

#### **About Us**

The WGHS P&C Netball Club (WGHSNC) was formed in 2001, initially comprising two (2) teams with 19 players, coached by dedicated parents.

Over the years, we have grown into a thriving community club, which in 2024 comprised 23 teams and over 210 players. We had remarkable success with 13 teams reaching the Grand Final, and of those, ten (10) were crowned Grand Final Champions!

We believe in fostering a love for netball, and welcome players of **all** skill levels—from beginners to experienced players.

In addition to our teams, we offer comprehensive umpiring and coaching programs. These initiatives allow players to explore other roles within the sport, helping them develop both as leaders and mentors.

Our Club also offers parents the chance to get involved, connect with one another, and engage in their daughters' sporting activities.

To review our 2024 Season in full, please refer to our annual report on the WGHS website under the P&C/Netball page

#### **Our Mission**

At WGHSNC, we embody the "Willo-Way": Fitness, Friendship, Fairness and Fun!

Our aim is to create an inclusive and safe environment where every player can thrive and enjoy a positive netball experience. We're committed to building a welcoming community that fosters friendships and lifelong memories.

#### Join Us!

We invite you to be part of our Club in 2025. Whether you want to play, coach, umpire, or help behind the scenes, there are opportunities for everyone at WGHSNC.

Please register your interest via the link to receive further information and updates.

**Expression of Interest - Netball** 

### **General Information for Netball in 2025**

#### Where We Play:

We compete in the Northern Suburbs Netball Association (NSNA) from April to September, participating in up to 17 rounds, including finals. The Association comprises more than 20 public and independent school clubs, P&C clubs, as well as local community based clubs.

All games are held at the netball courts at Bicentennial Reserve, Small Street, Willoughby. WLC Netball Courts

Year 7 teams play early on **Saturday** mornings, starting at 7:45am, through to Year 12 teams playing mid to late afternoons - last game commences 4:15pm. Game times and grade allocations are set by the NSNA, apply for the entire season\* and will be released in mid March 2025. \*subject to re-grading in June where relevant

## **Training:**

The majority of teams train on **Wednesday afternoons** after school at the WLC Netball Courts from mid-March and mid-September, excluding school holidays.

Years 7 & 8 train from 4pm to 5pm\*

Years 9 & 10 train from 5pm to 6pm\*

\*subject to court availability.

Training sessions for teams in Years 11 & 12 are organised with the players and coaches as required, in conjunction with the Club and Coaching Convenors.

#### Fees:

The 2025 player registration fee will be approximately \$350-\$370 for the season.

The fee covers all Netball Australia/NSW & NSNA fees and insurances, coaching and umpiring fees, grading, training equipment, court hire, presentation day and club administration costs. This equates to approximately \$10 per training session and game throughout the season.

**NSW Active Kids Voucher** - Families receiving the Family Tax Benefit may be eligible for a \$50 voucher from the NSW Government which you can use to reduce your Registration fees for netball. You must obtain your voucher code BEFORE you register with the Club. More information can be found here: <a href="https://www.service.nsw.gov.au/active-and-creative-kids-voucher">https://www.service.nsw.gov.au/active-and-creative-kids-voucher</a>

#### **Uniforms:**

Samples are available for fittings during the grading sessions in early February 2025 and are purchased through the Club, not through the school uniform shop.

- **Skorts (Years 7-9):** \$45 (to be worn with the WGHS Sports Uniform top)
- Dress (Years 10-12): \$85

Note: Our Club adheres to the Netball Australia Uniform Guidelines introduced on January 1, 2023. If needed, alternative uniform options, such as shorts, are available. Addition or exemptions are available for those that have faith requirements. Please contact the Club Convenor for more information.

# **Year Group Information**

Year Group	Years 7 - 9	Years 10 - 12	Ex-Students
Age Group	13's to 15's	16's to 18's	18+ years
NSNA Division	Juniors	Inters	Seniors
Game Times (*subject to NSNA confirmation)	7:45am, 8:45am, 9:45am or 10:45am	11:45am, 12:45pm or 1:55pm	1:55pm, 3:15pm or 4:15pm
Playing Standard	Players of all levels are welcome, including brand new players, as there are grades for all levels of experience	Teams can be based on friendship groups for social playing or with other players that are more competitive	Young women who have previously played for the club and their friends are welcome to play either socially or competitively
How Teams are formed	Players are individually graded and teams formed by the Grading Committee	Formed by the players themselves; the Committee submits teams into grades according to previous playing history	Formed by the players and request the grade they wish to play in
Other Details	Teams are formed by the Grading Committee to ensure an even spread of positions and similar capabilities of players	Each team <u>must</u> nominate a team captain (player) and a team manager (parent) and have between 8 and 10 players	Each team <u>must</u> nominate a Team Manager and have 8 to 12 players. Fees are adjusted to take into consideration if teams don't need a coach or participate in training sessions requiring a court.

# **Grading**

Grading is the physical trial players take part in before experienced, independent selectors to ensure that players are placed in a team with others of similar ability, who will then play against other teams of a similar level. Through grading, all players have an equal opportunity to display their skills and play to their full potential. Team selection aims to give everyone a 'fair go' and ensure the best possible netball playing experience playing. Grading each year is the fairest way of providing for the progression of development in each individual and ensuring that each player is provided with the environment that best suits their ability.

At WGHSNC, all players in **Years 7, 8 and 9** are individually graded based on skill, ability and position selection. The process is independent and undertaken by experienced graders.

Grading will take place in early February 2025 on Wednesday afternoons and Sunday mornings. More information will follow at the end of Term 4, 2024.

# **Umpiring & Coaching**

Each season WGHSNC invites girls to express interest in our Umpiring and Coaching programs, as part of our commitment to ongoing development within the Club. Umpires are accepted from Year 7, and we encourage those students in Year 9 and above who are participating in the Duke of Edinburgh Award to consider Netball as a pathway for their service requirements such as learning a new skill and volunteering, and we provide all the necessary approvals for this opportunity.

These are challenging yet rewarding roles and we provide girls with mentoring and training to help them succeed.

# Free Come & Try Netball Session

We offer a **free** 'Come & Try Netball' session designed for interested Year 7 girls who have had minimal or no previous playing experience. This provides an opportunity for girls to see what netball is all about, before Registering for the season.

Girls from other year groups who have never previously played are also welcome.

Club representatives are on hand to answer any queries that parents may have.

Bookings are essential and further information will be provided at the end of Term 4.

**Date:** Friday 7<sup>th</sup> February 2025 **Time:** 3:30pm – 5:00pm

Location: WGHS - Oval and Blue Netball Court

#### **Volunteers Welcome!**

Our Club, run as a sub-committee through the WGHS P&C Association, is led by parent volunteers who are dedicated to enhancing community involvement while making it easier for parents by employing a paid Club Administrator (currently being recruited) and experienced Grading, Coaching, and Umpiring Convenors.

We're always looking for extra help to keep our club's vibrant community spirit alive, and we welcome support in any capacity. Whether as a Team Manager scoring on game days, or on the sub-committee filling a vacant role, your support is invaluable. It's also a fantastic way to stay connected and engaged in your daughter's high school journey.

You don't need previous netball experience for many of these roles, and our fun and friendly committee members would love to have you on board!

If you're interested in volunteering, or would like further information, please contact us at wghsnetball@gmail.com

Please follow our facebook and Instagram pages to receive further information and updates.





For all queries, please contact us at: wghsnetball@gmail.com