Parent Involvement at Willoughby Girls Sports Clubs & Music



secretary@wghspandc.org.au https://www.facebook.com/wghspandc



Welcome to Willoughby Girls High School for 2024

At WGHS, parents are integral to the achievement of all students. Our active Parents & Citizens Committee provides funds for school wide projects such as technology resources, classroom and facilities enhancements, additional teaching and learning resources, as well as managing the extra-curricular music and sports programs. Together, parents, teachers and students collaborate to ensure the best social, emotional and academic outcomes for all students.

We are proud to offer a range of external sporting clubs. Girls can play Netball, Basketball or Hockey outside school hours. All these clubs are run by parent volunteers.



Parents also play an active role in supporting our high-quality Music Ensembles program, complementing the many opportunities offered through the school Music Department. Over the past twenty years the program has expanded significantly, now including two Wind Ensembles, a Jazz Ensemble, Chamber Ensemble (strings), Percussion Ensemble, Brass Ensemble, two Vocal Ensembles and a Combined Choir. In 2018 a brand new Accelerate Ensemble was launched for absolute beginners.

Donations to P&C Funds

\$160 General Fund & \$160 Building Fund* (*tax-deductable)

Donations to the Parents & Citizens (P&C) General and Building funds are used to provide facilities, equipment,

resources and technology to enhance the girls' learning experiences. The tax deductable P&C Building fund contributes to any permanent fixtures, fittings or building works not considered essential by the DET. In 2021 P&C funding was approved to co-fund with DET the upgrade to the science labs, along with full P&C funding for an all-weather shade cover for the basketball courts.

Parents & Citizens Meetings

Second or third Tuesday every month in the new building (K Block) @7.00pm (check School website or newsletter for dates).

The WGHS P&C provides parents with the opportunity to meet regularly with the School Principal and staff and hear what is happening in the school. These meetings provide an informal forum to raise and discuss relevant educational and welfare issues as well as those needing additional funding.

Please join us on 20 February 2024.

Sports Clubs and Music Ensembles - Expressions of Interest

Please complete this link to add your contact details and express your daughter's interest in joining any of the music ensembles or sports clubs.

Welcome New Parents Event 2024

We usually invite parents to come and meet staff, new and current parents and ask any general questions about the school. More details will follow in early 2024.

Working with Children Check

All parents assisting with clubs or ensembles must possess a current Working with Children permit.



2023 Year in Review



NETBALL

Facebook: WGHS Netball Club Instagram: @wghsnetball

WGHS P&C Netball is a club full of wonderful young women who **LOVE** playing netball. We aim to provide an environment filled with fitness, friendship and opportunity for personal growth. With a decrease in teenagers participating in sports, our main objective is to create a club and community that provide opportunities for **everyone** to participate in the game that so many enjoy.

The Club is passionate about the development of players and officials, and all Convenors work closely with students to create pathways to reach their desired goals. The Netball Club is the largest of the P&C run clubs with more than 170 participants playing every Saturday in 2023. Like most P&C run sporting groups, we rely on the contributions of fantastic volunteers to keep it running. With people having less time to volunteer the Club has developed various paid positions, including Coach & Umpire Convenors to minimise the workload for the volunteer positions.

We are looking for new members to join the Committee in 2024 in fun & easy roles such as Equipment & Uniform or Social Activities Manager. Please let us know if you are interested in joining our wonderful group of parents & ex-students.

Important Dates 2024: Year 7*

Registrations Open late Dec. 2023 to End Jan. 2024
Come & Try Netball Session for new players:
Wednesday 7 Feb 3:30 – 5:00pmYr. 7 Skills Session:Sunday 11 Feb 8:30am-10amGrading Session 1:Wednesday 14 Feb 3:45-5:15Grading Session 2:Sunday 18 Feb 8:30am-10amWet Weather Back Up:Wednesday 21 Feb 3:45-5:15Training Commences:Wed 20 March 2024, 4pmCompetition dates:6 April - 14 September 2024*Attendance at all grading sessions is required. Dates/times
are subject to change –players will be emailed in early 2024.

Approximate costs for Year 7, 2024

Registration Fees: \$350 – includes all Netball Australia, NNSW & Association Fees for all gradings, training sessions & match games.

Netball Skort or Shorts: \$40 (School sports top is worn) We are registered for the NSW Active Kids Voucher and this can be used when registering. Apply at ServiceNSW.

Being involved really supports your child's interest in team sport – we look forward to welcoming you. Please complete this link if your child would like to play netball in 2024.

If you have any queries, please email us: wghsnetball@gmail.com

We celebrated a very successful netball season this year with the number of Year 7 teams participating double that of last year. We had approximately 70 girls over 6 teams, with many girls having never played before.

Our Club featured 18 teams in total, with over 170 current student players, supported by a great team of umpires, coaches and parent team managers.

Over half our teams qualified for either semi or preliminary finals, and 8 teams made it to the grand finals, with half being crowned champions in their division.

Here's what some of our players have to say:

"I joined the club wanting to be with my friends from Primary school but ended up in a team with a new group of girls. At first, I was worried, but it was great getting to know a whole new group of girls. We also had really nice coaches. I cannot wait to play in 2024. Zoe, Year 7



"It was a great way to make new friends, especially in Year 7 when you don't know anybody. The coaches, umpires and everyone in the club is so kind and caring. Also, the competition was fun!" Rachel, Year 9



"I enjoyed coaching again this year, and got loads of support from the coaching convenor and parents in the team. Lauren, Year 11



We look forward to welcoming you all in 2024.



The WGHS P&C Hockey Club plays 3 competitions per year.

Indoor Hockey	Terms 1 ar
Social 5-a-side Hockey	Terms 1 ar
Field Hockey	Terms 2 ar

nd 4. nd 4. nd 3.

Girls can play in any or all of the above competitions. We encourage the girls to play hockey for fun, fitness, friendships and fortitude. We welcome new and experienced players alike, and more experienced players mentor newer players.





Indoor Hockey WGHS currently has an U15 and U18 team in the Sydney Indoor Hockey Association Northern Schools competition. Games are held on Wednesdays after school at Mosman, Ryde and the Eastern Suburbs. Training is one morning per week on school grounds with the day TBA.

Field Hockey WGHS plays in the Warringah Hockey Association Competition at Curl Curl on Saturdays between 11am and 2pm. Training is one morning per week on school grounds with day TBA.

Social Hockey WGHS has multiple teams in the Northern Sydney Beaches Social Hockey Competition on small courts at Middle Cove on Thursday evenings. Adults and siblings can play, and there is an opportunity for kids to learn to umpire.

Uniform We play in the school sports uniform and have a discount with a local supplier Olympus Sports at Neutral Bay for hockey equipment such as sticks, mouth guards and shin pads.

Approximate Costs:

Indoor hockey: Approx. \$130.00 per player per term.

Field hockey: Approx. \$180.00 per player for both terms.

Social Hockey: approx. \$100 for 8 weeks.

Additional Hockey NSW fees, approx. \$125/annum, or pro rata if only playing one term.

The Club is registered as an Active Kids Provider.

Please get in touch with conveners Travis Du and Rachel Partis at:

WGHShockeyclub@gmail.com for more details, and please let us know if you have an interest in helping out in any way.

> Travis and Rachel, Hockey Conveners WGHShockeyclub@gmail.com







BASKETBALL

Willoughby Girls' High School P&C Basketball club had 3 teams in 2023 and strong player participation. We would love to increase the number of teams and girls playing basketball across all year groups in 2024. 2024 Trials and team selection take place in mid-January, with Competition 1 starting Week 1, Term 1. Basketball runs throughout the school year. U14 – U18 teams have 2 seasons that run by school semester (Terms 1+2 & Terms 3+4).

The commitment to the club/team is by school semester/competition. A team ideally has 8-10 players to ensure each player gets sufficient court time. We welcome new and experienced players alike.

NSBA Games: U14–U18 on Fridays from 4pm at Crows Nest & Willoughby Leisure Centre.

Training: The club offers before or after-school training with professional coaches, fun games & skill development. Training is usually at school on the under cover basketball court.

Costs:

- Local Association fees NSBA (Basketball NSW) annual registration approx. \$110. (NB to new players not already registered with NSBA this fee is payable only when advised by WGHS P&C Basketball prior to game 1.)
- WGHS P&C Basketball fee per competition is \$400-\$500 per team upfront (Cost covers insurance, club equipment, venue cost, game fees & professional coaching. Cost depends on number of players & teams).
- Uniform is supplied by WGHS P&C Basketball club Cost approx. \$50.
- Active Kids Vouchers are accepted, one per semester

To be eligible for 2024 competition, register today with the P&C online registration via <u>this link</u>

All communication to you will be by email.

Each team will need to have a parent manager to communicate via email with the committee and parents regarding training, game times & other important information. Please indicate if you are willing to volunteer!

Andrew McInnes, WGHS Basketball Convenor wghspandcbasketball@gmail.com



TOUCH FOOTBALL

* Seeking a Club Convenor *

In the past, WGHS has entered teams in the Northern Suburbs Touch Association ('NSTA') Junior Summer Season competition (Terms 1 and 4). In 2019, WGHS had 6 teams: Year 7 (1), Year 8 (2), Year 10 (2) and Year 11 (1).

Is your daughter interested in Touch Footy? Would you like to volunteer as our new Convenor?



The competition commences early in September 2024 and concludes in late November with games held on Friday afternoons/evenings for Years 7 & 8 and Thursday afternoons for Years 9, 10 & 11.

The girls play in a round robin competition administered and refereed by NSTA competing against girls mainly from other schools.

Approximate past costs: \$110 per player for the 10-week season which includes a playing shirt and all fees & insurances.

Each age group has a coach(s) appointed (a parent volunteer) who supervises a weekly training session. Training sessions will most likely be held at a local Oval depending on availability of the Parent volunteer.

We welcome new players and those returning for the summer season from Years 7 through to 11.

Each team will need to have a parent manager to communicate via email with all players/parents regarding training, game times and other important information. So please indicate on the form if you are willing to volunteer as a Manager or a team coach.

Please contact <u>secretary@wghspandc.org.au</u> to find out more about keeping our club going<u>.</u>



WGHS Music Ensembles 2024

Music is a great leveller. It doesn't matter who you are or what your musical background is, **everyone is welcome in the WGHS Music Program.** Every year our groups perform at school and at great venues around Sydney, including the Town Hall and the Opera House. Regional and overseas tours are also scheduled every two years!

Supported by the P&C, the Ensembles Program offers **FIVE** instrumental ensembles directed by professional conductors – for one annual flat fee, girls in Years 7-12 can play anything from cello to euphonium in as MANY ensembles as they wish (see entry requirements).

And if **singing** is your thing, the school runs fantastic ensembles for you too!

There's something for everyone!

Rehearsal Schedule – Instrumental Groups

Ensemble	Rehearsal	Conductor
Jazz Ensemble	Monday 7:30am	Mr Murray Jackson
Accelerate Ensemble	Monday 7:45am	Ms Laura Power
Chamber Ensemble (strings)	Tuesday 7:30am	Ms Lucy East
Year 7/8 Wind Ensemble	Thursday 7:15am	Ms Laura Power
Senior Wind Ensemble	Friday 7:15am	Mr Patrick Brennan
Ensemble Entry Requirement	nts	



1. Accelerate Ensemble is for those who are either brand NEW to playing OR

would like to **play a NEW instrument** in high school. This ensemble prepares girls to join our other ensembles. Accelerate is particularly looking for girls interested in learning a new, 'targeted' instrument (see **Accelerate Scholarships** information on the next page).

- 2. Year 7/8 Wind Ensemble is open to anyone who plays a band instrument (woodwind, brass or percussion). If you enjoyed band in primary school, you're going to love the fun of playing in the Year 7/8 Wind Ensemble.
- 3. Senior Wind Ensemble (SWE) is mainly for students in Years 9-12, but more experienced musicians can audition to join SWE earlier. (Note: Girls are expected to stay in 78WE until the end of Year 8, even if they are invited to join the Senior Wind Ensemble.)
- 4. Chamber Ensemble is open to any student in Years 7-12 who has learned a string instrument for at least a year.
- Jazz Ensemble is open to anyone currently playing brass, saxophone, or percussion in one of the Wind Ensembles. Guitarists and pianists who are NOT currently in the other ensembles are also welcome. We sometimes use solo singers too, but to join the Jazz Ensemble you would need to play an instrument as well.

Vocal Ensembles

The school Music Faculty runs vocal groups each year, which require a very minimal financial commitment. These groups perform at school events and at other great venues around Sydney.

- Combined Choir Years 7-10, no audition necessary
- Junior Vocal Ensemble Years 7-9, by audition (starts in Term 2)
- Senior Vocal Ensemble Years 10-12, by audition

Accelerate Instrument Scholarships

WGHS is proud of this program which encourages girls to try out a new instrument. Hire scholarships are available for **'targeted' instruments**, covering the hire cost of the instrument for the first two years. This is a great opportunity for girls wish to challenge themselves with a new instrument in high school.

How to Join the WGHS Music Program

Sign up and follow these simple steps.

STEP 1: Register your interest: Please register via <u>this link</u> (Also accessible via WGHS website). Once registered, you will be emailed updates and ensemble information.

STEP 2: Music Information Meeting: **Tuesday 6th February 2024 @5:30pm** for new parents and students. Come along and meet the team, find out more about all our ensembles, how to join up, and ask any questions.

FEES: One ANNUAL flat membership fee of **\$800** is paid to the P&C Music Committee (NOT the school). This fee covers your daughter's involvement in ANY or ALL instrumental ensembles – we only collect extra money during the year for optional events like an overnight tour. This cost covers payment of conductors' fees, purchase of sheet music, annual Intensive Band Workshop, buses where required and much more! *Note: Fees for Year 7 students are not due until early March, so your daughter can 'try out' the ensembles before you pay.*

INSTRUMENT HIRE: It is expected that most girls will provide their own instruments. Certain instruments may be available for hire, subject to availability. Students in the Accelerate Ensemble have priority access to instruments.

INSTRUMENTAL TUTORS: The school provides space for professional tutors to teach our students on site after school. These tutors are NOT employed by the school, but we will provide their contact details to parents who would like after-school tutoring for their daughter. The list of tutors (and instruments) changes from year to year, so please contact the Music Faculty if you would like more information before February.

BAND TOURS: International, regional and local – WGHS is always going places! In 2014 WGHS debuted its International Music Tour program in Hong Kong. In 2016, 58 girls toured California USA, visiting schools and colleges from San Francisco to LA, performing at exciting venues such as Disneyland! While Covid-19 has impacted on the tour program over the past few years, we were still able to run a very successful tour to regional NSW in 2021 with 70 of our students from the Chamber Ensemble and combined Wind Ensembles. We are currently planning for an interstate tour in term 2 2024.

YEAR-ROUND CALENDAR: Our WGHS musicians are kept busy all year round with plenty of fun gigs, from festivals to band competitions to workshops! Rehearsals start in the second week of the school year, followed by the all-day Intensive Workshops which take place on a Sunday early in term 1. Each Ensemble has a number of performances throughout the year, including at the Sydney Opera House, Town Hall, Chatswood Concourse and Chatswood RSL, and at community events, such as Willoughby Spring Festival and the Northbridge Fireworks. Band competitions are held during Term 3 at UNSW and the Sydney Conservatorium of Music. Once you have registered, you will receive email updates on upcoming events.

2024 KEY DATES:

Music Information Meeting	5:30pm Tuesday 6th February 2024
Rehearsals start week 2 of term:	
Jazz Ensemble	Monday 5th February
Chamber Ensemble	Tuesday 6th February
Year 7/8 Wind Ensemble	Thursday 8th February
Senior Wind Ensemble	Friday 9th February
Accelerate Ensemble	Monday 12th February
Intensive Workshops	
Jazz and Year 7/8 Ensembles	(TBC)
Chamber Ensemble/Senior Wind Ensemble	(TBC)
Chatswood RSL Music Spectacular	(TBC)

WGHS MUSIC COMMITTEE musicwghs@gmail.com

This volunteer group is made up entirely of enthusiastic parents, keen to see their daughters enjoy music and ensure the continued success of the WGHS ensembles program. We work closely with the conductors and WGHS staff Mr Clem Burgmann and Ms Caroline Jarvis to guarantee a fun, fulfilling and well-run music program. Each ensemble has a **parent coordinator** who is the liaison between conductors and the girls/parents.

NEW parents welcome. It doesn't matter what skills you have – accounting, fundraising, baking, transporting instruments, or just plain enthusiasm – whatever you are prepared to offer, you'll be warmly welcomed! You will find that there are fewer opportunities for parent involvement in high school than primary school, but not so in music. If you wish to stay involved, we always need armies of helpers for sausage sizzling, baking, selling raffle tickets – you name it – come along and join the fun!

WGHS Music Committee meets each term (usually in Week 2) and is joined by the conductors and teachers. All parents are welcome to attend. Please contact the Convenor (musicwghs@gmail.com) if you are interested in joining the committee.

WGHS Parent Music Committee Contacts:

Committee Convenor	Alex Tzannes
Committee Treasurer	Alex Dimadis

We very much look forward to having fun helping our girls enjoy their music!



WGHS Music Showcase 2021



Chamber Ensemble backstage at the Sydney Opera House 2022