



Willoughby Girls High School



FRESH & HEALTHY EVERYDAY FOODS

AVAILABLE EVERYDAY

SANDWICHES

CURRIED EGG & LETTUCE ^(E)	\$ 3.5
HAM, CHEESE & TOMATO ^(E)	\$ 3.8
SWEET CHILLI CHICKEN ^(E) TENDERS, LETTUCE, SWEET CHILLI MAYO	\$ 4.0

WRAPS

	SGL	DBL
SWEET CHILLI CHICKEN ^(E) CHICKEN, LETTUCE, SWEET CHILLI MAYO	\$ 3.0	\$ 5.0
CHICKEN CAESAR ^(E) CHICKEN, COS LETTUCE, EGG, CHEESE	\$ 3.0	\$ 5.8

SALADS

WATERMELON ^(E) WATERMELON CHUNKS	\$ 3.5
FRUIT ^(E) FRESH SEASONAL FRUITS	\$ 4.0
CHICKEN CAESAR ^(E) CHICKEN, COS, EGG, CROUTONS, CHEESE	\$ 6.0

\$2 EVERYDAY FRESH DEAL



GRAB A \$2 WATER
WHEN YOU BUY ANY
OF OUR EVERYDAY
RATED FOODS

EVERYDAY PRE ORDER BEFORE 10AM

SANDWICHES

CHEESE & TOMATO ^(E)	\$ 3.5
HAM & CHEESE ^(E)	\$ 3.5
EGG & LETTUCE ^(E)	\$ 3.5
SALAD ^(E) LETTUCE, TOMATO, CARROT, CUCUMBER, BEETROOT	\$ 3.8
TERIYAKI CHICKEN ^(E) SWEET TERIYAKI SAUCE, LETTUCE	\$ 4.0
CHICKEN, LETTUCE & MAYO ^(E)	\$ 4.0
HAM SALAD ^(E) LETTUCE, TOMATO, CARROT, CUCUMBER, BEETROOT	\$ 4.0

WRAPS

	SGL	DBL
SALAD ^(E) LETTUCE, TOMATO, CARROT, CUCUMBER, BEETROOT	\$ 3.0	\$ 5.0
CHICKEN, LETTUCE & MAYO ^(E) AVAILABLE BY PRE ORDER	\$ 3.0	\$ 5.5
LEG HAM ^(E) LETTUCE, TOMATO, CARROT, CUCUMBER, BEETROOT	\$ 3.0	\$ 5.8
TERIYAKI CHICKEN ^(E) SWEET TERIYAKI SAUCE, LETTUCE	\$ 3.0	\$ 5.8

SALADS

	REG	LGE
GARDEN ^(E) LETTUCE, TOMATO, CAPSICUM, CARROT, BEETROOT, CAPSICUM	\$ 5.0	\$ 5.5
SWEET CHILLI CHICKEN ^(E) LETTUCE, TOMATO, SWEET CHILLI MAYO	\$ 5.5	\$ 4.0
CREAMY PASTA ^(E) WITH CHICKEN	\$ 4.0	\$ 4.0
SWEET CHILLI NOODLES ^(E) CHICKEN, VERMICELLI	\$ 4.0	\$ 6.0
HAM & GARDEN SALAD ^(E)	\$ 6.0	

WEDNESDAY & THURSDAY

SUSHI ROLLS

	x 2 PER SERVE
TUNA ^(E) CUCUMBER & MAYO	\$ 5.0
TERIYAKI CHICKEN ^(E)	\$ 5.0
SWEET CHILLI ^(E) CHICKEN & MAYO	\$ 5.0

BREAKFAST

AVAILABLE BEFORE 9:30AM

FRESH & COLD FOODS

SEASONAL FRUIT ^(E)	\$ 1.0
YOGHURT ^(E)	\$ 3.5
WATERMELON ^(E)	\$ 3.5
FRUIT SALAD ^(E)	\$ 4.0
BANANA BREAD ^(O)	\$ 2.5
MUFFINS ^(O)	\$ 3.0

HOT FOODS

HASH BROWN ^(O)	\$ 1.2
CHEESE WRAP ^(E)	\$ 3.0
HAM & CHEESE WRAP ^(E)	\$ 3.5
TOASTED SANDWICHES	
CHEESE ^(E)	\$ 3.0
HAM & CHEESE ^(E)	\$ 3.5
HAM, CHEESE & TOMATO ^(E)	\$ 3.8

BREAKFAST MEAL DEAL

CHOOSE 1 BREAKFAST ITEM



OAK MILK 300ML OR
WATER 600ML



\$5.5



FRESHLY MADE HOT FOODS

EVERYDAY

HOT FOOD

RICE - PASTA

	REG	LGE
SPAGHETTI BOLOGNESE ^(E) RICH BEEF SAUCE	\$ 3.8	\$ 5.5
BUTTER CHICKEN ^(E) OUR FAMOUS RECIPE & STEAMED RICE	\$ 3.8	\$ 6.0

BURGERS

CHEESE BURGER ^(E) PREMIUM BEEF, CHEESE, TOMATO SAUCE	\$ 5.0
AUSSIE BURGER ^(E) PREMIUM BEEF, LETTUCE, TOMATO, BEETROOT, BBQ SAUCE	\$ 5.0
CHICKEN BURGER ^(E) WITH LETTUCE & MAYO	\$ 5.0
HOT N SPICY CHICKEN BURGER ^(E) DEVIL BREAST FILLET, LETTUCE & MAYO	\$ 5.5

HOT BITES

SPICY CHICKEN WINGS ^(E)	x 4	\$ 5.0	EACH	\$ 1.4
GARLIC BREAD LOAF ^(E)				\$ 2.5
CUP OF NOODLES ^(O) TOM YUM, BEEF, CHICKEN, ORIENTAL VEG				\$ 3.0
CHICKEN BREAST NUGGETS ^(O)	x 6	\$ 4.0		\$ 4.0
HOT DOG ^(O) WITH SAUCE (ASK FOR CHEESE - FREE)		\$ 3.5		\$ 3.5
POTATO WEDGES ^(O)		\$ 3.5		\$ 3.5

MEXICAN NACHOS

WITH SALAD ADD \$1

BEEF ^(O) BEEF MINCE WITH CHEESE - SOUR CREAM 50C	\$ 5.0
VEGETARIAN ^(O) TOMATO SALSA, LETTUCE, CHEESE - SOUR CREAM 50C	\$ 5.0

PASTRIES

SAUSAGE ROLL ^(O)	\$ 3.5
MEAT PIE ^(O)	\$ 4.0
POTATO PIE ^(O) POTATO & BEEF	\$ 4.5
SPINACH & RICOTTA ROLL ^(O) AVAILABLE BY PRE ORDER	\$ 4.2

MONDAY

HOT FOOD

TOASTED WRAPS

SWEET CHILLI CHICKEN ^(E) CHEESE, SWEET CHILLI SAUCE	\$ 5.0
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TUESDAY

HOT FOOD

NOODLES - PASTA

	REG	LGE
FETTUCINE CARBONARA ^(E) WITH CHICKEN	\$ 3.8	\$ 5.5

WEDNESDAY

HOT FOOD

NOODLES - PASTA

	REG	LGE
FETTUCINE CARBONARA ^(E) WITH CHICKEN	\$ 3.8	\$ 5.5

TOASTED WRAPS

BBQ CHICKEN & CHEESE ^(E) WITH BBQ SAUCE	\$ 5.0
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THURSDAY

HOT FOOD

PASTA

	REG	LGE
LASAGNA ^(E) HOMEMADE BEEF	\$ 6.0	

DONER KEBABS

DONER KEBAB & CHEESE ^(E) AUTHENTIC DONER MEAT, CHEESE & BBQ SAUCE	\$ 5.0
DONER KEBAB & SALAD ^(E) CHEESE + 50C	\$ 6.0

FRIDAY

HOT FOOD

DONER KEBABS

DONER KEBAB & CHEESE ^(E) AUTHENTIC DONER MEAT, CHEESE & BBQ SAUCE	\$ 5.0
DONER KEBAB & SALAD ^(E) CHEESE + 50C	\$ 6.0

CHOOSE FROM OUR WIDE SELECTION OF SAUCES :

GARLIC AIOLI	PER PERI	BURGERLICIOUS
BBQ	SWEET CHILLI	HOT CHILLI
MAYONNAISE	TOMATO	CAESAR

DRINKS

POPPER JUICE ^(E)	\$ 1.8
WATER ^(E) 600ML	\$ 2.5
OAK MILK ^(E) 300ML	\$ 2.5
HOT CHOCOLATE ^(E)	\$ 2.5
SOFT DRINK ^(O) 375ML NO SUGAR	\$ 2.6
UP N GO ^(E) 250ML	\$ 3.0
MINERAL WATER ^(E) 475ML	\$ 3.5
ICE TEA ^(E)	\$ 3.6
ALOE VERA ^(E)	\$ 3.6
PUMP WATER ^(E) 750ML	\$ 4.0
OAK MILK ^(E) 500ML	\$ 4.2
ICE BREAK COFFEE ^(O) 500ML	\$ 4.5
PUMP FLAVOURS ^(E) 750ML	\$ 4.5

OUR FOODS ARE MADE FROM FRESH INGREDIENTS

HEALTHY SCHOOL CANTEENS FOOD CODING E - EVERYDAY O - OCCASIONAL

CARD FEES : EFTPOS 16C DEBIT / CREDIT 1.65%

