

If a student is sitting her HSC exams in or after 2020, she will need to meet a [minimum standard of literacy and numeracy](#) to receive her Higher School Certificate.

- Literacy and numeracy skills are key for success in everyday life. Achieving the HSC minimum standard means you will have a [level of skills](#) necessary for success after school.
- Students show they have met the HSC minimum standard by passing [online tests](#) of basic reading, writing and numeracy skills needed for everyday tasks. The minimum standard online tests are not based on NAPLAN.
- Students' master basic skills at different stages so there are multiple opportunities available for students to [understand what to expect](#) and pass the minimum standard online tests, from Year 10 until a few years after Year 12.
- Some students will be eligible for [disability provisions for the minimum standard tests, or an exemption](#) from the HSC minimum standard requirement.

When are the tests available?

Students can sit the tests up to twice a year in Year 10, 11 or 12 and even after the HSC.
Please see Ms Atchison if you have questions about these tests.

Ms Janet Atchison
Deputy Principal

NSW Health alert

As we head into late winter and spring, NSW Health are urging everyone to be alert to the symptoms of meningococcal disease.

NSW Health have launched a state wide campaign about identifying the symptoms of meningococcal disease.

Meningococcal disease is caused by a bacterial infection that can lead to serious illness if not recognised and treated in time. While anyone can contract meningococcal disease, infection rates are higher in children aged 0 - 4 years and young people aged 15 - 24 years.

Do you know the symptoms of meningococcal disease?

Symptoms of meningococcal disease include:

- * Sudden onset of fever
- * Headache
- * Neck stiffness
- * Joint pain
- * Dislike of bright lights
- * Nausea
- * Vomiting
- * Irritability
- * Rash of red-purple spots or bruises that doesn't disappear when pressure is applied. (A rash does not always appear or it may occur late in the disease).

Some or all of these symptoms may appear and can mimic other common illnesses. Symptoms usually occur suddenly and can get worse quickly, so it's important to seek urgent medical treatment.

Vaccination is the best way to prevent the spread. The NSW School vaccination program provides free vaccination against meningococcal disease for year 10 students in 2019. Students ages 15-16 can access free vaccine from their GP.

Act fast and seek medical advice quickly

People infected with meningococcal disease can become extremely unwell very quickly. People who could have meningococcal disease should seek urgent medical advice.

For more information about meningococcal disease and vaccinations, or to obtain information to promote this within your school community, visit www.health.nsw.gov.au/infectious/meningococcal

Year 8 Ski Trip

The Year 8 Ski Trip was yet another fun and memorable occasion where Year 8 challenged themselves against the physical and psychological elements to Ski. The conditions were amazing with a 60 cm dump of snow overnight on our final day of skiing. It simply did not stop snowing which was an amazing spectacle.

The organisers of the Ski Trip again complimented students on their behaviour and friendly spirit. We look forward to next year to do it all over again!!

Ms Best
PDHPE Head Teacher

Below is an article by Annabelle A – Year 8

Year 8 ventured south to the ski fields from the 7-9th August. We had a 7-hour bus trip, which sounds boring, but we were surprised when we got on the bus as everyone came together and sang songs, had conversations and got closer overall. When we got to Jindabyne (the place we stayed), everyone was so excited to get off the bus and explore our new home for the next three days.

The first day we woke up at 5.30am to a very cold morning. We quickly got ready and rushed to the dining room to have breakfast. Once we finished we rushed back to our rooms to do the final prep before we left for the big day ahead of us. We started with a two hour ski lesson (in our levels that we had previously chosen) on Friday Flats. This was a great opportunity for beginners to get the hang of skiing and advanced skiers to learn some new techniques and tricks. After that, we had the chance to enjoy the amazing lunch at a cafe, which kept us warm and satisfied. We were able to experience some free time on Friday Flats, by skiing in our friendship groups for two hours. We then had a further two hours attempting to ski on the more challenging slopes, learning a few tricks and new skills. We then headed back to Jindabyne on the bus and got into our warm pyjamas, had dinner and prepared for the next day ahead of us.

We enjoyed breakfast and a visit from Miss Pryor who popped into our rooms to let everyone know, 'It's snowing in Jindabyne ladies'. Today was going to be much colder, with extreme blizzard conditions, which meant we needed to wrap up and wear a lot more layers than the day before. We travelled out via the bus where we had another two hour lesson with our ski teacher, lunch, two hour free time (in our ski groups) and then back on the bus to head back home...our real home ☺. The trip home was fun and we were surprised as we were sick of fast food by then. Coming home to smiling parents missing their daughters was the best! The Ski trip has been our favourite camp yet!



Year 10 Wellbeing Day 2019

Year 10 had a fantastic Wellbeing Day on 29 August 2019. We started the day with a special guest speaker, former Miss Australia, who presented an engaging lecture. She not only focused on the modelling world and how surprising it was for her to have become Miss Australia, but she also talked to us about self-confidence and body image. She also introduced a project she has created, titled Miss Adventure. Miss Adventure is a program that encourages aspiring young girls to step outside their comfort zones and learn all sorts of life skills through camps and day activities.

In Periods 3 & 4 we enjoyed the opportunity to play the drums as a year group. We ran through a song and we all loved beating the drums! Our next speaker was a multi marathon runner who explained to us what she does to keep herself motivated. She got us to think about a word that we wanted to achieve and we wrote it on a rock as a keep safe. It was an extremely interesting double period filled with learning as a year group.



After a picnic lunch in the sunshine, we broke off into groups and participated in a range of activities. These activities included:

- ❖ Mandala colouring – Meditation was very relaxing and chosen because of its proven positive effects for memory and concentration, both very important skills required for senior years of school.
- ❖ Yoga class and Meditation - The mandala colouring in was a peaceful activity as we did it in silence, surrounded by our friends. The yoga was a 30-minute class, which included stretches and beginner level moves and things we can take away and do at home. We learnt that yoga is a great thing to do when stressed and anxious about school and encourages creativity.

Overall, I am sure we can all agree that the Year 10 Wellbeing Day was a total blast! It allowed us to relax, feel carefree and take away some valuable advice, which will help us with our mental and physical wellbeing. A huge thank you to everyone involved, for making this day a memorable one.

Imogen C, India-Rose D & Lara M - Year 10



Celebrating Cultural Diversity Day

One of the many highlights of the Willoughby Girls High School calendar is Celebrating Cultural Diversity Day, which was recently held on the last day of Term 2.

This year, the day was a huge success, accommodating a very extensive array of distinct cultures, their cuisines and traditions- a range that spanned from all over the globe. As the saying goes, "the easiest way to win hearts and minds is through the stomach". Food is a valuable tool that can be used to fuel connection and traverse cultural differences- an attribute that Diversity Day has recognised, running various food stalls that allow students to appreciate the vibrant and unique tastes of countries around the world. We have thoroughly enjoyed the fun and cultural insight the day has delivered to us and are looking forward to what next year will bring.

**Audrey F – Year 9
SRC**

Thanks to the students who ran the stalls on the day, the profits made by the stall holders (over \$2000) has been donated to Settlement Services International <https://www.ssi.org.au/> who help to support refugees and asylum seekers living in NSW.

**Ms McIntyre
Mathematics Teacher**



Festival of Creative Arts Exhibition



WILLOUGHBY GIRLS HIGH SCHOOL
Festival of Creative Arts 2019

Exhibition

Visual Arts
Photographic & Digital Media
Visual Design

Opening; Thursday 29 August 6:00pm

Performance

HSC Music Performance Evening
Monday 2 September 2019 6:30pm

Helping your daughter develop great study habits - Rowan Kunz

- Wednesday 21st August 6.30pm – 7.30pm (plus questions), School Hall
- Years 7-10 Parents & guardians
<https://www.artofsmart.com.au/about-us/>

WGHS P&C are excited to host this free of charge event for parents and guardians of all girls in years 7-10 to encourage your daughters in developing and embedding fantastic study habits. Rowan Kunz, founder and CEO of Art of Smart, is a dynamic educator, award-winning serial entrepreneur and engaging speaker with a passion for inspiring young people to challenge themselves to excel at school and beyond.

This event follows Rowan's popular talk to parents of HSC pupils in March this year and has been tailored specifically for parents of girls in the junior school.

Art of Smart Education was born out of a belief that excelling at school and beyond requires more than just a focus on the syllabus and grades.

If you have any particular questions that you would like Rowan to address please email them to social@wghspandc.org.au or post them on our Facebook page at <https://www.facebook.com/wghspandc/>

Rowan Kunz Parent Information Evening – Please RSVP: <https://rowankyear7to10.eventbrite.com.au>

We look forward to seeing you.

Regards

Willoughby Girls High School P&C Association
e: social@wghspandc.org.au





COMMUNITY NOTICE BOARD

CHATSWOOD
STREET
FAIR 2019

SATURDAY 7
SEPTEMBER

CHATSWOOD CBD

10AM - 4PM

WILLOUGHBY CITY COUNCIL

emergefestival.com.au

The poster features a colorful geometric background with a large circle in shades of orange, pink, and blue. To the right, there are stylized dandelions in pink and orange. The text is arranged in a clean, modern font, with the date and time highlighted in black boxes.

StreetFair - 10am – 4pm, Saturday 7 September

Chatswood Mall, Victoria Avenue, Chatswood (Free event)

StreetFair, the North Shore's biggest street party, returns for its 22nd year on Saturday 7 September in Chatswood.

The flagship event of Willoughby City Council's spring extravaganza – Emerge Festival, the Chatswood CBD will spring to life in a sea of colour as over 700 people show off their cultures, costumes and style as they march, dance and perform in the annual street parade from 10.30am.

"Emerge Festival celebrates the emergence of spring, new talent, community and our cultural diversity. It's a jam packed program of events for little ones, and the young at heart."

Highlights include:

- Magical Lane – children's fantasy world including unicorn rides, jumping castle and animal farm
- Big Band Stage – rock out to the North Shore's best concert and school bands
- Kidzone Stage - performances from the North Shore's best dance schools
- Rock climbing wall – Victor Street
- StreetFair Arcade - Join the Australian Esports League and play Just Dance, Super Smash Bros. Ultimate, Mario Tennis Aces, Tekken 7 or Asphalt 9 on your mobile with Gameloft.
- Zen hub – yoga and guided mediation area
- International food stalls – enjoy a range of delicious food from around the world.

For more information on StreetFair and the Emerge Festival visit www.emergefestival.com.au



COMMUNITY NOTICE BOARD



Willoughby Girls High Uniform Shop has moved!

Noone Chatswood Uniform Super Store is now open.


Ground Level, 328 High Street, Chatswood


Hours: Monday to Friday 9-5, Saturday 9-1

Plenty of parking – on street and undercover.

Located near The Sydney String Centre.



 **Sydney Office**
Suite 1, 328 High Street
Chatswood NSW 2067

 **Toll Free:** 1800 339 570
P: 02 9436 1700
F: 02 9436 1244

 **E:** sydney@noone.com.au
W: www.noone.com.au



COMMUNITY NOTICE BOARD

CHATSWOOD RANGERS

SUMMER

FOOTBALL

Venue: Chatswood High School

Age groups: U8 to U18

Who: Boys and girls-only competitions

Playing format: 6-a-side

When: Thursdays 12 Sep to 19 Dec over 13 weeks*

To register or for further information please contact Brett Backhouse
Email: brettbackhouse71@gmail.com Ph: 0412 607 338

***No competition on 3 Oct and 10 Oct (school holidays)**