



TERM 1 2024 CANTEEN MENU



DAILY DEALS



MONDAY

HOUND DOG MONDAY \$7.00

All American frankfurt in a hot dog bun with mozzarella, caramelised onion + sauce

ADD HASHBROWNS +\$2.90

TUESDAY



KOREAN CHIKIN (치킨) IS HERE! \$8.90

Korean fried chicken onigiri with crispy crunchy cucumber, iceberg, edamame, super slaw in sesame dressing.

OPTIONAL TOFU KIMCHI VEG

WEDNESDAY

WACKY PIZZA WEDNESDAY

Pizza Square + Garlic Bread \$8.50

2 X Pizza Squares \$9.50

Single Pizza Square JUNIOR ONLY \$5.50

OPTIONS DOUBLE CHEEZY MARGHERITA | VEG

FAB FARMHOUSE | HAPPY HAWAIIAN

MAKE IT A MEAL DEAL!

ADD GENKI FOREST SPARKLING WATER \$4.00



THURSDAY

BORN IN THE USA BURGER \$9.90

Classic beef pattie on a soft milk bun with lettuce, tomato, mayo + American cheddar served with crinkle cut potato crisps

OPTIONAL ASIAN INSPIRED TOFU BURGER VEG \$8.90

BEST BURGER EVER ONLY \$8.50

FRIYAY

MEXICAN MADNESS \$8.50

Tex mex nachos with crunchy corn chips, pico de gallo, grated cheese, guacamole + sour cream and FriYay fiesta spirit!



OPTIONAL CHILLI CON CARNE OR VEGIE BEAN VEG | GF

BENTO LUNCH BAG WEDNESDAY - THURSDAY - FRIDAY

Choose your Onigiri

- Teriyaki Chicken
- Avo Cucumber
- Tuna Mayo



\$9.50

WITH HOT KID SENBEI CRACKERS + BERRY JELLY CUP

ADD LUCKY DIP JUICE CUP +\$2.00



EVERYDAY LUNCHTIME



BABY PASTA BOLOGNASIE \$6.00
 TWISTA PASTA BOLOGNASIE \$8.50
 BOLOGNASIE + GARLIC BREAD \$9.90

BEST DEAL

WITH HIDDEN VEG + PARMESAN
 OPTIONS BEEF | VEGGIE | DAIRY FREE | GLUTEN FREE

BABY BUTTER CHICKEN + RICE GF \$6.00
 BUTTER CHICKEN + RICE GF \$8.50
 BUTTER CHICKEN + NAAN BREAD \$10.50

BEST DEAL

EASY CHEEZY POTATO BAKE BOWL VEG \$7.50
 WITH OPTION TO ADD CRISPY BACON (12OZ) +\$1.50

JUNIOR ONLY SPECIALS



SIMPLE PASTA BOWL \$4.50

Add Napolitano sauce +\$1.00

Add grated mozzarella +\$1.00

SIMPLE RICE BOWL \$4.00

SENIOR ONLY SPECIALS



SENSATIONAL SUMMER TOASTIE \$8.80

FLAMED GRILLED CHICKEN, CRUNCHY RAINBOW
 SLAW, CUCUMBER + TOMATO ON TURKISH
 WITH RANCH DRESSING

ADD SEA SALT POTATO CRISPS \$9.90

BEST DEAL

SUSHI TIME



NORI HAND ROLL SENIOR \$5.80

BABY SUSHI JUNIOR

ONIGIRI COUNTER ONLY

Options teriyaki chicken | tuna mayo GF |
 chicken katsu | avocado | GF | VEG with soya sauce

SUSHI VALUE DEAL \$9.50

BEST DEAL

MONDAY - TUESDAY - FRIDAY

- Sushi Roll or Baby Sushi
- Oriental Rice Crackers or Corntos
- Mini Cookie
- Option to add juice cup +\$2.00

MIND MUNCHIES



WHOLE FRUIT \$1.50

SEA SALT POPCORN GF | VEG | DF \$2.00

CRISPY FREEZE DRIED FRUIT GF | VEG | DF \$4.00

Options mango | pineapple | strawberry

CHERRY RIPE ENERGY BALL GF | VEG | DF \$3.50

YOGURT CUP (6OZ) \$4.50

Options wild berry crumble | honeycomb pie
 strawberry milo disco | wild'n' tropo

MELON IS MAGIC FRUIT PLATE \$4.00

ADD MORE ABRACADABRA!

berries | orange wedges | apple slices +0.50C
 yogurt frogs (2) | marshmallows (3)
 honeycomb squares (2) +\$1.50

CRACKERS 'N' CHEESE PLATE \$4.00

Choose from jatz | rice crackers | corn chips

Add tasty cheese | cream cheese

Add cucumber circles | cherry tomato +0.50c

CRUNCH 'N' MUNCH PLATE \$4.00

Choose from carrot stick | cucumber sticks

Add hummus | guac | cream cheese +0.50c

Add salted pretzels +\$1.00

THE MORNING MELONATOR SENIOR \$5.00

JUNIOR \$4.00

SUPER STARTER YOGURT CUP \$6.50

with granola, loaded berries & seasonal fruits

FRUIT FRENZY CUP \$6.00

HOT PASTRIES & SNACKS



BABY BEEF PIE \$2.60

SNACK SAUSAGE ROLL \$2.60

SPINACH CHEESE PASTIZZI (2) VEG \$4.40

TEMPURA CHICKEN NUGGETS (5) \$5.00

CHICKEN DRUMMIES (3) \$5.20

GARLIC BAGUETTE VEG \$3.20

HASHBROWNS (2) VEG (COUNTER ONLY) \$3.00

SAUSAGE ROLL SENIOR (COUNTER ONLY) \$7.50

BEEF PIE SENIOR (COUNTER ONLY) \$7.50

HUNGRY HUNGRY HIPPO VEG \$8.00

BEST DEAL

- Chicken Nuggets (5)
- Garlic Bread

ADD TOMATO OR BBQ SAUCE +.40C

BAGELS & WRAPS



BURSTING BLUEBERRY BAGEL \$5.00
Add cream cheese +\$1.00

CHEEZY BAGELS SENIOR \$8.50
CHOOSE FROM

Italian Chicken sundried tomato, + mixed leaf
Hello Ham, cheddar, tomato + mayo (counter only)

IT'S A WRAP \$8.80

CHOOSE FROM

Falafel pico de gallo, hummus + mixed market salad
Italian chicken, sundried tom, mozzarella & mixed leaf
Chicken schnitzel, mozzarella, crunchy slaw
ranch dressing + mixed leaf

SIMPLE SANDWICH



CHOOSE FROM

WHOLEMEAL | HI FIBRE WHITE | GF +\$1.00 FROM \$4.00
JUNIOR

BUTTER & VEGEMITE

JUST CHEESE

HAPPY HAM

HAM + TASTY CHEESE

TOASTIE TIME



CHOOSE FROM

WHOLEMEAL | HI FIBRE WHITE | FROM \$4.00
SOURDOUGH | TURKISH | GF +\$1.00

CHEESE + VEGEMITE

TASTY CHEESE + TOMATO

HAM + TASTY CHEESE

TOO CHEEZY

HAM, CHEESE + TOMATO

I'M A TERRIFIC TOASTIE FROM \$7.50



- Ham + Cheese
- Two Cheezy

with cornitos or noodles snacks



SUPER SALADS



GOODNESS ME BOWL GF | VEG FROM \$6.00

with green goddess dressing

Mixed leaf, tomatoes, cucumber & carrot

Add tofu VEG|GF +\$1.50

Add falafel bites or avocado GF +\$1.80

Add poached chicken +\$2.00

Add crispy chicken +\$2.50

SOBA NOODLE BOWL FROM \$7.00

with sesame dressing

Japanese style soba noodles, diced cucumber,
shredded carrot & fried onions

Add Asian inspired tofu VEG +\$1.50

Add popcorn chicken + \$2.00

PESTO ME PASTA BOWL FROM \$7.00

with nut free pesto mayo, parmesan

twista pasta, cherry tomato, fresh basil

Add poached chicken +\$2.00

Add crispy chicken +\$2.50

Add falafel bites GF +\$1.80

SUNBURST SUPER BOWL \$8.80

Loaded with a trio of healthy greens + extra
goodness with all 3 ideal proteins

A bowl of pure genius awaits



- chicken
- bacon
- feta cheese

THE POWER RANGER - SUPER SALADS 'TO GO'

ALL YOUR FAVOURITE SALAD COMBINATION IN
GRAB'N'GO STYLE CUP! GOODNESS TO GO!

IT'S TOO COOL FOR SCHOOL! FROM \$7.50

See our daily display for more details



SOMETIMES SNACKS



| | |
|----------------------------------|--------|
| EUCALYPTUS DROPS | \$1.80 |
| FRUITY GEMS | \$2.20 |
| YOGURT FROGS | \$2.20 |
| OVALTEENIES | \$2.50 |
| SNAPS VEGGIE CRISPS GF | \$3.00 |
| SMITHS SALT + VINEGAR GF | \$2.50 |
| RED ROCK DELI CHIPS GF | \$2.50 |
| CHICKEN NOODLE STICKS | \$2.50 |
| ORIENTAL RICE CRACKERS GF | \$2.20 |
| CORNTOS GF | \$2.20 |
| JELLY CUP | \$2.50 |

RISE'N'SHINE



TOAST (1) \$3.00

Choose from sourdough, raisin or 'Out of the oven' Ciabatta roll **+.50c**
(Roseville only)

Add berry jam, vegemite, honey

Add cream cheese, avocado **+\$1.60**

FRESHLY BAKED CROISSANT \$4.00

Add honey, berry jam **+.50c**

Add cheese **+\$1.50**

Add ham & cheese **+\$2.00**

PAIN AU CHOCOLAT \$4.00

SCHOOL SUNRISE BREKKIE MUFFIN \$5.50

Traditional English muffin with crispy bacon, egg + sauce

Add oven-baked hashbrown **+\$1.50**

Add cheese **+\$1.00**

(SUBJECT TO AVAILABILITY)

SUNRISE BREKKIE SPECIAL COUNTER ONLY

Traditional English muffin with 'crispy' bacon, egg + melted cheese **\$9.90**

Add oven-baked hashbrown

INCLUDES HOT DRINK



FROM THE BAKERY



COOKIES FROM \$3.00

Classic choc chip

Red velvet

Gingerbread **SPECIAL DAYS**

Oreo kiss **SPECIAL DAYS**

'MUFFIN MANIA FROM \$4.00

Apple + forest berry

Milky choc chip milo

Banana & coconut (2) **GF**

Raspberry + white choc

WARM FRUIT LOAVES

Served warm with butter

Banana

Banana choc chip

\$5.50

\$6.00

SWEET BITES \$2.20

Marble brownie **GF**

Mars bar caramel

IT'S FAIRY BREAD DAY

TRADITIONAL FAIRY BREAD +
MAGIC APPLE JUICE CUP

\$4.50

**FUN
DAY**

CHILL OUT TIME



SLUSHIE CUP \$3.00

See canteen for this weeks flavour

JUICY TUBES **GF DF** \$2.50

lemonade | wildberry | tropical

TWISTED FROYOS **GF** \$4.00

choc vanilla | vanilla strawberry |

mango watermelon | caramel vanilla

SUPA POPS **NEW** \$3.00

choc shake | cookie dough

WEEKLY SPECIAL \$3.00

RAINBOW ICE CREAM CUPS & CONES

(SUBJECT TO AVAILABILITY)

COMING SOON

ACAI SOFT SERVE



NEW

FROM \$6.00

LET'S TALK DRINKS – COLD



JUST JUICE BOX \$2.80
paradise punch | apple & blackcurrant

EAST COAST JUICE BOTTLE 400ML \$4.00
apple | OJ | lemonade | ABC 200ML \$3.50

JUICE BOMB SODA CAN \$3.80
apple raspberry | grape | watermelon

T2 TOOTY FRUITY ICE TEA \$4.50

NIPPY'S MILK BOX 250ML \$3.80
chocolate | strawberry | honeycomb



ALOE WATERMELON JUICE \$4.00

GENKI FOREST FIZZY WATER \$4.00

NU PURE STILL WATER \$3.00

MILKSHAKE IT! \$5.00
Mr Wolf Choc | Very Vanilla
Caramel is King

DRINKS OVER ICE \$5.00
latte | vanilla chai | mocha | chocolate
Add oat or soy milk +.50c

TRADITIONAL ICE COFFEE \$6.50

WELL BEING SMOOTHIES \$6.50
mad mango | berry me + mighty milo
(SUBJECT TO AVAILABILITY)



CELEBRATING A BIRTHDAY?

**ORDER ONLINE FROM OUR
CANTEEN BIRTHDAY SERVICE**



LET'S TALK DRINKS – HOT



BARISTA MADE COFFEE

AVAILABLE IN REGULAR (80Z) + LARGE (120Z)

- piccolo / espresso \$3.00
- cappuccino \$4.00
- flat white
- latte
- long balck
- chai latte
- milky milo

NOT COFFEE! \$4.50

- creamy hot chocolate
- mighty mocha
- dirty chai

SOOTHING TEAS \$4.00

- English breakfast
- lemon & ginger
- peppermint
- green
- earl grey

Add oat or soy milk +.50c

Add vanilla | caramel | decaf | extra shot +0.50c

BYO KEEP CUP = 30C DISCOUNT

HAPPY CUSTOMER CARD



**BUY 9 HOT DRINKS TO
RECEIVE #10 FREE**

