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Parent Involvement at Willoughby Girls Sports Clubs & Music

Welcome to Willoughby Girls High School for 2025

At WGHS, parents are integral to the achievement of all students. Our active Parents & Citizens (P&C) Committee provides funds for school-wide projects such as technology resources, classroom and facilities enhancements, additional teaching and learning resources, as well as managing the extra-curricular music and sports programs. Together, parents, teachers and students collaborate to ensure the best social, emotional and academic outcomes for all students. We are proud to offer a range of external sporting clubs. Girls can play Netball, Basketball or Hockey outside school hours. Additionally the P&C is committed to supporting new clubs where there is sufficient interest. All these clubs are run by parent volunteers.

Parents also play an active role in supporting our high-quality Music Ensembles program, complementing the many opportunities offered through the school Music Department. Over the past twenty years the program has expanded significantly, now including a Symphonic Wind Ensemble, Concert Band, String Orchestra, Accelerate Ensemble (for beginners), two Vocal Ensembles and a Combined Choir.

Donations to WGHS through the P&C

\$200 General Fund

\$160 Building Fund (tax deductible)

Donations to the P&C General Fund and Building funds are used to provide facilities, equipment, resources and technology to enhance the girls' learning experiences. The tax deductible P&C Building fund contributes to any permanent fixtures, fittings or building works not considered essential by the DET. Over the years, P&C funding was approved to co-fund with DET the upgrade to the science labs, new technology in classrooms, an all-weather shade cover for the basketball courts, outdoor furniture, PA system and more.

Parents & Citizens Meetings - K Block at 7pm

- Term 1: 11 February, 18 March
- Term 2: 13 May, 17 June
- Term 3: 5 August, 9 September
- Term 4: 28 October, 2 December (AGM)

The WGHS P&C provides parents with the opportunity to meet regularly with the School Principal and staff and hear what is happening in the school. These meetings provide an informal forum to raise and discuss relevant educational and welfare issues as well as those needing additional funding.

Working with Children Check

All parents assisting with clubs or ensembles must possess a current Working With Children permit.

• Sports Clubs and Music Ensembles - Expressions of Interest

<u>Scan</u>the QR code or tap on the <u>link</u> add your contact details and express your daughter's interest in joining any of the music ensembles or sports clubs. <u>To avoid missing out please complete the EOI by 17 December.</u>

• Welcome New Parents Event 24 February 2025

We invite parents to come and meet staff, new and current parents and ask any general questions about the school. More details will follow in early 2025.

• <u>Is your daughter interested in Touch Football?</u>

WGHS Netball Club



WGHS Hockey Club

The Northern Suburbs Touch Association Junior Summer Season commences early September and runs for 10 weeks on Friday afternoons at Artarmon Reserve. The P&C is committed to once again offering Year 7 girls the opportunity to play touch. Please complete the Expression of Interest link and further information will be provided in Term 1.



Netball

Facebook: WGHS Netball Club Instagram: @wghsnetball

Email: wghsnetball@gmail.com



WGHS P&C Netball is a club full of wonderful young women who LOVE playing netball. We aim to provide an environment filled with fitness, friendship and fun! With a decrease in teenagers participating in sports, our main objective is to create a club and community that provide opportunities for everyone to participate in the game that so many enjoy.

We welcome girls of with all levels of experience and have teams for brand new players as well as experienced players. The season commences in February with "Come & Try" sessions, followed by grading and team formation. Training begins in March and takes place on Wednesday afternoons between 4pm - 5pm at the WLC Courts, and games for Year 7 are run early on Saturday mornings from April to Mid-September during school terms.

The Club is passionate about the development of players, umpires and coaches, and all Convenors work closely with students to create pathways to reach their desired goals. The Netball Club is the largest of the P&C run sports clubs with more than 200 participants in 2024.



- 15 of our teams qualified for either semi or preliminary finals
- 13 teams played in the Grand Final game, and 10 of those were crowned champions in their division!

This makes us the most successful High School Club in the competition!

2024 Year in Review

We celebrated a very successful netball season with over 70 Year 7 girls forming 7 teams, with many girls having never played before.

Overall, our Club featured 23 teams with over 215 current and past student players, supported by a great team of umpires, coaches and parent team managers.

Dates

Important Dates 2025 - Year 7*
Registration is Open from mid-December to Sunday 9th
February 2025

Come & Try Netball Session for new players: Friday 7th February 3:30pm – 5:00pm

Grading Session 1: Wednesday 12 Feb 3:45-5:30pm Grading Session 2: Sunday 16 Feb 8am-10:30am Grading Session 3: Sunday 23 Feb 8am-10:30am Training Commences: Wed 19 March 4pm Competition runs: Saturday 6 April - 6 September

*Attendance at all grading sessions is required.
*Dates/times are subject to change

Costs

Approximate costs for Year 7, 2025
Registration Fees: \$350-\$370*
Includes all Netball Australia, NNSW & Association
Fees, as well as costs for all gradings, training sessions
& match games.

Uniform: Netball Skort \$45 (School sports top is worn with the skorts)

We are registered for the NSW Active Kids Voucher and this can be used when registering. Apply at Service NSW.

*to be finalised following the NSNA AGM in December 2024



We welcome new members to join the Committee and have fun & easy roles available such as Equipment Manager, Team Managers or Social Activities Helpers. We rely on the contributions of our fantastic volunteers to keep the club running. Please let us know if you are interested in joining our wonderful group of parents & ex-students.

For all queries, please contact the Club Convenor at wghsnetball@gmail.com, scan the QR code or tap on the Expression of Interest Link below



WGHS Hockey Club



WGHShockeyclub@gmail.com







www.revolutionise.com.au/wghshockeyclub





Expression of Interest Link





Welcome to hockey!

The aim of the club is to encourage girls to play team sport for fun & fitness with a focus on friendship and personal development. We welcome beginners and experienced players alike with older players often mentoring newer players. We also socialise together at the end of the year with a team dinner and celebration

THE WGHS P&C Hockey Club play 2-3 competitions a year subject to interest. Indoor Hockey Terms 1 and 4 Social 5- a- side hockey Terms 1 and 4 Field Hockey Terms 2 and 3 subject to interest

The WGHS P&C Hockey Club welcomes existing and new players in Year 7. In Terms 1 & 4 the club enters teams in Indoor 6-a-side competitions and subject to interest in Social Outdoor 5-a-side competitions.

In Terms 2 & 3 Indoor Hockey breaks for winter. WGHS Hockey Club is happy to support players wishing to pursue opportunities to play field hockey either socially or in competitions in Terms 2 & 3 subject to interest. Girls can play in any or all of the competitions.



Indoor Hockey

WGHS runs between two to four teams in the U15 and U18 Sydney Indoor Hockey Association Northern Schools competition in Terms 1 & 4 depending on interest levels. The U15 teams include a combination of girls from Years 7-9 and U18 teams usually include more experienced players from Years 10 – 12. Games are held on Wednesday's after school at Mosman, Ryde and schools in the Eastern Suburbs. Training is one morning per week either on school grounds or at Willoughby Leisure Centre.

Social Hockey

WGHS usually has teams in the Northern Sydney Beaches Social Hockey Competition who play on small courts at Middle Cove on Thursday evenings. Adults and siblings can play together and there is an opportunity for girls to learn to umpire.

Approximate Costs 2025

Indoor Hockey : Approx \$170 per player per term Social Hockey: Approx \$120 per player for 8 weeks Additional Hockey NSW fees are charged on top which are approx \$65 per term per player

Please get in touch with Convenor Rachel Partis at WGHShockeyclub@gmail.com for more details. Volunteers are always welcome, it's a great way for new parents to get to know other parents so please do let us know if you are interested in helping out at all.

Uniform

Girls play in their school sports uniform. We have a discount with a local supplier Olympus Sport at Neutral Bay for hockey equipment such as sticks, mouth guards and shin pads.



Basketball



wghspandcbasketball@gmail.com







WGHS P&C Basketball welcomes girls of all basketball abilities, and currently have teams with a mixture of new and experienced players.

Basketball runs throughout the school year, with two seasons that run by school semester (Terms 1+2 & 3+4). The commitment to the club/team is by school semester/competition.

NSBA Games: U14-U18 on Fridays from 4pm at Crows Nest, Willoughby Leisure Centre & North Sydney Boys High. A bus directly opposite the school goes to all these venues.

Teams ideally have 8-10 players to ensure each player gets sufficient court time.

The club offers before or after school training on the under cover basketball court with professional coaches, fun games & skill development.

Trials and team selection take place mid-January, with Competition 1 starting Week 1, Term 1.

We currently have one year 7 team registered in the U14 competition for 2025, so places are limited and early expressions of interest are encouraged (and no later than 20th December). More experienced players, or rep players wanting more game time, might consider one of the U16 teams.

> Please get in touch with Convenors Greg, Leanne and Andrew at wghspandcbasketball@gmail.com for further information.

Costs

- NSBA (Basketball NSW) annual registration - approx. \$128 (covers both semesters) (Players not registered with NSBA - this fee is payable when advised by WGHS P&C Basketball prior to game 1.)
- WGHS P&C Basketball fee approx \$350 per player per semester.

Cost covers insurance, club equipment, venue cost, game fees & professional coaching.

Cost can vary based on number of players.

Uniform is supplied by WGHS P&C Basketball club -Cost approx. \$50.

Parent Involvement

Game scoring is rotated amongst parents. Each team requires a parent manager to communicate with the committee and parents regarding training, game times & other info.

We always welcome and appreciate parent volunteers for the sub committee or coaching.

Please indicate if you're willing to volunteer for any of these roles, we look forward to welcoming you!



WGHS Music Ensemble 2025



It doesn't matter who you are or what your musical background is, everyone is welcome in the WGHS Music Program. Every year our groups perform at school and at great venues around Sydney, including the Town Hall and the Opera House. Regional and overseas tours are also scheduled every two years!

Supported by the P&C, the Ensembles Program offers four instrumental ensembles directed by professional conductors – for one annual flat fee, girls in Years 7-12 can play anything from cello to trombone in as MANY ensembles as they wish (see entry requirements).

And if singing is your thing, the school runs fantastic ensembles for you too!

There's something for everyone!

Rehearsal Schedule – Instrumental Groups (from term 1, week 2)

Ensemble	Rehearsal	Conductor
Accelerate Ensemble	Monday 7:45 am	Ms Laura Power
String Orchestra	Thursday 7:30 am	Ms Lucy East
Concert Band	Thursday 7:15am	Ms Laura Power
Symphonic Wind Ensemble	Friday 7:15 am	Mr Patrick Brennan

Expression of Interest Link



Ensemble Entry Requirements

- 1. Accelerate Ensemble is for those who are either brand NEW to playing OR would like to play a NEW instrument in high school. This ensemble prepares girls to join our other ensembles. Accelerate is particularly looking for girls interested in learning a new, 'targeted' instrument (see Accelerate Scholarships information on the next page).
- 2. **Concert Band** is open to anyone who plays a band instrument (woodwind, brass or percussion). If you enjoyed band in primary school, you're going to love the fun of playing in the Concert Band.
- 3. **Symphonic Wind Ensemble (SWE)** is for more experienced wind and brass players. Entry is by audition twice each year. The majority of SWE players are in Year 9 or above.
- 4.**String Orchestra** is open to any student in Years 7-12 who has learned a string instrument for at least a year.



WGHS Music Ensemble 2025

WGHS Music Subcommittee

musicwghs@gmail.com

This volunteer group is made up entirely of enthusiastic parents, keen to see their daughters enjoy music and ensure the continued success of the WGHS ensembles program. We work closely with the conductors and WGHS staff Mr Clem Burgmann and Ms Caroline Jarvis to guarantee a fun, fulfilling and well-run music program. Each ensemble has a parent coordinator who is the liaison between conductors and the girls/parents.

NEW parents welcome. It doesn't matter what skills you have – accounting, fundraising, baking, transporting instruments, or just plain enthusiasm – whatever you are prepared to offer, you'll be warmly welcomed! You will find that there are fewer opportunities for parent involvement in high school than primary school, but not so in music. If you wish to stay involved, we always need armies of helpers for sausage sizzling, baking, selling raffle tickets – you name it – come along and join the fun!

WGHS Music Subcommittee meets each term (Monday evening of Week 2), and is joined by the conductors and teachers. All parents are welcome to attend. Please contact the Convenor (musicwghs@gmail.com) if you are interested in joining the committee.

WGHS Parent Music Committee Contacts:

Committee Convenor: Clare Weston
Committee Treasurer: Alex Dimadis



Vocal Ensembles

The school Music Faculty runs vocal groups each year, which require a very minimal financial commitment. These groups perform at school events and at other great venues around Sydney.

- Combined Choir Years 7-10, no audition necessary
- Junior Vocal Ensemble Years 7-9, by audition (starts in Term 2)
- Senior Vocal Ensemble Years 10-12, by audition

Accelerate Instrument Scholarships

WGHS is proud of this program which encourages girls to try out a new instrument. Hire scholarships are available for 'targeted' instruments, covering the hire cost of the instrument for the first two years. This is a great opportunity for girls wish to challenge themselves with a new instrument in high school.



WGHS Music Ensemble 2025

How to Join

Sign up and follow these simple steps.

STEP 1: Register your interest: Contact the music staff or email the Music Subcommittee (musicwghs@gmail.com).

STEP 2: Music Information Meeting: Monday 10th February 2025 at 6pm for new parents and students. Come along and meet the team, find out more about all our ensembles, how to join up, and ask any questions.

FEES: One ANNUAL flat membership fee of \$800 is paid to the P&C Music Committee (NOT the school). This fee covers your daughter's involvement in ANY or ALL instrumental ensembles – we only collect extra money during the year for optional events like an overnight tour. This cost covers payment of conductors' fees, purchase of sheet music, annual Intensive Band Workshop, buses where required and much more! Note: Fees for Year 7 students are not due until early March, so your daughter can 'try out' the ensembles before you pay.

INSTRUMENT HIRE: It is expected that most girls will provide their own instruments. Certain instruments may be available for hire, subject to availability. Students in the Accelerate Ensemble have priority access to instruments.

INSTRUMENTAL TUTORS: The school provides space for professional tutors to teach our students on site after school. These tutors are NOT employed by the school, but we will provide their contact details to parents who would like after-school tutoring for their daughter. The list of tutors (and instruments) changes from year to year, so please contact the Music Faculty if you would like more information before February.

BAND TOURS: International, regional and local – WGHS is always going places! In 2014 WGHS debuted its International Music Tour program in Hong Kong. In 2016, 58 girls toured California USA, visiting schools and colleges from San Francisco to LA, performing at exciting venues such as Disneyland! In 2024 they spent a wonderful week in the Gold Coast and Brisbane. Each alternate year we plan a tour, either regional or international. The other year sees interested players contribute to the School Musical.

YEAR-ROUND CALENDAR: Our WGHS musicians are kept busy all year round with plenty of gigs, from festivals to band competitions to workshops! Rehearsals start in the second week of the school year, followed by the all-day Intensive Workshops which take place on a Sunday early in term 1. Each Ensemble has a number of performances throughout the year, including at the Sydney Opera House, Town Hall, Chatswood Concourse and Chatswood RSL, and at community events, such as Willoughby Spring Festival and the Northbridge Fireworks. Band competitions are held during Term 3 at UNSW and the Sydney Conservatorium of Music. Once you have registered, you will receive email updates on upcoming events.