



WILLOUGHBY GIRLS HIGH SCHOOL

A Leader in Girls Education

NEWSLETTER

Phone : 9958 4141

<https://willoughbg-h.schools.nsw.gov.au/>

22 NOVEMBER 2019

NOVEMBER/DECEMBER 2019 CALENDAR

Week 7A 25 – 29 November

- Monday 25** Year 11 Work Placement
Year 9 iSTEAM Excursion
- Tuesday 26** AGM & Final P&C Meeting. 7pm Staff
Common Room
Year 7 Swim School
Year 11 Work Placement
Year 9 French Excursion
- Wednesday 27** Year 11 Work Placement
Year 7 Swim School
- Thursday 28** Year 11 Work Placement
Year 7 Swim School
Nepal Immersion July 2020
Information Evening – 6pm Library
(Years 8-10 2019)
- Friday 29** Year 11 Work Placement

Week 8B 02-06 December

- Monday 02**
- Tuesday 03** Year 7 Orientation Day
Year 7 Showcase
P&C & School Executive Annual
Christmas Dinner – 7pm
Fattoosh, 330 Penshurst St, Willoughby
- Wednesday 04** Year 9 Peer Support
Year 10 Peer Support
Year 11 Author Talk
- Thursday 05** Year 9 Peer Support
Year 10 Peer Support

- Friday 06**
- *****

(Red typeface denotes the event is open to the public)

TERM 4 DATES:

14 October – 18 December 2019

HSC Minimum Standard

Students need reading, writing and numeracy for everyday life after school.

This is why students in NSW are being supported to meet a minimum standard of literacy and numeracy to receive the HSC from 2020.

To show they meet the HSC minimum standard, students need to achieve Level 3 or 4 in short online reading, writing and numeracy tests of skills for everyday life.

Students do not need to sit the reading, writing or numeracy test(s) if they achieved Band 8 or above in the respective 2017 Year 9 NAPLAN test(s).

Some students with disability may be exempt from meeting the minimum standard to receive their HSC testamur.




Together with the NSW Literacy and Numeracy Strategy, the HSC minimum standard is part of an effort to improve the literacy and numeracy outcomes for students.

For more information, please see the flyer and the fact sheet.

Please ring me if you have any further questions.

Janet Atchison

Deputy Principal

WGHS P&C	
	Facebook.com/wghspandc
	secretary@wghspandc.org.au
 Next P&C Meeting will be held on: Tuesday 26 November (AGM) at 7.00pm	
<ul style="list-style-type: none">✓ Please follow our Facebook page to stay informed of interesting things happening in the parent community. You don't have to be a Facebook member to access the page✓ All parents are welcome at P&C meetings, held twice per term at 7.00pm in the staff common room (Access via front door)✓ Any queries or matters to be raised can be raised via the Secretary at the above email address at any time.	

Year 9 Vocational Skills and Volunteering Day.

On Thursday 14 November 2019, saw many Year 9 students participate in various activities that provided opportunities for the learning of new skills, experiencing vocational pathways outside of school and volunteering to aid people in need.

This year, 24 people travelled to the CBD College in George Street to gain new skills in the world of Barista including how to store coffee, the temperature of the water and how long it must run through the beans to make the best tasting coffee. These skills can be transferred into finding part time work in a café.

The Hair and Makeup sessions, run by the two Northern Sydney Institute TAFE trainers went smoothly. The students worked on mannequins and each other to create a new style with skin care and make up application.

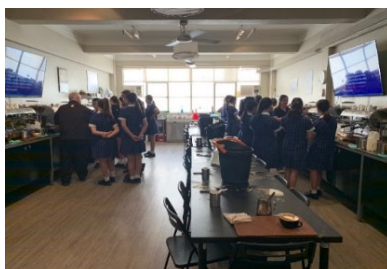
The Flower Fancy workshop within school saw the students surrounded by hundreds of flowers in buckets to be arranged into bunches and boxed with other students making hair garlands during the workshop.

The Birthing Kit assembling occurring in D15 saw the ladies from Zonta North Sydney Breakfast Club helping us hygienically pack birthing supplies to expecting mothers in developing countries (through the Birthing Kit Foundation of Australia). This was an exceptional opportunity to donate our time and effort into helping mothers across the world have safer and cleaner births. Hopefully helping to significantly decrease the mortality rate of mothers and their new born babies.

Arts and crafts and games in the library helped students take their time to knit, paper fold, make jewellery and complete massive jigsaw puzzles.

Over all a great day!!

Ms Morris
Careers



Year 8 Design and Technology



The Geography Beach Excursion

On Friday 8 November, Year 9 students of Willoughby Girls High School had the opportunity to visit two beaches, Manly and Collaroy.

Throughout the day, the students were to complete a work booklet that asked questions that ranged from:

- What coastal management methods had been implemented between the two beaches?
- Were they effective and how it compared to the other beach?

On the first part of the excursion, the students visited Manly. We were then separated into groups depending on our classes, where we were guided to different destinations and told about their significance to the beach. We later switched to different locations, so that everyone was able to learn about the different parts of the beach.

One of our guides spoke about the shell middens that were formed by the Indigenous Gayemagal Clan that lived near Manly Beach, and how unfortunately most middens were taken down due to urbanisation and tourism. However, one midden still remains at the beach as it was buried under layers of sand and vegetation. Another interesting activity was the tour and talk of the sand dunes and how specific plants such as tea trees, wattle spinifex and banksia were used to stabilise the dunes from erosion. We then hiked up a steep hill trail to the Barrenjoey Lighthouse, where we were able to acquire a much clearer view of the beach. We were asked to produce a field sketch of the landscape below, annotating significant figures such as the ocean, sand dunes, and urbanised locations.

After a short bus ride to Collaroy, we were introduced to the large contrast in coastal management systems. We produced another field sketch that annotated the major differences such as the portion of the beach at which the sand had taken, in contrast to Manly's or the beach's solution to the formations of sand dunes. Overall, this excursion was an awe-inspiring experience, where students were given the privilege to walk on to the sandy beaches, with both an educational and engaging encounter to geography.

Victoria Diep – Year 9



P&C News

2019 Wrap Up

We're coming to the end of another busy year. The new school building is nearing completion and the whole community is excited about moving in and using it.

Thank you to all parents who have contributed additional, tax-deductable funds into the Building Fund over the past two years. Your contributions have made a huge difference and will enable us to focus on upgrading other areas of the school. Some proposals being discussed at present include contributing to refurbished Science labs, resurfacing the old netball courts (on the eastern boundary near the teachers' car park) and a new all-weather shade cover for the new basketball courts.

Liz Foster, WGHS P&C President

Social/Events Help

The current Social Committee secretary is in her last year as a parent at WGHS, so we're looking for someone new to take on board the following:

- P&C's Facebook administrator
- Creating event links (via Eventbrite) for P&C and some school events
- Creating and managing the registration link (from 2020) for Orientation in December. The Eventbrite link covers off all P&C music and sports club's information and the Year 7 class list, as a one stop shop for new enrolments to complete for Expressions of Interest.

Please contact social@wghspandc.org.au if you can help

Second hand Uniform donations – URGENTLY NEEDED

Our second-hand uniform stock is running very low.

All uniform items you're able to donate can be dropped at the school office (especially junior uniforms with orientation approaching). All uniforms for resale are laundered items in good condition and are available for resale at a separate location in Artarmon (not Noone or School).

Please contact Brenda direct if you would prefer to drop them at her house.

Brenda.bridson31@gmail.com

Nepal Community info evening (Yrs 8-10 2019)

Following the incredible Vietnam experience this year, P&C are pleased to announce the 2020 July school holiday family community volunteering immersion with Antipodeans to Nepal.

The information evening will be at **6pm, Thursday 28 November in the Library** if you would like to know more. Antipodeans will also present to the girls in assembly on Monday 25th November.

RSVP – www.tinyurl.com/wghsinfo

Please contact parent coordinator Monique Kowalczyk at palinsander@yahoo.com with any queries

Diary Dates

Tue Nov 26, 7pm Staff Room: AGM & final P&C meeting. Come and be part of the discussions about your daughter's school.

Thu Nov 28, 6pm Library: Nepal Immersion July 2020 Information Evening (Years 8-10 2019)

Tue Dec 3 – P&C & School Executive Annual Christmas Dinner, 7pm Fattoosh, 330 Penshurst Street, Willoughby. RSVP: secretary@wghspandc.org.au

Invitation to Parents

On 12 December between 11.30am and 12.30pm there will be an exhibition of projects from all students in Years 8 and 9.

The exhibition will include strategies to save endangered species and expressions of an interconnected world. These projects have required students to work collaboratively to apply skills and concepts from Mathematics, Languages, Science, Visual Arts and Geography. We are looking forward to presenting the students' efforts which promise to be innovative, thoughtful and imaginative.

On the day, please come to the School Hall to begin viewing.

Matthew Palmer
Head Teacher Social Science

SPECIAL REPORT: Eco-Anxiety

The media coverage of climate change activist, Greta Thunberg, not only helped raise awareness of this issue, but it has also instilled fear in many young people. Children around the world are feeling overwhelmed by the magnitude of the issue. They are getting caught up in a doomsday scenario and collective hysteria that is causing, what is now termed as 'eco-anxiety'.

Anecdotal reports suggest that children of all ages, even pre-schoolers, are being treated for eco-anxiety by healthcare professionals and psychologists fear that this may lead to a learned helplessness or hopelessness.

As parents and care-givers, it is important to understand how best to diffuse a child's anxiety relating to impending environmental disasters. Discussing the known facts and instilling hope will give children a clear vision for a positive future. Reassurance about what countries and individuals are doing, and what you can do as a family, will go towards helping curb the effects of eco-anxiety.

In this Special Report, parents and care givers will be provided with strategies on how to approach conversations on environmental issues that are age appropriate. We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to your special report:

https://willoughbg-h.schools.nsw.schooltv.me/wellbeing_news/eco-anxiety



SPECIAL REPORT

Eco-Anxiety





Willoughby Girls High School Family Community Trip July 2020

Dear Parents/Guardians,

Antipodeans is excited to announce the launch of the Willoughby Girls High School Nepal Family Community Trip departing in July 2020! Open to all 2020 Year 9-11 students, this once in a lifetime experience will give you and your daughter the opportunity to see the local side of Nepal while creating unforgettable memories.

Nepal Expedition Highlights!

- Contribute to a sustainable, hands-on community service project aligned with the UN Global Goals
- Capture a photo of a life-time whilst strolling below the tallest mountain peaks in the world amongst stunning scenery.
- Explore the incredible markets, bazaars, temples & palaces in Kathmandu.

We would like to invite you and your daughter to a dedicated presentation where we will discuss the Trip and its benefits, the pre-departure program, safety and back-up procedures, fundraising support and answer any questions you have about this unique and rewarding educational opportunity.

Thursday 28th November 2019, 6:00pm – 7:00pm

Willoughby Girls High School - Library

PLEASE REGISTER FOR THE INFORMATION EVENING VIA THE LINK BELOW:

www.tinyurl.com/wghsInfo

About Antipodeans

The Expedition is managed by student travel specialists, Antipodeans, who bring over 27 years' experience in conducting high school Expeditions through 30+ developing countries. You can read more about Antipodeans' Expeditions online at: www.antipodeans.com.au

Rewarding, hands-on community service projects are the central focus of this Expedition. Antipodeans' carefully selected projects are sustainable and safe, provide local employment and are created in consultation with local communities, many of whom have been working with Antipodeans for a number of years.

This is truly a once in a lifetime experience that we encourage you to find out more about! If you have any difficulty registering for the event, please don't hesitate to contact us using the details below.

Warm regards,

Antipodeans

Will Hams - whams@antipodeans.com.au

WGHS Parent Coordinator

Monique - palisander@yahoo.com



COMMUNITY NOTICE BOARD

NSW Department of Education

Before and After School Care Have your say

The NSW Government is committed to increasing the provision of before and after school care.

Have your say at

<https://www.service.nsw.gov.au/basc>

Online feedback closes December 2019





COMMUNITY NOTICE BOARD



Youth out-LOUD

Are you aged 14-18?

**EVER DREAMED OF
ATTENDING TED-EX YOUTH?**

**Friday 22 November
Chatswood Youth Centre**

Youth out-LOUD is a youth-led event organised by Willoughby Youth Action Group that will showcase young speakers sharing their ideas on issues impacting young people in our city to help them feel more confident transitioning into adulthood.

Presentations cover topics such as:

- Mental health
- Body image
- Money - financial awareness
- Discrimination
- Employment skills

FREE EVENT

5.30pm - 8pm, 22 November

Register for tickets on Eventbrite or contact renee.simpson@willoughby.nsw.gov.au for more information.



Chatswood Youth Centre - cnr Albert Avenue and Victor Street, Chatswood



COMMUNITY NOTICE BOARD



EQUINE ASSISTED LEARNING

Sheez Like the Wind Equine Experiences provides experiential Equine Assisted Learning programs, connecting horses with humans, through innovative and engaging workshops.

We offer trauma-informed experiential education, youth engagement, and family-focused interventions through meaningful interactions with horses.

For more information:

Email: eleni@sheezlikethewind.com

Web: www.sheezlikethewind.com

FB: Sheez Like the Wind Equine Experiences

SHEEZ LIKE THE WIND EQUINE EXPERIENCES AWARENESS WALK FUNDRAISER 2019

Walk with the herd for a great cause

AWARENESS OF SELF, OTHERS, OUR COMMUNITY & OUR ENVIRONMENT

There is something spectacular about being out in nature that re-sets our Mind-Body-Heart balance- and horses truly embody this to the fullest, like no other species! The Sheez Awareness Walk takes place in the beautiful Kuring-gal Chase National Park, together with our wonderful herd of horses and humans. This is a non-ridden activity, to form bonds with the herd,

while we teach you valuable Mindfulness and Sensory Awareness tools in nature. Come join our Cowgirls and horses for a bushwalk fundraiser, to raise your sensory and self-awareness, while raising funds to subsidize some young people and families to participate in free equine sessions this Christmas! Increase your own self-awareness while we also raise awareness about mental health issues in our community!

Dates: Sun 17 Nov & 8 Dec 10am-12pm

